

# CURRICULUM VITAE

## MERIN JOSHY

Cholattu House  
Anchilippa, Mannarkayam PO  
Kanjirapally, Kottayam  
Kerala, India – 686506  
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## CAREER OBJECTIVE

To provide comprehensive and holistic nursing care, using the nursing process and problem solving approach, to people of all ages at different settings, in health as well as in illness and to strive for the highest competence, personally and professionally.

## BRIEF SUMMARY

I have completed my BSc Nursing degree from Pushpagiri College of Nursing, Kerala University of Health Sciences, Thiruvalla in August 2021.

## EDUCATION

COURSE	INSTITUTION	BOARD/ UNIVERSITY	MARKS SCORED	YEAR
BSc Nursing Degree	Pushpagiri College of Nursing, Thiruvalla.	Kerala University of Health Sciences	70%	2021
12 <sup>th</sup> Standard	International Indian School, Jeddah, KSA.	Central Board of Secondary Education	89%	2016
10 <sup>th</sup> Standard	International Indian School, Jeddah,.KSA	Central Board of Secondary Education	94%	2014

- Cleared and passed IELTS under IDP with overall 7.5 score and 7.5 score in all the modules.

## REGISTRATION DETAILS

Professional Registration:

Register No:

Date of Registration:

## JOB RESPONSIBILITIES

- Following nursing process of Assessment, Planning, Implementation and Evaluation of daily individual patient care.
- Doing admission, discharge and transfer of patients.
- Assessing physical, psychological and psychosocial needs of the client.
- Collection of personal, social, medical and general data formally and informally during various nurse-client interactions, observations, review of records, diagnostic tests etc.
- Monitoring vital signs and administering drugs.
- Meeting nutritional, hygienic and elimination needs of the client.
- Maintaining records and reports.
- Preparing the patient for various investigations and surgeries.
- Provide health information to patient and family and involving them in care of patient and provide follow up guidelines.
- Junior and peer group teaching.
- Capability to take responsibility of I.C.U and I.C.C.U to take care of a group of patients from admission to discharge.
- Oxygen administration and management of emergency situations.
- Responsibility to manage and coordinate the ward in the absence of senior staff.
- Deliver a high standard of evidence based care to specified group of patients.
- Respond quickly and effectively to a variety of trauma injuries.
- Assessment, stabilization and evaluation of patients in the quickest time.
- Involve in emergency procedures like CPR, BLS and ACLS.
- Work calmly in a high stress environment.
- Support patients, relatives, and friends and involve them in the care of the patient.
- Managing patients on mechanical ventilators, tracheostomy tubes and chest drains.
- Provide health education to patient and relatives.
- Liaise effectively with all members of the multidisciplinary team in order to ensure that patient's needs are satisfied.

- Respect each patient's privacy and confidentiality.
- Rotate to other departments within the specialty as required or as identified as a personal developmental need in the appraisal process.
- Delivery of highly standardized care of neonates from admission to discharge.
- Manage clinical workload effectively and ensure that care is prioritized appropriately.
- Ensure that parents and caregivers are updated regularly with accurate information in sensitive way that they can understand.
- Initiate Total Parenteral Nutrition and IV fluid administration.
- Be efficient in drug dosage calculation, administration, suctioning and blood glucose monitoring.
- Demonstrate clinical expertise in the care of sick neonates in the unit.
- Excellent to initiate and secure venous access lines for neonates and adult clients.
- Recognize the 'at risk' neonates and individuals, ability to identify organ impairment or organ failure at an early stage by close monitoring vital signs and assessments.
- Actively participated in own performance appraisals and reflective learning.

## CLINICAL PRACTICE

- **Pushpagiri Medical College Hospital, Thiruvalla, Pathanamthitta, Kerala, India.**

**Service areas: Medicine** (Respiratory, GI, Endocrine Nephrology, Hematology), **Surgery** (GI. Urinary, CTVS), **Burns and Plastic Surgery, Cardiology, Neurology, ENT, Ophthalmology, Intensive Care Units** (NICU, Neuro ICU, MICU, SICU, CCU, CVTS ICU), **Dialysis, Operation Theatre, Trauma centre, Casualty, Urology, Orthopedics, Pediatrics** (Pediatric medicine and surgery, ICU, OPD, Immunization, Neonatology), **Psychiatry** (OPD, Child guidance clinic, Suicide prevention clinic, community psychiatry, rehabilitation centre), **Obstetrics and Gynecology** (OPD, Family planning clinic).

- **Community Health Centers** (Rural and Urban)

**Service areas:** Thiruvalla, Kuttoor, Chathenkeri, Kozenchery, Kottayam, Alappuzha, Idayar, Kollam, Ernakulam, kusumagiri. (PHC, UHC, TB health centre, old age and rehab centres, home visits)

- **MCH Centers**

**Service areas:** Pushpagiri Medical College Hospital.

Also gained clinical practice from various institutions outside Thiruvalla.

