***CURRICULUM VITAE***

******

**MS. MINCY POULOSE**

Thekkanath House

Chopara P.O, Neduvannoor

Ernakulam Dist. Kerala

India, Pin Code-683571

Mobile: +91 7994816794

E-mail: mincypoulose@gmail.com

|  |
| --- |
| **CAREER OBJECTIVE:** |

Achieve success and knowledge in the modern health care field and to strive hard for career development. Benefit the institution and patients by serving to the best of my ability.

|  |
| --- |
| **PERSONAL DETAILS:** |

|  |  |
| --- | --- |
| Father’s Name | : Mr. Poulose T.C |
| Date of Birth | : 6th November 1996 |
| Gender | : Female |
| Marital Status | : Single |
| Nationality | : Indian |
| Languages Known | : Malayalam, English and Hindi. |

|  |
| --- |
| **ACADEMIC QUALIFICATION:** |

|  |  |  |  |
| --- | --- | --- | --- |
| **Course** | **Name of Institution** | **Board** | **Passing Year** |
| S.S.L.C | Holy Ghost Convent G.H.S.S, Thottakattukara | Govt. of Kerala | March 2012 |
| Plus Two | S.N.D.P.H.S.S. Neleeswaram | Govt. of Kerala | March 2014 |

|  |
| --- |
| **PROFESSIONAL QUALIFICATION:** |

|  |  |  |  |
| --- | --- | --- | --- |
| **Course** | **College** | **University** | **Passing Year** |
| BSc Nursing | West Fort College of Nursing, Thrissur | Kerala University of Health Sciences | 2018 |

|  |
| --- |
| **PROFESSIONAL LICENSE:** |

|  |  |  |
| --- | --- | --- |
| **Name of the Council** | **Registration Number** | **Date of Registration** |
| Delhi Nursing Council | 79201 | 5th March 2019 |

|  |
| --- |
| **PROFESSIONAL EXPERIENCE:** |

Presently working in Fortis Escort Heart Institute and Research Centre, Okhla, Delhi with effective from 6st March 2019 to till date department of Pediatric Cardiac HDU.

|  |
| --- |
| **DESCRIPTION OF THE HOSPITAL:** |

Fortis Escort Heart Institute and Research Centre is a 310 bedded, ISO:9001: 2001 and NABH Accredited Fortis Group, Cardiac Hospital, providing comprehensive Cardiac care , spanning from basic facilities in preventive cardiology to service. FEHIRC’s facilities includes teaching, acute traumatic centre, community orientation programmes, Camps, Mobile Echo Cardiography and Satellite Centers.

|  |
| --- |
| **MANAGERIAL EXPERIENCE:** |

* FEHIRC offers three shifts duty system ranging from six hours to twelve hours.
* Cardio version, Echo Cardio Graphy, Pleural Tapping etc.
* Assures open and timely communication with the patients their significant others and team members to ensure effective therapeutic communication.
* Training of junior staff nurses in competent nursing care, evaluation of patient condition
* Maintenance of environmental hygiene.
* Responsible to take care of patients soon after cardiac procedures such as
* Coronary Angiography
* Coronary Angioplasty
* ICD Implantation
* Electro Physiological Study
* Permanent Pacemaker Implantation
* Repair of Aneurysms & Embolisms

|  |
| --- |
| **JOB EXPERIENCE:** |

* Preparing of pre-operative patients.
* Receiving Fountain procedures, BT Shunt, BD Glenn etc.
* Monitoring for arrhythmias and immediate notification to the Doctors.
* Insertion and securing of peripherals and central lines.
* Invasive hemodynamic monitoring.
* Assessing physical, psychological, psychosocial needs of the clients in the hospital environment.
* Monitoring vital signs of the clients.
* Maintaining patient airway, performing tracheal-oral and nasal suctioning as required.
* Administrating oxygen.
* Monitoring fluid-electrolyte balance.
* Administrating drugs (Oral, Sub-lingual, intravenous, intramuscular, sub-cutaneous etc...
* Monitoring blood glucose values with use of glucometer.

|  |
| --- |
| **PROCEDURES CONDUCTED INDIVIDUALLY:** |

* Blood transfusion.
* Major and minor dressing.
* Introducing intra venous cannula.
* Foley’s catheterization.
* Preparing patients for surgery.
* Suture removal.
* Bladder wash and feeding.
* Endotracheal suctioning.
* Cardio pulmonary resuscitation.
* Sample collection for ABG.
* Blood glucose monitoring.
* Defibrillator.
* Cardio version.
* Echo Cardiography.
* Pleural Tapping.
* Chest tube insertion and removal.
* Peritoneal dialysis catheter insertion and removal.
* Ultrasonography.
* Nasogastric tube insertion.

|  |
| --- |
| **EMERGENCY PATIENT CASE:** |

* Resuscitating during cardiac and respiratory arrest.
* Assisting and performing cardio pulmonary resuscitation.
* Assisting endotracheal intubation.
* Administrate life saving drugs adrenaline, atropine, Deriphylline nitroglycerine calcium gluconate etc.
* Assisting for various procedures such as lumber puncture, Endotrachealintubation, tracheostomy etc., preparing patients for various investigations such as MRI, CT Scan, Echo, USG.

|  |
| --- |
| **NURSING CARE FOR PATIENTS:** |

* Care of pre-post operative.
* Patients with intercoastal drainage.
* Operate specialized equipments in ICU.
* Caring of patients with postural drainage.
* Physiotherapy.
* Care of nasogastric tube.
* Small bore feeding tube.
* Nursing documents in brief accredited and complete manner.
* Maintaining records and reports to physician.
* Care of sick and long standing ill patients
* Performs I.V cannulation and I.V therapy

|  |
| --- |
| **WARDS MANAGEMENT:** |

* Assisting wards sisters, supervising junior staff and Nursing students.
* Supervising in wards education course.
* Maintaining inventory.

|  |
| --- |
| **CASE EXPERIENCE:** |

* P.A. Banding and Ligation.
* BT Shunt and BD Glenn.
* Fontan procedure.
* MVR, AVR, DVR.
* ASO, Fontan.
* ASD, VSD Closure.
* TAPVC repair.
* Transmyocardiac revascularization.
* Robotic Surgeries.
* Permanent pacemaker implantation.
* Complete heart block.

|  |
| --- |
| **EQUIPMENT EXPERIENCE:** |

Cardiac monitor, Pacemaker syringe pump, infusion pump, BP Monitoring, Bag and mask, T-Pieces, Laryngoscope, Cardiac Defibrillator, BP apparatus, O2 humidifier, Urometer, Pulse oxymeter, Stethoscope, ECG machine, Suction apparatus, Ventilator, ABG machine, ACT machine, Crash cart, Nebulizer, Glucometer, Chest tube and water seal drainage system, Nebulizer alpha bed, Peripheral Doppler, Blanker roll, Ambu bag, Blood transfusion.

|  |
| --- |
| **SEMINAR ATTENDED:** |

* Arrhythmias.
* Diabetes Mellitus.
* Stroke.
* Emergency Nursing Management.
* Infection control.
* CABG.
* IABP.
* ACLS and BLS

|  |
| --- |
| **REFERENCES:** |

**MRS. MINIMOL JOHN**

Nursing Superintendent

Fortis Escorts Heart Institute

Okhla Road, New Delhi-110025

**MRS. BOBY**

Incharge

Fortis Escorts Heart Institute

Okhla Road, New Delhi-110025

|  |
| --- |
| **DECLERATION:** |

I declare that the information furnished above is true to the best of my knowledge and belief.

**Place:**

**Date: (MS. MINCY POULOSE)**