

## RESUME

**Name:** Dr. Arathi P

**Date of Birth:** 30/12/1990

**Address:** Saubhagya, Nadakkavu P O,  
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### Career Objective:

I intend to build a career with a leading Medical Organization, where I can explore my full potential to achieve greater knowledge in tandem with organizational goals and personal advancement.

### Qualification:

<b>Education</b>	<p><b>Post Graduate Diploma in Medical Tourism</b> University Name: Symbiosis Centre For Health Care, Pune Academic year : 2017-2018 Registration no : University Reg no: 17700011</p> <p><b>Bachelor of Ayurvedic Medicine and Surgery</b> University Name : Amrita Vishwa Vidyapeetham, Coimbatore Academic year : 2009-2014 Registration no : University Reg No: AM AY U6 AM S09010 TCMC Reg No:15491</p> <p><b>XII</b> Board : Central Board of Secondary Education Academic Year : 2008 Roll no : 4212114</p> <p><b>X</b> Board : Central Board of Secondary Education Academic Year : 2006 Roll No : 4125428</p>
<b>Appreciations, and Prizes</b>	<p><b>Certificate of Appreciation, 2014 - 2015</b> Title : Best Student Coordinator Awarded by : Amrita School of Ayurveda, Amrita Ayurveda Hospital and Amrita Ayurveda Research Centre, Amritapuri</p> <p><b>Participation Certificate, 2015</b> Event : Ashtanga Hrudayam (Vatavyadhi Chikitsa) - Chanting Competition Awarded by : PRAJNANAMat National seminar on Ayurvedic approach to the prevention and management of Neuro - degenerative diseases held at Amrita School of Ayurveda, Amritapuri</p>

	<p><b>Distinction in Agada Tantra, 2012</b> Second Professional BAMS University Exams conducted by Amrita Viswa Vidyapeetham, Coimbatore</p> <p><b>Distinction in Samskrutham, 2011</b> First Professional BAMS University Exams conducted by Amrita Viswa Vidyapeetham, Coimbatore</p> <p>Various Other Certificates in Extracurricular activities (Story writing-English, Instrumental Music, Debate and sports)</p>
<p><b>Experience</b></p>	<p><b>Medical Officer – Government Ayurveda Dispensary, Kanjikuzhy, Idukki as per the order no:- E1 – 2111/19 ISM Idukki in GAD Kanjikuzhy from 06 August 2019 to 03 November 2019 (90 days)</b></p> <ul style="list-style-type: none"> <li>• OPD consultation</li> <li>• Overseeing Medicine dispensing and laboratory functioning</li> <li>• Conducted Awareness programmes/sessions - Session on Lifestyle Modification, Menstrual Hygiene, Importance of Periodical Health Check Ups, Importance of exercise etc</li> </ul> <p><b>Consultant Physician at Vilwa Ayurveda Chikitsa Kendram, Mulanthuruthy, Cochin (15 – September 2018 to 30-June-2019)</b></p> <ul style="list-style-type: none"> <li>• Managed OPD and IPD</li> <li>• Assisted in casualty management</li> <li>• Overseeing Medicine dispensing and laboratory functioning</li> </ul> <p><b>Consultant Physician at Haritha Kairali Panchakarma Centre, an outlet of Amrita Life Enterprises, North Edappally, Cochin (21 – January 2019 – 30-June-2019)</b></p> <ul style="list-style-type: none"> <li>• Managed OPD and IPD</li> <li>• Assisted in casualty management</li> <li>• Overseeing Medicine dispensing and laboratory functioning</li> </ul> <p><b>Insurance Medical Officer at Aster Medcity, Cheranallore, Cochin (3<sup>rd</sup> October 2016 to 20th July 2019)</b></p> <ul style="list-style-type: none"> <li>• Scrutiny and verification of Pre - Authorization Requests, Admission Case Notes, Pre approval for referrals for cashless/credit claim process.</li> <li>• Clinical correlation and verification of pre- authorization requests and referral approvals with discharge summary and corresponding medical documents of all Credit/Insurance patients.</li> <li>• Coordination with Clinical team for settlement of queries/arbitration</li> <li>• Scrutiny and verification of medical documents prior claim submission to Insurance/ECHS/ESI.</li> <li>• Assistance in operations of International/Domestic/Corporate Insurance and Government Scheme (ECHS, ESI, Karunya/RSBY etc)</li> <li>• Assisting in the Claim Settlement through arbitration and thus directly involved in the Revenue of the hospital from credits.</li> </ul> <p><b>Visiting Doctor at Diagnostic &amp; Medical camps organized by Dr TNSukumaran Memorial, Pazhoor Padippura, Piravom (2015, 2016, 2017)</b></p> <ul style="list-style-type: none"> <li>• Consultation</li> </ul>

