CURRICULUM VITAE

PERSONAL INFORMATION

NAME: TREESA JOSEPH

AGE: 25 YRS

DATE OF BIRTH: 09/06/1996

ADDRESS: KARIYIL HOUSE

KOTHAVARA P.O, VAIKOM

KOTTAYAM, KERALA, 686607

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OBJECTIVE

To work with an organization which gives me an opportunity to utilize my education and knowledge where I can improve my capabilities for professional growth.

EDUCATIONAL QUALIFICATION

| COURSE | PERCENTAGE | COMPLETED FROM | BOARD |
|--------------------------|---|-------------------------------------|---|
| BACHLOR OF NURSING | Ist year - 71.6% IInd year - 68.85% IIIrd year- 70.58% IVth year - 74% | Carmel College Of Nursing, Aluva | Kerala University For Health And Sciences |
| 12 | 86.75% | Holy Family HSS, Cherthala | Kerala Board Of Higher Secondary Education |
| 10 | 95% | Amala Public School, Vaikom | Central Board Of Secondary Education |

PROFESSIONAL LICENSE

Registered nurse under Delhi Nursing Council since March 2019

Registration No: **79527**

Registered nurse under Kerala Nurses and midwives Council since February 2019

Registration No: KL03201903452

PROFESSIONAL EXPERIENCE

| HOSPITAL | DURATION | | POSITION HELD | DEPARTMENT |
|-------------------|----------|-------|---------------|----------------|
| MAX | MARCH | 2019- | STAFF NURSE | CARDIOTHORACIC |
| MULTISPECIALITY | MAY 2021 | | | VASCULAR |
| HOSPITAL, | | | | SURGICAL ICU |
| PATPARGANJ, DELHI | | | | |

PASSPORT DETAILS

PASSPORT NO: **\$8984131**

DATE OF ISSUE: 12/11/2018

DATE OF EXPIRY: 11/11/2028

PLACE OF ISSUE: COCHIN

PROFFESSIONAL SKILLS AND ABILITIES

- Able to maintain good Inter-personsal relationship.
- Able to provide comprehensive nursing care.
- Able to handle admission and discharge of patients.
- Observation and vital signs monitoring.
- Care of sophisticated equipments.
- Care of IV peripheral lines.
- Administer medications
- Care of preoperative and postoperative patients.
- Care of patients on ventilator.
- Able to perform procedures such as blood transfusions, suture removal, nebulization, steam inhalation, nasogastric tube insertion, foleys catherization, dressing of wounds etc
- Able to assist the procedures such as endotracheal tube insertion, tracheostomy, central line insertion etc
- Able to provide all hygienic care such as back care and eye care

- Able to maintain good therapeutic communication with patients.
- Able to handle crisis situation and provide advanced life support care.

PROFESSIONAL ACTIVITY

Well-versed with the software validation and processing techniques. Technically qualified with the latest computer operating versions and Microsoft applications.

CASES HANDLED

- Coronary Artery Disease ,Valvular diseases,Vascular diseases,Triple Vessel Diseases, Hypertension,Complete Heart Block etc
- Cardiac Postoperative (CABG,Bentalls procedure,MVR,AVR)
- Patients on IABP support
- Respiratory Bronchial Asthma, COPD
- Subdural Hematoma, Aneurysm, Convulsion, Brain tumor, Paralysis
- Acute and Chronic Renal Failure
- Orthopedic Osteoarthritis, Fractures
- Patients with Foreign Bodies in Throat ,Nose and Ear
- Patients with Electrolyte Imbalances
- Allergic Patients
- Nasal and Oral suctioning
- Appendicetomy, Laprotomy, Orthopedic Total Knee and Hip Replacement
- Care of COVID 19 Patients

EQUIPMENTS HANDLED

- Syringe pump
- Cardiac monitor
- Nebulizer
- Steam inhaler
- Glucometer
- Vibrator
- Pulse oximeter
- Ambu bag
- Suction apparatus
- Laryngeoscope
- ECG machine
- Ventilator
- Defibrilator

- IABP Machine
- Drawing blood through Vacutainer
- Warmer
- Crash cart

STRENGTHS

Able and willing to accept high level of responsibilities.

Willing to learn and result oriented.

Sincere and loyal.

Self-confident.

Leadership potential, Enthusiastic and co-operative in nature.

Able to deal politely with patients and relatives

SEMINARS AND WORKSHOP ATTENDED

Presented a Research paper on the topic: Nurse's Perception Regarding the Fall Risks,Fall Risk Factors,Possible Risk Assessment and Management Interventions, at All Kerala Intercollegiate Scientific Paper Presentation Competitions.

REFERENCE PERSONS

Pro.Sr.Prabha Grace CMC

Principal

Carmel College Of Nursing

Aluva, Ernakulam, Kerala

Contact No.9747349765

• Max hospital, Patparganj, Delhi

DECLARATION

I hereby declare that information furnished above is true to the best of my knowledge.

Date: TREESA JOSEPH