

# **RESUME**



**MANEESHA.M**

Manju Bhavan,  
Pongil,  
Mavinmoode,  
Kallambalam, (P.O)  
PIN: 695605,

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## **OBJECTIVE:**

Looking forward for an organization that offers a challenging, Stimulation, Learning, environment to work and provides scope for individual development, which offers attractive prospect for long term personal development and carrer growth and also to prove to be an asset the institution.

## **PERSONAL DETAILS:**

FATHER NAME : MANIKANTAN.S  
MOTHER NAME : SHEELA.S  
DATE OF BIRTH : 20-05-1996  
SEX : Female  
RELIGION : Hindu  
MARITAL STATUS : Unmarried  
NATIONALITY : Indian  
LANGUAGES KNOWN : Malayalam, English, Hindi & Telugu

## **ACADEMIC DETAILS:**

<b>Qualification</b>	<b>Year</b>	<b>Board &amp; University</b>	<b>School / College</b>	<b>Percentage</b>
BSC Nursing	2013-2017	Kerala University of Health Sciences	SSNMM College of Nursing Varkala	2 <sup>nd</sup> Class
Plus Two	2011-2013	Board of Higher Secondary Examination Kerala	Govt Model Higher Secondary School Varkala	78.3 %
S.S.L.C	2010-2011	Government of Kerala	Govt VHSS Njekkad	80 %

## **PRESENT WORK PLACE:**

<b>Name &amp; Address of Employer</b>	<b>Designation</b>	<b>Period of employment</b>
Sunshine Hospital, Secunderabad, (in ICU)	Staff Nurse	13-12-2017 to Till Now

**REGISTRATION:**

<b>Board</b>	<b>Register No.</b>
Kerala Nurses and midwives Council	KL03201804289

**OTHER QUALIFICATION:**

<b>Qualification</b>	<b>Year</b>	<b>Board &amp; University</b>
Basic Life Support Provider Course	2018	Association of Health Care Providers India
Advance cardiac Life Support Provider Course	2018	Association of Health Care Providers India

**DUTIES & RESPONSIBILITIES:**

- Comprehensive Nursing Care.
- Preparation of the Unit & Ward Orientation process.
- Admission procedure
- Taking over patient from concerned Nurse.
- Cardiac Monitoring
- Wound Dressing
- Trauma Care
- Providing Oxygen Therapy
- Monitoring of vital signs including CVP and O<sub>2</sub> saturation.
- Monitoring Arterial Blood gas.
- Taking and Interpreting ECG
- Measuring blood Glucose level.
- Ventilator care
- Administration of intravenous intradermal, subcutaneous intramuscular injections & oral Medications.
- Intravenous cannulation.
- Suctioning.
- Calculation of drug dosage.
- Tracheostomy care.
- Post Anaesthesia care.
- Post Colostomy and ileostomy care.
- Urethral Catheterization.
- Hourly recording of intake and output.

- Ryles tube insertion and feeding.
- Care of skin, pressure areas.
- Care of decubitus ulcer.
- Blood transfusion.
- Use of infusion pump.
- Health education, counselling and Psychological support for patients & relatives.
- Maintaining records & reports.
- Responsible for the plan, implement, educate and train the new staff, nursing and medical.
- Management for the health status with the help of the therapy techniques.
- Observe and analyze the patient data, assessment of short term or long term care plans.
- Educate and teach the patient about the techniques to maintain the health care by using the home therapies.
- Make recommendations to the physician for the patient care.
- Exceptionally good analysis patient's assessment and medication.
- Great ability to deal with the queries and problems.
- In depth knowledge of the medication and advance and high tech equipments utilized in the clinics.
- Excellent communication and interpersonal skills with the ability to demonstration.
- Performed clinical tasks according to hospital policies.
- Assisted in the orientation of new staff members.
- Assisted patient conditions an advised of changes in status.
- Monitored and maintains patient charts.
- Complete Assessment of patient and documents in medical record
- Observe, evaluates and the reports symptoms and conditions of patients
- Analyzes the information collected to determine patients needs and expected out comes
- Develop a plan of care based upon the assessment, diagnosis, and expected out comes of Patients
- Administration of medications, monitor patients response to medication and documents
- Assist in carrying out processers and doctors order according to expecting standreas
- Applies specific principles in performing nursing procedures and techniques. keeps abreast with nursing and medical progress.

**CARRIER HIGHLIGHTS:**

- **One Day Workshop Conducted in Regional Cancer Centre Thiruvananthapuram about basics of Cancer Chemotherapy For Nurses on 19-03-2016.**
- **Participated in National Skill Qualification frame work Level-3.**

**REFERANCE**

**Mrs. Prof. D. Santha Kumari**

**The Principal of SSNMM College of Nursing Varkala  
Varkala.**

**Mr. Saji.V**

**Administrative Officer SSNM College of Nursing Varkala  
Varkala**

**Mrs. Shiny Cheriyan**

**The Nursing Superintendent Sunshine Hospitals  
Secunderabad.**

**Email: [sunshinehospitals@gmail.com](mailto:sunshinehospitals@gmail.com).**

**DECLARATION:**

I hereby declare that all the above mentioned information all are true and correct to the best of my knowledge.

PLACE:

DATE:

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