

CURRICULUM VITAE

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Institution : 1) JSS College of Physiotherapy
JSS Medical Institutions
M.G Road, Mysuru-570004
2) Laxmi Memorial College of Physiotherapy
Balmatta, Mangalore-575002

ACADEMIC QUALIFICATIONS

Degree	Subject	University	Year of completion	Percentage
Secondary School Leaving Certificate Examination(SSLC)		Kerala State Board of School Examination	2011	80
Higher Secondary School(HSC)	Physics, chemistry, biology	Kerala State Board of School Examination	2013	81
Bachelor of Physiotherapy(BPT)			2014-2019	71
I BPT	Physiotherapy	RGUHS	2015	73
II BPT	Physiotherapy	RGUHS	2016	67

III BPT	Physiotherapy	RGUHS	2017	70
IV BPT	Physiotherapy	RGUHS	2018	73
Master of Physiotherapy Neurological and Psychosomatic Disorders (MPT-NPD)			2019-2021	-
MPT	Physiotherapy	RGUHS	2019-2021	-

ACADEMIC ACHIEVEMENTS

- **Best outgoing student of 2014-2019 batch**
- **Rajiv Gandhi University of Health Sciences (RGUHS) subject wise rank in;**
General Medicine - 8th rank
Ortho. & Traumatology - 10th rank
General Surgery - 10th rank
Neurology & Neurosurgery - 8th rank
Community Medicine - 7th rank
- **Overall topper in I BPT, II BPT, III BPT and IV BPT and subject wise topper in;**
Biochemistry
Electrotherapy
General Medicine
General Surgery
Orthopedics & Traumatology
Community Medicine

CERTIFICATE COURSES

- Basic Life Support (BLS) on 24-25/11/2017 conducted by Indian Institute of Emergency Medical Services (IEMS) with American Heart Association (AHA) certification.

CLINICAL EXPERIENCE

- One eighty days of rotatory clinical internship in various departments at JSS Hospital, which is an 1800 bedded multi-specialty hospital in Mysuru.
- Departments;
 - Outpatients Musculoskeletal, Orthopedics and Sports Inpatient Orthopedics
 - Cardio-pulmonary sciences (CTVS ICU, ICCU, RICU, Inpatients, Pulmonary and Cardiac Rehabilitation Units)
 - Neurology and neurosurgery (NSICU, Inpatients) Pediatric Physiotherapy (NICU, PICU, Pediatric ward)
 - General medicine and Surgery (MICU, SICU, Burn ICU, Inpatients ward) Rehabilitation
 - Institutional based rehabilitation (Physical Medicine and Rehabilitation Centre) Community based rehabilitation (Geriatric clinic, Old age home, School health) Obstetrics and Gynecology
- Worked as a student physiotherapist in a clinic from Oct 2018 to Aug 2019.
- Worked as a student physiotherapist in various departments at AJ Institute of Medical Science, which is a 1000 bedded multi-specialty hospital in Mangalore.

CONFERENCES AND WORKSHOPS

- **PAPER AND POSTER PRESENTATIONS**

Si.No	Paper / poster	Topic	Dates
1	Poster - OXFOCON(Oxford International Physiotherapy Conference 2016)	Comparison of Sway Parameters during Quiet standing on Varied surfaces in Visually Impaired and Typical Young Women	10-11/Dec/2016
2	Paper - Confluence 2019 (National Physiotherapy Conference)	Gender Difference in Pain Perception during Experimentally Induced Pain	6-7/ Dec/2019
3	Paper-Craniocon -2020 (National Conference)	Effectiveness of Anti-gravity Based Treadmill Training on Gait and	9/Nov/2020

	on Best Practices and Recent Advancement in Physiotherapy)	Functional Balance in Neuromuscular Rehabilitation: A Literature Review	
4	Paper- Spine E – Conference 2020 (International spine E – Conference)	Effectiveness of C1-C2 Sustained Natural Apophyseal Glide(SNAG) Technique on Cervicogenic Dizziness and Headache: A Literature Review	29/Nov/2020

- **List of workshops attended;**

Si.No	Topic	Resource person	Dates
1	Workshop on Rehabilitation of Handin Stroke	Mr. R. Vasanthan Mrs. Annie Thomas	18/02/2017
2	Workshops on Clinical Neurodynamics	Dr. Ashokan Arumughan	24/06/2017
3	Workshops on Cerebral Palsy	Dr. Shridhar Shetty	28/02/2020

PUBLICATIONS

- *Joy A, Baby L, Ranjith KV. Relationship of trunk extensor endurance on dynamic postural control and functional performance in non-specific low back pain. Int J Phys Educ Sports Health. 2021;8(3):436-440.*

PAPERS UNDER CONSIDERATION

Sl.No	Title	Journal & Ref.No	Remarks
1	Decreased Postural Sway in Visually Impaired Women, Is it a Learned Protective Mechanism?	Journal of Visual Impairment and Blindness(JVIB) JVIB 21-0061	Accepted and in press

2	Gender Differences In Pain Perception During Experimentally Induced Pain; An Observational Study	Physiotherapy Journal of Indian Association of Physiotherapist (PJIAP) PJIAP_30_21	Under review
3	Relationship Between Trunk Impairment and Upper Extremity Function, and its Impact on Activities of Daily Living in Chronic Stroke Survivors	International journal of science and health care research (IJSHR)	Under review
4	Immediate Effect of Neurodynamic and Muscle Energy Technique in Hamstring Flexibility and Lumbar Mobility in Individuals with Hamstring Tightness	International Journal of Current Research and Review (IJCRR) IJCRR2021006343	Under review

CO- CURRICULAR ACHIEVEMENTS

- Member of National Cadet Corps from 2012 to 2013. Attended one state level training.
- Attended two times Kerala State Work Experience Fare level in the year of 2010 and 2012 for volley ball/ badminton net making and achieved B grade.
- Attended Wayanad District Revenue School Kalolsavam in the year of 2010
- College cultural secretary during 2016-2017 academic year.

PERSONAL STATEMENT

I hereby declare that statements furnished above are true to the best of my knowledge. CPE, Conferences, workshops, awards & any other details will be provided upon request.

REFERENCES

Dr. Kavitha Raja PT, Ph.D

Professor and Principal

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Dr. Sanjay Eapen Samuel, PT, PhD

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