

### **RESUME**

Name : KAVYA.S. NAIR

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Ernakulam,

Kerala, India

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# **OBJECTIVE**

Seeking a position in physiotherapy, which allows me to impart the best of my skills, for the benefit of my skills, for the benefit of my patients and to improve my knowledge with updated skills.

# **ACADEMIC DETAILS**

COURSE	INSTITUTION	UNIVERSITY	YEAR
BPT	Rajagiri Hospital,		2017 — 2018
(INTERNSHIP)	Aluva and see Chitra		
	Tirunal Hospital,		
	Thiruvananthapuram		
BPT	Little Flower Institute	Kerala University of	2013 – 2017
	of Medical Science	Health Sciences,	
	and Research Centre,	Thrissur, Kerala	
	Ernakulam		

HSE	Govt. H	Higher	Board	of	Higher	2011 – 2013
	Secondary S	Scholl,	Seconda	ry		
	Cheranelloor,		Examination, Kerala		Kerala	
	Ernakulam					
SSLC	St. Joseph	Girls	Board	of	Public	2010 – 2011
	Higher Secondary		Examina	ation,	Kerala	
	School, Che	engal,				
	Ernakulam					

### **EXPERIENCE**

- Working as Physiotherapist in Sabine Hospital & Research Centre, Muvattupuzha from 24.09.2018 to 28.03.2019.
- Working as Physiotherapist in Sanjoe Hospital, Perumbavoor from 01.04.2019 to 19.10.2019.
- Working as Physiotherapist in PMM Hospital, Kalady since 30.07.2021.

### **CLINICAL EXPERIENCE**

#### **DURING INTERNSHIP**

- Rajagiri Hospital, Aluva and Sree Chitra Tirunal Hospital, Thiruvananthapuram.
- ➤ During Internship I was posted in following areas ;

#### Neuro-rehabilitation

- Neurosurgery
- Neurology
- Physical medicine rehabilitation

### Orthopaedics

- > Exercise therapy
- > Sports rehabilitation
- ➤ Knee and Hip replacement surgery
- ➤ Intensive Care Unit (Ortho)

## Electrotherapy

- Ultrasound
- > TENS

- ➤ Laser
- > Paraffin wax therapy
- > Traction

#### General Wards

- Obstetrics and gynaecology
- Plastic Surgery and burns
- Oncology and Chest medicine

#### Cardio-Pulmonology

- > Cardio rehabilitation
- ➤ Valve replacement protocol
- ➤ Cardiac ICU

#### **Paediatrics**

> Paediatric ICU

### **DURING COURSE OF UG**

Little Flower Institute of Medical Science and Research Centre, Angamaly, Kerala (950 bedded), NABH affliated.

#### **CREDENTIALS**

• "RENAL REHABILITATION" (After renal transplantation) conducted on 16" January 2016 at Medical Trust Institute of Medical Science, College of Physiotherapy, Irumbanam.

#### **CONFERENCE ATTENDED**

• KERALA ASSOSIATION OF PHYSIOTHERAPY STUDENTS (KAPS) MEET 2014: National Physiotherapy Summit, on 09" March 2014 at Renewal Convention Centre, Kaloor, Cochin.

#### **RESEARCH STUDY**

"Effect of Interlimb transfer between Dominant & Non Dominant hand skills". Done in college

#### **PERSONALITY**

- Good communication skills, Hardworking and self-motivated.
- Ability to diagnose and plan treatment protocol.

• Adaptable and able to work independently and as part of a team.

# PERSONAL DETAILS

Nationality : Indian

Date : 29 March 1995

Place of birth : Perumbayoor

Marital Status : Married

LANGUAGE	READING	WRITING	SPEAKING
ENGLISH	✓	✓	✓
HINDI	✓	✓	✓
MALAYALAM	✓	✓	✓
TAMIL			✓

# **DECLARATION**

I hereby declare that the above furnished particulars are true to the best of my knowledge.

Place: Kurichilakode KAVYA.S. NAIR

Date: