

# **CURRICULUM VITAE**

## **VINUMOL CYRIAC**

MANIMALA HOUSE

VELLIYAMATTAM P.O

THODUPUZHA

IDUKKI, KERALA – 685588

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### **CAREER OBJECTIVE**

Aim to be associated with an organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be part of the team that works dynamically towards the growth of the organization.

### **PERSONAL PROFILE**

Name	:	Vinumol Cyriac
Sex	:	Female
Date of Birth	:	21/09/1996
Father's Name	:	Cyriac Mathew
Permanent Address	:	Manimala House Velliyamattam P.O Thodupuzha Idukki, Kerala – 685588
Marital Status	:	Single
Religion	:	Christian
Nationality	:	Indian
Languages Known	:	English, Malayalam & Hindi
Hobbies	:	Listening to music

### **PERSONAL SKILLS**

- Self-Confident.
- Willingness to learn and able to handle people in a very efficient way.
- Self-motivated, Initiative, High level of energy.
- Good communication skills

## PASSPORT DETAILS

- Passport No : T0395918
- Date of Issue : 03/12/2018
- Date of Expiry : 02/12/2028
- Place of Issue : Cochin

## LICENSURE

- Regd. Nursing No (Delhi Nursing Council) 79838
- Regd. Nursing No (Kerala University of Health Sciences) : KL03201901521

## EDUCATIONAL DETAILS

Professional : Passed BSc Nursing in 2018 from Holy Family College of Nursing Muthalakodam, Thodupuzha

Academic : Passed HSE in 2014 from St. Marys Higher secondary School Arakulam.

Passed SSLC in 2012 from St. Marys Higher secondary School Arakulam.

## PROFESSIONAL EXPERIENCE

- Name of Hospital : Max Super Speciality Hospital, Saket, New Delhi
- Profession : Nurse
- Department : Dialysis
- Period : 01-04-2019 to 05-05-2021
- Designation : Staff Nurse

## COMPUTER SKILLS

- All Computer basics with internet knowledge
- Electronic Hospital Information System (EHIS)

## PATIENT CARE RESPONSIBILITIES

- Assessing Physical Psychological needs of the patient
- Close Cardiac Monitoring
- Maintenance of good nurse patient relationship including orientation of patient to the unit or room and patient family education.
- Patient assessment and reassessment and nurse notes.
- Check the vitals of the patient every hourly along with date and time. Including pre and post procedure care and documentation.
- Maintenance of intravenous fluids and Inotropes and Vasopressors.
- Administrations of medications in time (E.g. OD, BID, TID, QID, Stat, SOS, etc.)

- Monitoring of CVP & SpO<sub>2</sub>, IBP
- Hot & Cold Application (E.g. Ice Bag, Hot Water Bag, Cold Compress, sterile hot compress and cold sponge).
- Personal hygiene including assist in Activities of daily living.
- Tracheostomy care of the patient (E.g. Suctioning, tracheotomy dressing)
- Care of pressure sore (E.g. Frequent Back care & positioning)
- Familiar with all protocols, administration of blood and products and care of immunocompromised patients.
- Well versed in the cardio pulmonary resuscitation (as per ACLS protocol)
- DVT prophylaxis
- Prevention of aspiration
- Steam inhalation
- Naso Gastric and PEG/PEJ Tube feeding
- Care of Intercostal Drainage
- Blood Transfusion
- Management of Pain scale Adult
- Care of invasive catheters (E.g. Central line, Arterial line IV cannula, Foleys's catheter)
- Maintaining records and reports
- Supervision and orientation of student and new trainees.
- Cope up with the hospital policies.

## **SPECIAL PROCEDURES ASSISTED**

- Cardio Pulmonary Resuscitation
- IV Canulation
- Lumbar puncture
- Pleural fluid aspiration
- Bone marrow aspiration
- Foleys Catheterization
- Pre-during and Post procedures for dialysis patients.
- Ryles tube insertion

## **OTHER RESPONSIBILITIES**

- Maintaining the investigations as per order

- Proper documentation of drugs administered and investigations done
- Maintaining the equipment in working condition
- Maintaining emergency drugs and equipment's at accessible place
- Proper monitoring of patient
- Informing the doctor concerned whenever necessary
- Scrubbing hand washing and aseptic precaution
- Transportation of critically ill patients

## **EQUIPMENTS USED**

- Warmer Machine
- Defibrillator
- BIPAP Machine
- Pulse Oxymeter
- ABG Machine
- I.C.U Monitor
- AMBU
- Suction Apparatus
- Infusion pumps
- Nebulizer
- Laryngoscope
- Computer
- Cardiac defibrillator
- Closed Suction System
- Thermometer
- NIBP
- CPAP Machine
- ECG
- Alpha Bed
- Syringe Pump
- DVT Pumps
- Steam inhaler
- Glucometer
- Humidifier

## **DECLARATION**

I hereby declare that the above said information are true and correct to the best of my knowledge and belief. I promise to serve the best of my abilities with sincerity and dedication.

Place: VELLIYAMATTAM

Yours sincerely

VINUMOL CYRIAC