

# CURRICULUM VITAE

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9846302958



## PERSONAL DETAILS

Name : **Ms. Sandra Cheriyan**

Address : Valiyathayil (H)  
Kattoor p.o  
Kalavoor  
Alappuzha, Kerala  
Pin:688522

Date of birth : 27-04-1998

Religion : Christian

Caste : Latin Catholic

Marital status : Single

Nationality : Indian

Blood Group : O<sup>+ve</sup>

Language known : Malayalam, English.

Major strengths : Can adjust with any situation,  
Communicationskill

Interest : Drawing, Listening Music, Dancing.

## OBJECTIVES:

If I am selected, I can assure you that I will try my best to satisfy you by honest devoted service and I shall serve with you utmost devotion and sincerely in your esteemed organization.

## **EDUCATIONAL QUALIFICATION:**

### **General Qualification**

<b>Sl. No.</b>	<b>Exam</b>	<b>Institution</b>	<b>Board / University</b>	<b>Mark in Percentage</b>
1.	S.S.L.C	Holy Family H.S.S.Kattoor, Alappuzha, Kerala	Kerala Board	80%
2.	Plus Two	Holy Family H.S.S.Kattoor, Alappuzha, Kerala	Kerala Board	82.5%

### **Professional Qualification**

B.Sc. Nursing (2015-2019)

Bishop Benziger College of Nursing, Kollam, Kerala, India.

<b>B.Sc. Nursing</b>	<b>Total Marks</b>	<b>Marks Obtained</b>	<b>% of Marks</b>
1 <sup>st</sup> Year	1000	701	70.1%
2 <sup>nd</sup> Year	700	504	72%
3 <sup>rd</sup> Year	850	608	71.5%
4 <sup>th</sup> Year	700	501	71%

**Kerala Nurse & Midwife Council Reg. Number : KL03201905924**

### **EXPERIENCE**

❖ **Govt. T.D Medical College, Vandanam, Alappuzha, Kerala**

Department : - Labour Room & Gynac ICU

Duration :- 14/07/2020 - 31/10/2021

## **PROFESSIONAL DEVELOPMENT PROGRAMS**

- Participated in National Conference on “**Best Practices In Nursing**”.
- Participated in National Workshop on “**Oncology Treatment & Wellness Practices**”.
- Participated in State Level Workshop on “**Advanced Nursing Skill**”.
- Attended American Heart Association **Basic Life Support** (CPR and AED ) programme .

## **ACHIEVEMENTS**

### **a) Academic Projects :**

#### 2019 Community Project

“A study to assess the knowledge regarding effects of skipping breakfast among mothers of school children in selected community areas of Pallithottam at Kollam.”

## **PUBLISHED WORKS**

#### 2018 Nursing Research and Statistics

“A Study to assess the effectiveness of structured teaching programme on knowledge regarding menopausal osteoporosis among perimenopausal women’s in the selected community area at Kollam.”

“Published on European journal of biomedical and Pharmaceutical Sciences”

## **EXTRA-CURRICULAR ACTIVITIES**

- Actively participated in zonal level quiz competition
- Actively Participated in Community Radio Benziger -Voice Of Nightingale

## **COMPUTER AWARENESS**

Have a course completion certificate on Microsoft office word, excel, PowerPoint and outlook in NIIT.

## **AWARDS/PRIZES:**

First Prize: SNA quiz competitions at College level.  
Second prize: Zonal level Quiz Competition.

## **MEMBERSHIP IN STUDENT BODIES**

- College union – Lady Representative (2018 – 19)
- NSS
- SNA
- UNAI
- Pro-Life programme

## **HOBBIES:**

Drawing, Dancing, Listening Music.

## **ADDITIONAL INFORMATION:**

I am highly motivated individual and committed worker with focused goals in the life and capable of handling more than one task simultaneously and can contribute to perform well even under pressure.

## **REFERENCES**

1. Mrs. Anoopak . R  
The Principal  
Bishop Benziger College of Nursing, Kollam, Kerala.  
Email id :anoopasuresh@yahoo.co.in  
Ph:8281302895
2. Prof. Anand .S  
Vice Principal  
Bishop Benziger College of Nursing Kollam, Kerala.  
Email id:sanand\_anands@yahoo.com  
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3. Mrs. Nisha John  
Nursing tutor  
Bishop benziger college of nursing ,kollam,kerala.  
Email id :nishajohn1983@gmail.com  
Ph:9645703375

## **DECLARATION**

I **Sandra Cheriyan** declare that the above mentioned details are known to my conscience and are true. If my personal details are found eligible to your requirements, kindly grant me an opportunity to serve in your organization. I assure you the best of my performance.

Place:

**SANDRA CHERIYAN**

Date :