

## CURRICULUM VITAE

Bista Sebastian

Keelakkattu (H)

Upputhara

Idukki,Kerala

Pin:685505

Phone:8879840305

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### CAREER OBJECTIVE

To learn and function effectively in an professionally esteemed organization where I can contribute to the organizational and personal success and growth which can be obtained by means of hard work, sincerity and integrity.I will utilize my skills for the growth and prosperity of your hospital.

### PERSONAL PROFILE

Name: Bista Sebastian

Date of birth:02/06/1995

Gender: Female

Citizenship: Indian

Marital status: Single

Religion: Christian,RCSC

Languages known: English, Malayalam and Hindi

Address: Bista Sebastian

Keelakkattu (H)

Upputhara P.O

Idukki, Kerala,pin: 685505

## DETAILS OF REGISTRATION

Kerala Nurses and Midwives Council

Reg No. :KL01201702002

Date of registration:27/06/2017

Date of expiry:26/06/2022

## EXPERIENCE

2020 November 4 – present : Staff Nurse

- Fortis Hospital, Delhi
- Emergency Department
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Course	Institution	University	Year of passing	Percentage of marks
Post Basic BSc nursing	D. Y Patil College of nursing, Nerul, Navi mumbai	D. Y Patil Deemed to be university, Navi mumbai	Sept 2019	64%
GNM	School of nursing. Lisie hospital, Cochin, Ernakulam	Kerala nurses and midwives council	April 2017	68%

Course	Institute	Year of passing	Board	Percentage of marks
Higher Secondary Examination	St.Philomena's HSS Upputhara	March 2013	Board of higher secondary Examination, Kerala	82.37%
SSLC	St.Philomena's HSS Upputhara	March 2013	Board of public examination Kerala	72%

### PRACTICAL TRAINING

Fundamental of Nursing :D.Y Patil college of nursing,Nerul, Mumbai

Medical & Surgical Nursing :D.Y Patil college of nursing,Nerul,Mumbai

Child Health Nursing : D.Y Patil college of nursing, Nerul, Mumbai

Obstetrics & Gynecology Nursing :D.Y Patil college of nursing, Nerul Mumbai

Community Health Nursing :D.Y Patil college of nursing, Nerul, Mumbai

## JOB DESCRIPTION

- Assessment of the patient
- Assist for advanced life support
- Admission and discharge of patient
- Collecting blood sample for all blood investigation
- Taking and interpret electro cardiogram
- Inserting Foley's catheter,naso -gastric tubes, intravenous lines.
- Meeting personnel hygiene of bed ridden patient.

## PERSONAL QUALIFICATION

- Excellent communication skills
- Leadership Quality
- Hard working
- Optimistic
- Ambitious
- Energetic

## DUTIES AND RESPONSIBILITIES

- Patient care responsibilities
- Administrative responsibilities
- Academic responsibilities

## GENERAL NURSING CARE

- Care of unconscious patient
- Care of bed ridden patient
- Care of dying patient
- Care of pre-op and post-operative patient

#### OTHER DUTIES

- Taking rounds with doctors
- Assisting doctors for procedure

#### TYPES OF DIAGNOSIS

Diabetes mellitus, Accelerated systemic hypertension, Peptic disease with GERD, Acute

diarrheal disease, Bronchial asthma, Allergic bronchitis, Chronic obstructive pulmonary disease, Viral fever, Dengue fever, Malarial fever, Typhoid fever, Pneumonia

#### EQUIPMENT USED

Cardiac monitor, SPO2 monitor, sphygmomanometer, Glucometer, Syringe pump,

Suction Apparatus, ECG machine

#### PATIENT CARE RESPONSIBILITIES

- Preparation of the bed unit for patient
- Assessment of the patient
- Checking and recording of clinical parameters and adjusting alarm limit on

- patient monitoring equipment
- Assess characteristics of sign , symptoms and its documentation
- Maintain a patient intravenous line/arterial line
- Administrate oxygen as needed
- Obtain 12-lead ECG and blood collection for lab investigation
- Watch for dysarrhythmias,Tachy cardiac,Brady cardia,Cyanosis, Changes in sensorium, and notify on call doctor promptly
- Care of bed sore

## ADMINISTRATIVE RESPONSIBILITIES

Ward Management:

- Orientation for student classes
- Taking rounds with head nurse

## INDENT

- Take responsibilities of incidenting of suppliers and equipment for the unit
- Indent general stock articles, medical stock articles, replacement of articles
- Dangerous drug
- Care of dangerous drug and keep special record of dangerous drug

## ACADEMIC RESPONSIBILITIES

- To plan and organize continuing education activities
- Discuss with staff and decide the topic
- Arrange health education programme for patient and relatives

## DECLARATION

I here by agree that the details provided above are true to the best of my knowledge and if given an opportunity,I promise to serve as a dedicated employee with total sincerity and commitment in everything I do.

Place: Upputhara

Date: 06/10/2021

Thanking You

Bista Sebastian