

#### **PERSONAL**

- Name Anu Joseph
- **Address** Padamattummal House, Kandamkulam P.O, Kodungallur 680669 Thrissur, Kerala
- Phone number +918943681660
- **∠** Email anujosephanna2@gmail.com
- Date of birth 06-03-1992
- Gender **Female**
- **Nationality** Indian
- **Marital status** Married

## **INTERESTS**

- Painting
- Travelling
- Gardening
- Baking

## **LANGUAGES**

**English** Malayalam Hindi



# **ANU JOSEPH**

MSW with 5+ years of experience in serving the community, highly skilled in developing treatment plans, counselling and evaluation. Very high empathy and active listening skills. Ready to start work and learn on the job.



# **WORK EXPERIENCE**

Aug 2014 - Aug 2018 Social Worker

Welfare Association Trust, Aluva, Ernakulam, Kerala

Functional areas were; Elderly Home, Psycho Social Rehabilitation Centre, School for intellectually disabled and Health Clinic

# **Roles and responsibilities**

- Care planning
- Supportive counselling
- Psycho social assessment
- Advocacy
- Administrative tasks

Aug 2018 - Aug 2019

#### **Project Officer**

Centre for Advanced Research in Health and Human Behaviour, Trivandrum, Kerala

It was a research for 'Behavioural and Environmental Attributes in Sexual Atrocities toward Women and Children in Kerala' in association with Ministry of Women and Child Development, New Delhi.

#### **Roles and responsibilities**

- Develop research work plans according to project needs
- Vulnerability assessment among adolescents group
- Counselling for the victims of sexual atrocities
- Perform day-to-day supervision of research staffs for assigned projects.
- Attend meetings to share new ideas and discuss about issues.
- Analyse and resolve research issues in a timely and accurate manner.



## **INTERNSHIPS**

- State Poverty Eradication Mission, Edathala Grama Panchayath, Ernakulam
- Rajah Rehabilitation Centre, Guruvayoor, Thrissur
- Anwar Memorial Hospital, Aluva, Ernakulam
- Lisie Hospital, Ernakulam



# **EDUCATION AND QUALIFICATIONS**

2012 - 2014

Master of Social Work

MG University/Jai Bharath College, Perumbavoor, Ernakulam

2009 - 2012

**BSc Chemistry** 

MG University/St.Xavier's College for Women, Aluva, Ernakulam



Communication	****
Empathy	****
Active listening	****
Problem solving	****
Critical thinking	****
Self awareness	****
Time management	****
Team work	****



# REFERENCES

References available on request.