

CURRICULAM VITAE

PERSONAL INFORMATION

Name : LINU VARGHESE
Sex : Female
Marital status : Married
Age : 28 years
Date of Birth : 15th August 1993
Nationality : Indian
Religion : Christian
Profession : Diploma in Nursing (GNM)
Languages Known : English, Kannada, Malayalam
Contact Number : 8281604732, 9744544210
Permanent Address : LINU VARGHESE
PULIKKIL HOUSE
UDAYANAPURAM P O
VAIKOM, KOTTAYAM ,686143



PROFESSIONAL OBJECTIVES

Seeking a quality environment where my experience and knowledge can be shared and enriched.

STRENGTHS

- Multi lingual capability with excellent verbal and written communication skill.
- Capability to perform well in critical care situation
- Capability to apply ACLS and BLS IN appropriate situations.

ACADAMIC QUALIFICATION

QUALIFICATION	INSTITUTION	YEAR
General Nursing	VIDYARATHNA SCHOOL OF NURSING, UDUPPI, KARNATAKA	2011-2015
PLUS 2	ST. ANTONY'S COLLEGE, KANJIRAPPALLY	2011
S S L C	ST. THOMAS HSS , ERUMELY	2009

CLINICAL EXPERIENCE

NAME OF THE HOSPITAL	SINCE	TILL	WARD/UNIT	DESIGNATION
Beams Hospital Bangalore	1-Aug -2015	30-July-2016	Ward	Staff Nurse
Dr. Tulips Obesity and Diabetes Surgery Center	31-Aug-2016	25-July-2017	Ward and ICU	Staff Nurse
APPOLO SPECTRA HOSPITALS	14-Aug-2017	16-NOV-2019	Out Patient Department (OPD)	Staff Nurse

ADDITIONAL QUALIFICATIONS

- Excellent knowledge of nursing procedures.
- Excellent knowledge in Hospital management and information system.

PROCEDURAL SKILLS

- Recording and maintaining of vital and positive parameters.
- Cardio Pulmonary Resuscitation
- ECG
- Nebulisation

- Minor and Major Dressing
- Suture Removal
- Introducing Intravenous Cannula
- Treadmill SSTRESS Test
- Endoscopy
- Colonoscopy
- Nasal endoscopy
- Pulmonary Function Test
- Foleys Catheterization
- Tube Feeding

ADMINISTRATIVE RESPOSIBILITIES

- Co-ordination of Nursing Activities.
- Assigning and Delegating Duties and Responsibilities.
- Orientation of Nursing students and Staff's.
- Repair and replacements, inventories and recording.
- Maintaining stocks, Central sterile supplies, Drugs and miscellaneous at all time.

OTHER RELATED FUNCTIONS

- Maintaining reports and records.
- Attending ward meeting, seminars and conference for the professional growth.
- Participation in social other activities of the Hospital.
- Maintains ward equipment's.

DECLARATION

I hereby declare that the above information is true of my knowledge and belief.

Place: VAIKOM

Yours Faithfully

Date:

LINU VARGHESE