

# CURRICULUM VITAE



## SRUTHY SIVAN

ERATH HOUSE

RANDAAR P.O

MUVATTUPUZHA

ERNAKULAM DISTRICT

MOB: 8301840673

[sruthysivan28@gmail.com](mailto:sruthysivan28@gmail.com)

## CAREER OBJECTIVE

- To serve mankind and to render my services wherever needed.
- To gain and impart knowledge of modern medicine.
- To develop long term career with any multi specialty hospital who recognizes hard work, sincerity and honesty.
- To get a challenging job in nursing that improves my nursing care and knowledge.
- To grow professionally and academically in the field of nursing.

## EDUCATIONAL QUALIFICATION

| QUALIFICATION   | S BOARD/UNIVERSITY                          | YEAR OF PASS | % of Marks |
|-----------------|---|--------------|------------|
| General Nursing | Kerala University of Health Sciences (KUHS) | 2019         | 69         |
| HSE             | Higher Secondary Board Kerala               | 2015         | 63         |
| S.S.L.C.        | Board of Public exam, Kerala                | 2013         | 68         |

## REGISTRATION DETAILS

Delhi Nursing Council (Registration Number: 83267 Valid date: 15-Oct -2024)

## WORKING EXPERIENCE

| Sl. No. | Duration | Designation | Name and Address of the Employee                     | Specialty Area     |
|---------|----------|-------------|--|--------------------|
| 1       | 6 Months | Staff Nurse | ST JOSEPHS SCHOOL OF NURSING DHARMAGIRI, KOTHMANGLAM | Coronary Care Unit |
| 2       | 1 Year   | Staff Nurse | BLK Super Specialty Hospital, New Delhi              | Cardiac ICU        |
| 3       | 4 Months | Staff Nurse | Jaslok Hospital and research Center, Mumbai          | Neuro ICU          |

## **PERSONAL DATA**

Name : SRUTHY SIVAN  
Gender : Female  
Religion : Hindu  
Marital Status : Single  
Nationality : Indian  
Date of Birth : 28- June -1997  
Age : 22 Years  
Fathers Name : A R Sivan  
Mother's Name: Sunitha Sivan  
Languages Known: English, Malayalam

## **DUTIES AND RESPONSIBILITIES**

- + Receiving, managing emergency cases and admission of patients.
- + Data collection.
- + Assessment of vital signs.
- + Continuous monitoring of the patients.
- + Physical examination and diagnostic evaluation.
- + Following physician rounds and carrying out the orders prescribed.
- + Assisting for diagnostic and therapeutic procedures.
- + Planning and implementing of patients care includes hygiene, nutrition, comfort measures, elimination needs administration of medicine.
- + Administration of intravenous fluids.
- + Transferring the patients to wards, critical care units and operation theatres.
- + Maintaining records and reports.
- + Maintaining indents and ward inventory.
- + Coordinating with other paramedical staffs.
- + Participating in ward teaching and in in-service programme.
- + Providing Health Education.
- + Orientation for patient and relatives about the hospital and it's functioning.
- + Preparation of emergency drug and emergency tray ready for use (intubation's tray, catheterization tray, aspiration set etc.).

## **PROCEDURE PERFORMED**

- + Ryles tube insertion.
- + Administration of medicines (oral & injection)
- + Thrombolysis.
- + Oxygen therapy.
- + Transfusions and infusion therapy.
- + Venipuncture.
- + Urinary Catheterization (male and female), Bladder irrigation.
- + Cardio pulmonary resuscitation (CPR).
- + ECG
- + Total Parental Nutrition.

## INFECTION CONTROL PRACTICES

- ✚ Hand Hygiene
- ✚ Standard Precautions
- ✚ Personal Protective Equipments
- ✚ Biomedical Waste Management
- ✚ Blood and Body Spill Policy
- ✚ Infection Care Bundles
- ✚ Cleaning and Disinfection of Equipments
- ✚ Isolation Protocol

## MECHINES AND EQUIPMENTS HANDLED

- ✚ ECG Machine.
- ✚ Cardiac Monitors.
- ✚ Pulse Oximeters.
- ✚ Defibrillators.
- ✚ Infusion and syringe pumps.
- ✚ Ventilators.
- ✚ Suction Apparatus.
- ✚ Oxygen Flow meters.
- ✚ Glucometer.
- ✚ B.P Apparatus.

## TYPES OF CASES HANDLED

Ventilator Patients, MI Patients, Shock, Respiratory Distress, ARDS, COPD, Endocrine, Disorders, Cirrhosis of Liver, Aspiration Pneumonia, Pancreatitis, Lung Abscess, Convulsions, Sepsis, Care of pt with PPI, Care of PT with TPI, Care of PT with IABP

## NURSING SKILLS IN EMERGENCY AND ACCIDENT DEPARTMENT

- ✚ Preparation of units for receiving patients
- ✚ Proper taking and handing over
- ✚ Knowledge about monitor and accessories
- ✚ Receiving the patient from ambulances
- ✚ Ability to connect the patient on monitor set alarms, identify problems and report
- ✚ Transfusion of blood
- ✚ Attending doctors rounds and carry out orders and treatment promptly
- ✚ Administration of medications
- ✚ Provides physical, psychological and social support to the patient and family members
  
- ✚ Maintain good interpersonal relationship with the nursing and allied personal

- + Preceptor to new staff
- + Maintenances essential records and reports
- + Takes part in preventing infection
- + Assists and conducts ongoing in-service education programs
- + Surgical wound dressing and trauma care
- + Monitoring the patient B.P and pulse.
- + Defibrillator and cardioversion
- + Meeting emergencies like cardiac arrest and respiratory arrest
- + Computer knowledge
- + ECG machine and identify the ECG changes
- + Syringe pump
- + Infusion pump
- + Pulse oximeter
- + Glucometer
- + Steam inhaler
- + Nebulizer
- + Suction apparatus
- + Humidifiers
- + O<sub>2</sub> Therapy devices
- + Ambu bag
- + Crash cart with emergency medicine and intubation tray

## REFERENCE

Sr.josmin msj

Principal

St josephs school of nursing

Kothamangalam 686673

Contact No. 0485 2827291

B L Kapoor Superspeciality hospital

Pusa Road New-Delhi- 110005

Ph: 01130403040

Jaslak Hospital and Research Center,

15, Dr. G. Deshmukh Marg, Mumbai- 400026

Ph: (22)66573333/40173333

## DECLARATION

I hereby declare that all the mentioned information is true and correct to the best of my knowledge and belief.

Date : 29/03/2021

Place: Muvattupuzha

**SRUTHY SIVAN**