# **PRAVEEN L THOMAS**

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### > <u>CAREER OBJECTIVE:</u>

An effective and confident communicator. A self-starter passionate about my job. Excellent problem solver with effective management and leadership qualities. To work with an esteemed organization that can provide dynamic and challenging work along with growth and prospects. To emphasize on the rational use of medicines and improve the quality of patient care.

### > AREAS OF INTEREST:

- Clinical pharmacy and Pharmacotherapeutics.
- Pharmacovigilance/Drug safety monitoring.
- Drug information and drug safety.
- Clinical research

### > **<u>PROFESSIONAL EXPERIENCE:</u>**

 At IQVIA, Bangalore as Clinical Process Associate in Real World Evidence (RWE) Solutions - Phase 4 Clinical Trials: From April 2018 – Present.

### JOB RESPONSIBILITIES:

• TMF Management of Phase-4 studies – eTMF:

- Work in collaboration with the Global study team and internal team for Trial Master File reconciliation and document finalization for the close-out phase of a study.
- Work with the internal and the global team to receive and file all the required documents in TMF repository (ELVIS) or study specific SharePoint/Share Drive to meet good compliance and successful completion of the studies allocated.
- Perform eTMF Document Review for the documents filed in ELVIS and thereby inform the study team regarding the eTMF compliance status for the Phase-4 Trials.
- Perform Action Items Fixation for the documents, with discrepancies, filed in eTMF, missing documents or duplicate documents.
- Have discussion and meetings with the study team for the effective compliance of Document completeness and the Data entry in the eCRFs.
- Payments: Investigator and Site Payments for Phase- 4 studies:
  - o Support the study to have hassle-free Payment release for the Investigators and sites involved.

 Handle Investigator Payments for the Phase-4 Clinical Trials: CTMS and Non- CTMS Integrated Payments.

### • CTMS Document Tracking:

 Work on CTMS Document Tracking for the Essential Documents and EC Submission/Approvals for Phase-4 studies.

### **EDUCATION:**

Doctor of Pharmacy from Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.

Degree	Year	Institute	Percentage
Pharm D	2017	PES College of Pharmacy, Bangalore.	67
Class XII (CBSE)	2011	Mar Thoma Public School, Edachira,	75
		Kakkanadu, Ekm(dist), Kerala.	
Class X (CBSE)	2009	Mar Thoma Public School, Edachira,	78
		Kakkanadu, Ekm(dist), Kerala.	

# > <u>INTERNSHIP (2016-2017):</u>

Completed one year of internship from BGS Global Hospitals, Kengeri, Bangalore, Karnataka, providing Clinical and Hospital pharmacy services in:

- General Medicine (6 Months)
- Orthopedics (2 Months)
- Pediatrics (2 Months)
- Dermatology (2 Month)

# **ROLES AND RESPONSIBILITIES:**

- Report any Adverse Drug Reactions in consultation with the physicians and supporting literatures and provide counselling to patients.
- Recommend appropriate drug therapy to physicians.
- Ensure effective and accurate collection, recording, review and reporting of literature searches conducted.
- Able to do Clinical Research/ Clinical Trial tasks.
- Responsible for data entry of individual case safety reports into the safety database.

# > <u>CLERKSHIP (2015-2016):</u>

- Participated in pre and post-ward rounds.
- Presented Case studies focusing the pharmacotherapy of certain diseases.
- Developed Patient Data Collection Form.
- Provided Blood Pressure Monitoring Services.
- Counseled patients on correct use of prescription and over the counter medications.
- Dispensed prescriptions to patients quickly and accurately.

# > <u>COMPUTER PROFICENCY:</u>

• Efficient knowledge in using CTMS and ELVIS.

- Working knowledge of MS Office.
- Good typing skills.
- Sound Knowledge in using online Medical links like PubMed.
- Knowledge in using various drug information software like Micromedex and Lexicomp.

#### ► <u>KEY SKILLS:</u>

- Organizational skills and management abilities.
- Verbal and written communicational skills.
- Good interacting skills.
- Proactive, positive attitude and approach with good presentation skills.
- Dedication and consummate skill towards work.
- Self-motivated/ self-learner.
- Holding and conducting meetings.

#### > **DISSERTATION:**

"SELF MEDICATION WITH ANTIBIOTICS AMONG CONSUMERS", Dissertation submitted to RGUHS, Bangalore, Karnataka.

#### > **<u>OTHER STUDIES:</u>**

- "A study on DVT prophylaxis in surgical patients" Dr. J S Nagabhushan, L A Rama Manasa, Praveen L Thomas.
- "Impact of medication adherence on health-related quality of life in patients with chronic kidney disease" Akshaya Revankar, Sneha Thomas, Praveen Thomas, Apoorva Dev.

#### > <u>PUBLICATION:</u>

• Chaitra N\*, Abin Joy, Ashok M, Handral M, Praveen L Thomas. "Antiosteoporotic activity of Morinda citrifolia fruit extract against heparin induced bone loss in rats." Pharmanest. 2016;7(3):3115-3121.

#### **WORKSHOPS/SEMINARS:**

- Attended a workshop on Stress Management and Communication Events organized by PES college of pharmacy.
- Attended Creative Thinking seminar conducted by PES college of pharmacy.
- Participated in workshop on "The Experimental Techniques in Pre-clinical studies" held at PES College of Pharmacy, Bangalore.

### > **EXTRACURRICULAR:**

- Winner for various musical band competitions.
- Winner of instrumental music(keyboard) for 8 years from 4<sup>th</sup> grade to 12<sup>th</sup> grade.
- Winner of badminton men's singles in ASPIRATION SPORTS for 4 years.
- Winner of badminton men's doubles in ASPIRATION SPORTS for 6 years.
- Winner of badminton mixed doubles in ASPIRATION SPORTS for 4 years.
- Winner of cricket in ASPIRATION SPORTS for 2 years.

#### ➢ <u>HOBBIES:</u>

• Travelling, singing, music composing, reading.

- Organizing events.
- Sports and games.

### > <u>PERSONAL DETAILS:</u>

Name	:	Dr. Praveen L Thomas
Father's Name	:	Lonichen Thomas
Date of Birth	:	14 may 1993
Gender	:	Male
Marital Status	:	Single
Nationality	:	Indian
Permanent Address	:	Thannippara house,
		#VII/682-C, Mavelipuram,
		Kakkanadu, Ernakulam,
		Kerala, India- 682030.

# **DECLARATION:**

I hereby declare that all the above furnished information is true and correct to the best of my knowledge and belief.

Place:

Dr. Praveen L Thomas