

# CURRICULAM VITAE

**ASWATHY. V. R**

**C/o Arunan. K**

**Vishnu Bhavan, Thekkumuri,**

**East Kallada. P. O,**

**Kollam. Dist**

**Kerala State, India. Pin - 691502**

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## OBJECTIVE :

To attain a position with my skills and experiences as trained nurse, which in turn make progress in my life as well as the institution I serve.

## PERSONAL DETAILS

**Name** : ASWATHY. V. R  
**Father's Name** : Vijayan. K  
**Date of Birth** : 23.12.1993  
**Permanent Address** : Vishnu Bhavan  
Thekkumuri,  
East Kallada. P. O,  
Kollam. Dist  
Kerala State, India. Pin - 691502  
**Sex** : Female  
**Nationality** : Indian  
**Marital Status** : Single  
**Religion** : Hindu  
**Languages Known** : English, Malayalam & Hindi

## ACADEMIC QUALIFICATION

Qualification	Name of the Institution	Name of the Board/University	Period
S.S.L.C	KPSPM VHSS East Kallada	Govt. of Kerala	2009
Plus Two	CVKMHS East Kallada	Govt. of Kerala	2011



## PROFESSIONAL QUALIFICATION

Course	Institution	University	Year	% of Marks
BSc Nursing	Vijaya College of Nursing Kottarakkara	Kerala University of Health Science	2011 to 2015	65%

## ADDITIONAL KNOWLEDGE

- \* Course in Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS).
- \* Basic Knowledge of Computer

## REGISTRATION

- \* Kerala Nurses & Midwives Council : KL03201603066

## EMPLOYMENT DETAILS

- \* Work as a Staff Nurse from 18.04.2016 to Still Continuing  
Name of Hospital - Holy Cross Hospital, Adoor, Pathanamthitta  
Kerala, India.  
Bed Strength - 200 beded Multi Speciality Hospital  
Department - Operation Theatre and Surgical ICU.

## EXPERIENCE AND RESPONSIBILITIES

- \* Assisting major and minor surgeries.
- \* Assisting in Gynaec Surgeries.
- \* Monitoring patient changes during surgeries.
- \* Management of patients during surgeries
- \* Management of surgical instruments.
- \* Monitoring patients after major and minor surgeries
- \* Hourly maintaining patient Urine Output, IV fluids, blood pressure, respiratory rate, temperature of post operative patients.
- \* To assist the needs of patients to meet their needs within limitation, good hygiene of unit and patients.
- \* Providing psychological support health education.
- \* Performing catheterization and maintaining intake and output record.
- \* Assisting for giving different type of anesthesia.
- \* Providing proper positions before, during and after the surgeries.
- \* Maintaining and following proper Sterile Techniques.

- \* Management of anesthesia machine
- \* Management of anesthesia medicine.
- \* Management of C S S D.

## CASE EXPERIENCE

- \* **GENERAL SURGERIES**
  - \* Thyroidectomy
  - \* Appendicetomy
  - \* Hernioplasty
  - \* Hemorrhoidectomy
  - \* Circumcision
  - \* Mastectomy
  - \* Pylonidal Sinus Surgery
- \* **GASTRO SURGERIES**
  - \* Bariatric Surgeries
  - \* Gastrectomy
  - \* Abdomino - Peritoneal Resection
  - \* Colostomy
  - \* Cholecystectomy
  - \* Splenectomy
- \* **GYNAEC SURGERIES**
  - \* L S C S
  - \* Abdominal Hysterectomy
  - \* Vaginal Hysterectomy
  - \* Oophorectomy
  - \* Post Partum Sterilization
  - \* D & C
  - \* Cervical Polypectomy
- \* **ORTHO SURGERIES**
  - \* O R I F
  - \* D H S
  - \* T K R
  - \* Amputation
  - \* Hemi Arthroplasty
- \* **LAPROSCOPIC SURGERIES**
  - \* Appendicetomy
  - \* Hernioplasty
  - \* Hysterectomy
  - \* Cholecystectomy



## EQUIPMENT USED IN OPERATION THEATRE & SURGICAL ICU

- \* Pulse Oxymeter
- \* Cardiac Monitor
- \* Suction Apparatus
- \* Thermometer
- \* Sphygmomanometer
- \* Glucometer
- \* Infusion Pump
- \* Syringe Pump
- \* Defibrillator
- \* Laryngoscope
- \* Ambubag
- \* ECG Monitor
- \* Multi Para Monitor
- \* Boyles Machine
- \* Cauty Machine
- \* Laproscopic Equipments
- \* Autoclave Machine
- \* ETO Machine
- \* Fumigator
- \* Warmer
- \* Invasive Ventilator (Siemens, PB Datexohameda Centavo 0.5  
Angustrom care Station etc.)

## ADMINISTRATIVE RESPONSIBILITY

- \* Coordinating of Nursing activities.
- \* Assigning and delegating duties and responsibilities.
- \* Orientation of Nursing students and staffs.
- \* Maintaining stock lines, drugs and miscellaneous all the time.
- \* Storing of dangerous drugs.

## PERSONAL

Faithful, Punctual Sociable, Friendly, Team worker with good communication skill and hardworking.



## **REFERENCES**

1. **Sr. Josiya**  
**The Administrator**  
**Holy Cross Hospital**  
**Adoor, Pathanamthitta, Kerala.**  
**Ph : 04734-228246**
  
2. **Prof. V. Mary Elizabeth**  
**The Principal**  
**Vijaya College of Nursing**  
**Kottarakkara, Kollam, Kerala.**

### **Declaration**

**I hereby declared that the above given details are true and accurate to the best of my knowledge and belief.**

**Place : East Kallada**

**Date :**

**ASWATHY. V. R**