



## RESUME

**Mrs. Arya S Nair**

Date of birth:

**04/05/1996**

**Sex: Female**

Nationality:

**Indian**

Marital status:

**Married**

Religion:

**Hindu**

Father's Name:

**Sanal Kumar**

Address:

**Thottinkara  
Puthenveedu Mathira  
P O PIN 691536  
Kollam Kerala**

Contact No:

**+91 7025753439**

E-mail:

**aryasnair3439@gmail.com**

### Objective:

To build a successful career in the field of nursing by utilizing my knowledge in practice, education, administration and research. To be associated with a progressive and well reputed organization that provides an opportunity to apply my knowledge and skills in order to keep updated with latest trends and developments in the field.

### Interests And Achievements Responsibilities

- Admission and discharge of the patient.
- Administration of medication.
- Provide psychological support.
- Maintain clean and safe environment.
- Assisting doctors in various medical as well as surgical procedures.
- Observe changes in patient condition and record.
- Preparing articles and patients for medical or nursing procedures.
- Maintain patient's documentation.
- Collection of laboratory specimens for the investigation.
- Team approach.
- Barrier nursing and isolation for the respective patients.

### Educational Qualification

#### ♣SSLC - 83%

Institution: T M Varghese Memorial H S Vettiyar  
Board : Board of secondary education, Kerala.  
Pass-out : March, 2012.

#### ♣PLUS-TWO – 80%

Institution: Govt.Higher Secondary School Kunnam  
Eravankara  
Board : Board of higher secondary education, Kerala.  
Pass-out : March, 2014

### Professional Qualifications

#### ♣BSc (N)

Institution : Vijaya College of Nursing Kottarakkara Kollam  
Board : Kerala University of Health Sciences, Thrissur  
Pass-out : 2018

## **Registration details:**

Registered with: Kerala Nursing Council

Registration No:KL03201903797

## **Experience as a staff nurse:**

2 Year Seven Month

## **Employment Experience as a staff nurse**

<b>Name of hospital</b>	<b>From</b>	<b>To</b>	<b>Department</b>	<b>Bed capacity</b>
Metro Heart Institute with Multi Speciality Hospital Faridabad Hariyana	03/12/2018	22/09/2021	CTVS-ICU	400

## **Equipments used**

- Multi Para monitor, Ventilators, Defibrillator, Syringe pump, Infusion pump, ABG analyzer, Electrolyte machine, Pulse-oxymeter, Temporary pacemaker, ECG machine, Blood warmer, Glucometer, Nebulizer, Laryngoscope, Suction apparatus, LMA tube, Combi-Tube, CRRT machine, hemo-dialysis machine.

## **Nursing skills**

- My responsibility is to monitor and manage the patients with emphasis on critical care especially airway management ventilator settings and electrolyte/metabolic regulation. I am a regular member of the on round clinical discussions, and keen participant of seminars.

## **Cases Handled**

- Post cardiac surgeries like CABG, AVR, MVR, DVR, Central shunt for TOF, ASD/VSD closure, Pericardectomy, Medical cases like Patients with Acute MI, CHB, CAD, Pulmonary Edema, IABP, Tuberculosis, Pneumonia, Asthma, Pulmonary Oedema, Liver Disease, Pancreatitis, Renal Failure, Leptospirosis, Multiple Myeloma, Dengue Fever, Hepatitis, Diabetic Ketoacidosis, Diabetic mellitus, CVA, Haemophilia, Chest Infection, Stroke, COPD, Hypertension, ENT Disease, Dehydration, Haemorrhoids, etc.

## **Procedures assisted**

- Central venous line insertion, Intubation, Insertion of inter costal drainage, Pleural tapping, Ascitic tapping, Lumbar puncture, Kidney biopsy, Liver biopsy, Bone marrow aspiration, Endoscopy, Sigmoidoscopy, Peritoneal dialysis catheter insertion, Double lumen insertion, Tracheostomy, Sengstaken Blackmore tube insertion, Arterial line insertion, Temporary pace maker insertion, performing dialysis, CRRT & peritoneal dialysis etc.

## **Procedures done**

- Ryles tube insertion, Foleys catheterization, IV cannulization, Performing CPR including DC shock, Arterial line insertion, Removing of drains and IABP, Doing ABG, Suturing etc.

## **Duties and responsibilities**

- Pain Management and ICU Management
- Collecting blood for arterial blood gas analysis.
  
- Collecting blood for culture and all other investigations.
- Handling of CVP
- Care of patients after general anesthesia and spinal anesthesia.
- Proper arrangement of Emergency Trolley.
- Special care of ventilator patients.
- Special care of ventilator patients with Hematemesis, Epistaxis and Haematochazia
- Proper management of Monitors such as NIBP syringe pump, infusion pump, EGC monitor and Pulse Oxymeter.
- Administering medication, IV fluids, blood and blood products.
- Care of critically ill patients with all types of medical and surgical problems.
- Maintaining personal hygiene of the patients.
- Provide emotional support.
- Provide Safe Environment For The Patients

## Reference

1 Sr. Leela Devi Nair Nursing Superintendent  
Metro Heart Institute Faridabad-121001  
Ph: 0129-4277777

2 Dr. Adil Rizvi  
MBBS MS MCH  
Director Cardiac Surgery  
Reg.No DMC 46278  
Metro Heart Institute with Multi Speciality Hospital  
Faridabad Hariyana

## **Declaration**

I hereby declare that the above information is correct and true to the best of my knowledge.

Place :Kollam  
Date :

Arya S Nair

