



SMITHA MARIYAM THOMAS, PHARM D

Manoj Bhavan (Enam Villa) Thurithiply P. O Perumbavoor,
Ernakulam, Kerala - 683556

Phone No:- 91-8078233591

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CLINICAL PHARMACIST

REGISTER NO: 73285 [Kerala State Pharmacy Council]

DOCTOR OF PHARMACY [Kerala University of Health Sciences-2020]

PROFESSIONAL SUMMARY:

To make good usage of my drug knowledge in order to assist physicians and other health care professionals, with the objective of ensuring better patient care. Seeking for clinical pharmacist, where I can utilize my clinical knowledge and excellent communication skills.

WORK EXPERIENCE:

- 1) **Clinical Pharmacist Trainee at Caritas Hospital (NABH Accredited), Thellakom, Kottayam, Kerala from March 2021 – present.**

RESPONSIBILITIES:

- Planning effective therapies and therapeutic decision making along with multidisciplinary team.
- IP prescription auditing and promoting rational use of medications.

- Medication error monitoring and analysis (root cause analysis of medication errors, identification and implementation of corrective and preventive measures reduce the incidence of medication errors).
- Worked with multidisciplinary team and educate nursing staff about prescribed medication regimens with the aim of improving compliance.
- Counsel the discharge patient about their prescribed discharge medications with the aim of improving adherence and compliance of medications.
- Carrying out medication reconciliation processes and enhance medicine safety at ward levels.
- Familiar with all the policies and procedures of the department and ensured all pharmacy service levels are maintained.
- Assist in training of the internship students (Pharm D).
- Working on the ADR reporting and analyzing from the wards.
- Training in anti-microbial stewardship team constituted to monitor compliance to antibiotic policy.

2) Paid Intern at KMCT Medical College Hospital, Manassery, Mukkam, Kozhikode from July16, 2019 – July17, 2020 (part of curriculum).

RESPONSIBILITIES:

- Recorded all relevant patient information to be cross referenced with medication records to ensure safety and accuracy of prescriptions.
- Analyse, interpret and evaluate medication information to highlight issues and risks to support decision making and evaluate appropriateness and effectiveness of patient therapy.
- Actively practice in patient counselling, medication history interview and medication reconciliation, medication order review, medication error identification and management, food/drug interaction and medication intervention in various super specialty departments.

ACADEMIC QUALIFICATIONS:

Qualifications	Year of Passing	University/Board of Education	Institution
Doctor Of Pharmacy (Pharm D)	2014 - 2020	Kerala University Of Health Sciences (KUHS)	National College of Pharmacy, Manassery, Mukkam, Kozhikode
Higher Secondary Examination(HSE)	2014	Central Board of Secondary Examination	St. John's School, Keerukuzhy, Thumpamon, Pathanamthitta

UNIVERSITY THESIS WORK:

Thesis Title	University	Year of Submission
Diabetes Related Distress (DRD) : Impact on Health Care Activities and Health Related Quality of Life(HR-QOL)in Type 2DM.	Kerala University of Health Sciences (KUHS)	2019

PUBLICATIONS:

Sl No	Type of Article	Title	Journal
1.	Review Article	Allergic Rhinitis : An Updated Review	World Journal of Pharmaceutical Research; vol. 9,issue 3,ISSN 2277- 7105,11 Feb 2020.

2.	Case Report	Case Report on Henoch-Schonlein Purpura : a Vasculitic Disorder	World Journal of Pharmaceutical Sciences; vol. 8,issue 9, pg no.159 – 162, 30 Aug 2020.
3.	Case Report	Case Report on Evans Syndrome associated with sjogrens Syndrome	European Journal of Biomedical and Pharmaceutical Sciences; vol. 7, issue 9, pg no. 344 – 347.

SHORT TERM COURSES:

- 1) Successfully completed the certificate course on “**Biopharmaceuticals**” under the guidance of Dr Rajendran K G former, vice president, US vitamins, Mumbai conducted on 8thMarch 2018 at National College of Pharmacy Manassery, Mukkam, Calicut.
- 2) Successfully completed online course on “**Fundamentals of Clinical Research**” organized by Toxicovigilance and Drug Safety center, Manipal College of Pharmaceutical sciences, Mahe, Manipal.

CONFERENCES/WORKSHOPS/CPE:

- 1) CME program on **Lung Neoplasia Update** organized by KMCT Medical college, Manassery, Calicut, March 20,2016.
- 2) Certificate course on **Biopharmaceuticals**, National College of Pharmacy, Manassery, Calicut, March 8 to March 11,2018.
- 3) One-day seminar on **Basics of Research Methodology**, organized by Department of Pharmacy Practice and IQAC, National College of Pharmacy, Manassery, Calicut on March 14,2019.
- 4) “**Annual Nobel Update**”, organized by KMCT Medical College and National College of Pharmacy, Kerala, October 13,2017.

- 5) Attended an international scopus indexed conference on “**Innovating the Pharmaverse: New Vistas and Avenues in Pharmaceutical and Clinical Domain**” conducted by Krupacon pharma at Krupanidhi College of Pharmacy, Bengaluru, 8th and 9th November 2019.

AREAS OF INTEREST:

Clinical Pharmacy Services, Drug Information Services, Clinical Data analyst, Pharmacovigilance and Adverse Drug Reaction management activities.

TECHNICAL AND SOFT SKILLS:

- Handling Medical and Drug databases like MEDLINE, MICROMEDEX, LEXICOM, PUBMED, COCHRANE library and SCIENCEDIRECT.
- Expertise in Microsoft Office™(Word™, Excel™, Power Point™), Windows™(10,8,7™), Android and IOS, Knowledge and functions of all window based applications, knowledge of internet, e-mail, social networking and other web based applications.
- Critical evaluation and comparison of scientific articles and publications and experience in research writing and editing and summarizing the data from various clinical studies.

PERSONAL PROFILE:

Name : Dr. Smitha Mariyam Thomas

Age : 25

Gender : Female

DOB : 10-06-1996

Father's Name : Mr. Manoj Chandy Thomas

Marital Status : Unmarried

Languages Known : English, Malayalam

Permanent Address : Manoj Bhavan (Enam Villa),
Thurithiply P.O Valayanchirangara
Perumbavoor, Ernakulam, Kerala.

REFERENCE:

1) Dr. Shamnas M, HOD [Pharmacy Practice] National College of Pharmacy Manassery, Mukkam Kozhikode Email : shamnasm1@gmail.com Phone No: 9446247367	2) Vinod Thomas, Assistant Professor National College of Pharmacy Manassery, Mukkam Kozhikode Phone No : 9746730890
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DECLARATION:

I hereby declare that the above given information are true to the best of my knowledge and belief and can be supported with relevant documents when needed.

Thanking You,
Smitha Mariyam Thomas

Place : Perumbavoor

Date : 16/08/2021