## CASES EXPERIENCED

Head Injury, CVA, Brain Tumors, Cerebral Aneurysm, Cerebral Hemorrhage, Meningitis GB syndrome, Epilepsy, Renal transplant, liver transplant, Hyperthyroidism, Otitis Media, Cataract, Corneal Ulcer, Glaucoma, Asthma, COPD, Bronchitis, Pneumonia, Myocardial infraction, Angina, Appendicitis, Intestinal Obstruction, Hirschprung disease, Cholecystitis, Cirrhosis of the liver, Diabetes Mellitus, Nephrotic Syndrome, Renal Failure, Glomerulonephritis, fractures, Arthritis, Congenital Anomalies, Carcinomas, HIV Aids, Wilson's disease, PPH etc.

## PROCEDURES ASSISTED

Endotracheal intubation and extubation, Lumbar Puncture, Angiography, Tracheostomy, Femoral and Jugular Catheterization, Biopsy, Intercostal Drainage, Endoscopy, Bronchoscopy, Pap smear, CT scan, closed chest drainage, pericardial and pleural effusion, suprapubic catheterization, IV cannulation, Ryles tube insertion, CVP monitoring, catheterization, blood transfusion, diagnostic and therapeutic procedures, MRI, Treadmill Test, Echo, etc.

## EQUIPMENTS EXPERIENCED

Cardiac Monitor, ECG Monitor, ABG Machine, Infusion Pump, Syringe Pump, Pulse Oxymeter, Emergency cart, Nebulizer, Dialysis Machine, Mechanical Ventilator, Defibrillator, BIPAP Machine & CPAP Machine, Oxygen Cylinder, Sphygmomanometer, Glucometer, Suction Apparatus, Ambubag and Mask, Laryngoscopes.

## CURRICULAR ACHIEVEMENTS

- Attended the webinar on "Innovative teaching strategies" held on 07 July 2021, PCON
- Participated in the pulse polio immunization programme organized by NSS unit, PCON.
- Attended the International conference on " Airway management" organized by KMNC, PCON
- Research Project: "A study to assess the knowledge regarding the prevention of computer vision syndrome among computer users in a selected institution at pathanamthitta district" (Group project. Completed by March 2019)

- Attended state level workshop on “advances of biostatistics in medical research” on 30 Jan 2020.
- Participated in the outreach programme for “the world autism day” on 5<sup>th</sup> Apr 2019.
- Attended state conference on “safe infusion practices- providing pivotal care” on 16<sup>th</sup> march 2019.
- Participated in “anti-plastic” campaign organized by NSS unit, 24<sup>th</sup> Dec 2018.

## CO-CURRICULAR ACHIEVEMENTS

- Elected as Secretary for Student Nurses Association, PCON for the year 2020.
- Elected as the Magazine Editor for the year 2019 and released “MERA KI 2019-20” magazine.
- Actively participated in various collegiate, intercollegiate competitions organized by Student Nurses Association and NSS unit, PCON held during the four years of BSc Nursing programme.
- Won various competitions at college, zonal and state level competitions organized by PCON, SNA and NSS unit.

## PERSONAL INFORMATION

**Name:** Merin Joshy

**Gender:** Female

**Date of birth:** 17/11/1998

**Father's name:** Joshy Xavier

**Religion and caste:** Christian, Roman Catholic

**Contact Address:** Cholattu house, Anchilippa, Mannarkayam PO, Kanjirapally, Kottayam, Kerala, India- 686506

**Nationality:** Indian

**Blood group:** O positive

**Marital status:** Single

**Languages known:** English, Malayalam, Hindi, Tamil

## PASSPORT DETAILS

- Passport No : M5509105
- Date of issue :26/05/2015
- Date of Expiry : 25/05/2025
- Place of issue : Jeddah, KSA

## ABILITIES AND STRENGTHS

- Confident and Positive Attitude.
- Ability to do multi-task.
- Good personal presentation and team player.
- Ability to solve problems & make decisions.
- Good communication, public relation & presentation skills.
- Willing and eager to learn and progress.
- Ability to work under pressure.
- Friendly and humorous by nature.

## REFERENCES

- Prof.Sr.Terese SIC, Principal, Pushpagiri College of Nursing, Thiruvalla.
- Mrs. Sariga J Theresa, Nursing Superintendent, Pushpagiri Medical College Hospital, Thiruvalla.
- Prof. Renjini Devi, Vice Principal and HOD (OBG), Pushpagiri College of Nursing, Thiruvalla.

## DECLARATION

I hereby certify and declare that all the statements made in the above resume are true and correct to the best of my knowledge and belief.

**DATE:**

**PLACE:**

**MERIN JOSHY**

