

CURRICULUM VITAE



GOPIKA G KARUNAN

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SUNDAVILASAM

EDAPPARIYARAM PO, ELANTHOOR

PATHANAMTHITTA

KERALA-689643

Objective

To gain experience and skillful knowledge and to utilize my skills as a nurse in a manner that would provide security and quality care to patients, family members and hospital staff. My education and training includes Bachelor' degree in Nursing.

Personal Details

Fathers Name. D KARUNAKARAN
Gender FEMALE
Date of Birth 24/08/1997
Nationality INDIAN
Marital Status MARRIED
Religion HINDU
Language known ENGLISH,MALAYALAM

EDUCATIONAL BACKGROUND

Academic Qualification

Qualification	Name of institution	Name of Board	Year of passing	Percentage of marks
SSLC	ST;PETERS HSS KURUMPANADOM	Government of Kerala, General Education Department	2013	91%
PLUS TWO	GHSS THOTTACKAD	Board of HSE KERALA	2015	86%

Professional Qualification

Qualification	Name of Institution	Name of University	Year of Passing	Percentage of Mark
B.Sc Nursing	INSTITUTE OF NURSING EDUCATION,SCHOOL OF MEDICAL EDUCATION, CENTRE FOR PROFESSIONAL AND ADVANCED STUDIES, CHUTTIPPARA PATHANAMTHITTA	M.G University	2020	64%

Work Experience

- ❖ Working as a staff nurse at GOVT MEDICAL COLLEGE MANJERI, (extension Covid Second Line Treatment Centre Kalikavu) FROM 16/06/2020 TO 23/03/2021
- ❖ DISTRICT HOSPITAL KOZHENCHERRY FROM 18/05/2021 TO 14/10/2021

Field of interest

- ❖ Emergency Department
- ❖ Medical ICU
- ❖ Surgical ICU
- ❖ CCU
- ❖ Operation Theater
- ❖ Dialysis
- ❖ NICU&PICU

Clinical Experience

- As part of B.Sc Nursing curriculum, I have trained in the following institution,
 - GOVT. General Hospital Pathanamthitta. (Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing, Child Health Nursing and Nursing administration.)
 - GOVT TD Medical college Hospital Vandanam Alapuzha. (oncology specialty posting. Medical surgical, Advanced medical surgical nursing, Child Health Nursing, Psychiatry)
 - Govt. Women and Child Hospital Alapuzha (Obstetric & Gynecological Nursing,)
 - Mental Health Centre Oolampara Thiruvananthapuram (mental health nursing)
 - Community Health Centre Kadammanitta, Pathanamthitta (Community health nursing)
 - Community health centre Konni (Community health nursing)

Equipments Exposed

- ✓ Cardiac monitors
- ✓ Syringe pumps, infusion pumps
- ✓ Suction apparatus, nebulizers, centralized oxygen and suction supplies.
- ✓ ECG machine
- ✓ Defibrillators
- ✓ Phototherapy machines
- ✓ Ventilator
- ✓ BP apparatus
- ✓ Ambu bag with mask
- ✓ Pulse oximeter
- ✓ Glucometer
- ✓ Radiant Warmer
- ✓ Doppler

Details Of Cases Exposed

- ✓ Cardiology cases: coronary artery disease, angiogram, angioplasty, CABG
- ✓ General surgery cases: mastectomy, exploratory laprotomy, appendectomy, cholecystectomy, hernioplasty, hernia repair, colostomy, intercostal drainage, Trendelenburg operation and sclerotherapy, mastectomy, haemorrhoidectomy, dilatation and sphincterectomy.
- ✓ Urology cases: TURP, TURBT, URSL, ESWL, varicocele, orchidectomy, PCNL.
- ✓ Neurosurgery cases: craniotomy, burr hole operation, laminectomy, ACD fixation.
- ✓ Obstetrics and Gynecology surgery: LSCS, abdominal and vaginal hysterectomy, laproscopic cystectomy, normal labour, ventouse Delivery, Forceps Delivery, perineal tear repair, episiotomy suturing.
- ✓ ENT surgery: LeFort, BSSO, nasal bone reduction, septoplasty, tracheostomy
- ✓ Orthopedic surgeries.
- ✓ Pediatric surgery
- ✓ Microvascular surgeries.
- ✓ Medical cases

Special Skill

- Ability to perform
 - Need based basic cares.
 - IV cannulation

- Medication administration via enteral and parenteral routes.
 - Cardio pulmonary resuscitation.
 - N.G tube insertion assisted
 - Urinary catheter inserti
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- Administering protocol based emergency care.
 - Mental status examination

Seminar Attended And Health Programmes Conducted

- National AIDS day awareness programme ,Govt: General Hospital pathanamthitta.
- Conducted a medical camp at Konni, Pathanamthitta (community health nursing)
- Pulse Polio Immunization Programme, ,Govt: General Hospital pathanamthitta.
- Attended a National seminar on FOCUSING ON NEXT GENERATION Exploring the novel research and techniques in managing infertility –A multidisciplinary perspective (INE ,SME ,CPAS,PATHANAMTHITTA)
- School health programme at Mitraniketan ,Thiruvananthapuram

Reference

1. **Prof:Abdul Salam**
Principal,
INE,SME CPAS, Pathanamthitta
PH : 04682323044
2. **Prof:Yamuna Jose**
Vice Principal
INE,SME CPAS, Pathanamthitta
PH : 04682323044

Declaration

I do here certify that the above information is correct and true to the best of my knowledge.

Place:Elanthoor

Date:

GOPIKA G KARUNAN