# DR TIJA SUSAN VARGHESE

# MBBS, DNB OPHTHALMOLOGY

# **CURRENT DESIGNATION:**

DNB OPHTHALMOLOGY at LITTLE FLOWER HOSPITAL ANGAMALY

# **SPECIAL INTEREST:**

Medical Retina.

Glaucoma

Oculoplasty.

### **PERSONAL DETAILS:**

DOB: 06/06/1991

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Language: Can read and write: English, Hindi, Malayalam

# **ACADEMIC DETAILS:**

DEGREE	INSTITUTION
DNB	LITTLE FLOWER HOSPITAL ANGAMALY
MBBS	PUSHPAGIRI MEDICAL COLLEGE THIRUVALLA

# **SKILLS, EXPERTISE AND SURGERIES PERFORMED**

# **SURGERIES**

#### A. MANAGEMENT OF OPEN GLOBE INJURIES

WOUND EXPLORATION

CONJUNCTIVAL TEAR REPAIR

CORNEOSCLERAL TEAR REPAIR

OCCULT SCLERAL TEAR REPAIR

#### **B. OCULOPLASTY**

CANALICULOTOMY

**3 SNIP PROCEDURE** 

WART EXCISION

LID SURGERIES

LID TEAR REPAIR

CANALICULAR TEAR REPAIR WITH MINIMONOKA

MARGINAL LID TEAR REPAIR

#### C. GLAUCOMA

GONIOSCOPY

APPLANATION TONOMETRY (Goldmann. Perkins. Tonopen)

### D. CATARACT

SMALL INCISION CATARACT SURGERY WITH ASSISTANCE

#### E. ASSISTEDSURGERIES

SQUINT SURGERIES

SOCKET RECONSTRUCTION, LID RECONSTRUCTION

EVISCERATION

FRONTALIS SLING SURGERY

ORBITOTOMIES

DACRYOCYSTORHINOSTOMY

PROBING

FASENELLA SERVAT

LEVATOR RESECTION TARSORRHAPHY

LID SURGERIES

ENTROPION

ECTROPION

LOOP MYOPEXY

SCLERAL BUCKLING

#### **F. LASER BASED PROCEDURES**

PERIPHERAL IRIDOTOMY

CAPSULOTOMY

#### G. NEWER TECHNIQUES

READING OCT, OCTA, HFA, OCT RNFL GCL.

#### **H. MANAGEMENT AND DIAGNOSIS**

OPTIC NEURITIS, TON, TOXIC OPTIC NEUROPATHY

UVEITIS, FUCH'S, VKH, POSTERIOR SCLERITIS

CATARACT, ENDOPHTHALMITIS

PRIMARY AND SECONDARY GLAUCOMA

#### I. REFRACTION AND GLASS PRESCRIPTION

#### J. MINOR PROCEDURES

INCISION AND CURRETAGE

INCISION AND DRAINAGE

EPILATION

#### ELECTROLYSIS

#### PUNCTUM DILATATION, PROBING, SYRINGING

# PAPER PRESENTATIONS

- Presented paper in award category at state conference DRISHTI (KSOS) on canalicular laceration and management with minimonoka stent
- Presented paper on morphology of meibomian gland in Meibomian gland dysfunction using Autorefractometer in state conference

#### **OTHER ACHIEVEMENTS AND EXCELLENCE**

- ATTENDED CME INCLUDING AUGUST OPHTHALMICA, TACOPSIA, AIOS-ARC SYMPOSIUM, TACO PG UPDATE ON PEDIATRIC OPHTHALMOLOGY,LF ACADEMIA RETINA, DR NOEL MONIZ MEMORIAL LECTURE.
- Certificate of excellence in Psychiatry examination during House Surgeoncy