	<ul style="list-style-type: none"> <li>● Performed OPD procedures in the camp</li> <li>● Conducted Awareness programmes/sessions - Session on Lifestyle Modification, Menstrual Hygiene, Importance of Periodical Health Check Ups, Importance of exercise etc</li> </ul> <p><b>Resident Medical Officer at Kollaseris Pharmacy and Nursing Home, Kayamkulam, Allapetty –Dist ( 01 – June 2015 to 30 – Sept 2016)</b></p> <ul style="list-style-type: none"> <li>● OPD consultation and IPD Management</li> <li>● Daily screening of Patients under the scheme of Karal Roga Mukthi Project, organized by Indian Systems of Medicines</li> <li>● Conducted and coordinated general awareness sessions and 1 week Yogasana sessions to school going children, patients, hospital staffs and Panchayath Members as a part of International Yoga Day, 2017 along with the Medical Officers</li> <li>● Overseeing physiotherapy and practice of yogasanas of in-patients with the help of Medical Officers</li> <li>● Overseeing Panchakarma therapies, laboratory functioning and medicine dispensing</li> </ul> <p><b>Trainee in Department of Shalakya Tantra at Amrita Ayurveda Medical College, Amritapuri, 2015 (1 month)</b></p> <p>OPD consultation and IPD management Monitored all Shalakya procedures(kriya kramas)</p> <ul style="list-style-type: none"> <li>● Overseeing Medicine dispensing, panchakarma therapies and laboratory functioning</li> </ul> <p><b>Internship at Amrita Ayurveda Medical College,2014-2015</b></p> <ul style="list-style-type: none"> <li>● Managed OPD and IPD of all specialty departments, on rotation basis</li> <li>● Assisted in casualty management</li> <li>● Assisted in medicine production unit, Amrita Life Enterprises</li> <li>● Weekly academic session for final year students on the topics in Comprehensive Ophthalmology (AK Khurana)</li> <li>● Active participant of all diagnostic camps conducted at Amritapuri Ashramam, on all sundays</li> <li>● Coordinator of all free medical/diagnostic/specialty camps organized by Amrita School of Ayurveda, Amrita Ayurveda Hospital and Amrita Ayurveda Research Centre</li> </ul>
<p><b>Significant Strengths</b></p>	<ul style="list-style-type: none"> <li>● Good Knowledge of Panchakarma, Shalakya Procedures and all the other procedures practiced in Kerala</li> <li>● Good knowledge in Ashtanga Yoga and Naturopathy especially for diseases.</li> <li>● Good understanding of modern diagnostic procedures and their interpretation</li> <li>● Fairly good knowledge of modern medicine practices under all specialties</li> <li>● Efficient in managing both OPD as well as IPD</li> <li>● Very good knowledge of medical documentation procedures and all aspects of credit/cashless claim processing</li> <li>● Fair Knowledge of NABH/JCI accreditation norms/procedures</li> <li>● Quick learner and a good team player</li> </ul>

	<ul style="list-style-type: none"> <li>• Good Liaison/communication, interpersonal and coordination skills</li> <li>• Good Patient Counselor</li> <li>• Good at organizing Medical camps and Awareness Programs.</li> </ul>
<b>Paper Presentations</b>	<ul style="list-style-type: none"> <li>• Adulteration of food products</li> <li>• Yoni Vyapat and Chikitsa</li> <li>• Mode of Action of Anthelmintics in Ayurveda</li> </ul>
<b>Professional Training</b>	<ul style="list-style-type: none"> <li>• Training on International Patient Safety Goals(IPSG), 2017 conducted at Aster Medcity, Cochin</li> <li>• International Conference on Integrative Ayurveda and Modern Medicine (Amrita Samyogam 2017) conducted at AIMS, Cochin</li> <li>• BLS (Basic Life Support) Training, 2016 at Aster Medcity</li> <li>• ASAP (Aster Soft-Skill Accreditation Program), 2016 at Aster Medcity</li> <li>• National Students Conclave (Shraddha 2015) held in Govt. Ayurveda College, Tripunithura</li> <li>• Continuing Medical Education Programme (Twak Rogangal 2015) held in Sasthra Sadas at Thottuva Sree Dhanvathiri Moorthy Temple,Koovappady, Perumbavoor, Ernakulam</li> <li>• National Ayurvedic Conference (Nithyayu 2015) held at SreeNithyanantha Yogasrama Uppala,Kasaragode,Kerala</li> <li>• National seminar on ayurvedic approach to the prevention and management of Neurodegenerative diseases(Prajnanam 2015) held at Amrita School of Ayurveda,Amritapuri</li> <li>• National seminar on Rasayana Therapy (Ayushyam 2012) held at Amrita School of Ayurveda, Amritapuri</li> <li>• National Seminar on Agada Tantra (Vasukeeyam 2012) held at Parassinikadavu Ayurveda Medical College Kannur</li> <li>• Seminar on traditional systems of Ayurveda, yoga and nature care (Amrita Samyoga 2010) held at Amrita School of Ayurveda, Amritapuri</li> <li>• Training and Workshop on Medicinal Plants. 2012, organized by State Horticulture Mission - Kerala &amp; Pharmacognosy Unit, Govt Ayurveda College, Thiruvananthapuram held at Govt Ayurveda College, Thiruvananthapuram</li> <li>• One Day Attachment Program (ODAP 2006) organized by C-SIS (Centre for Science in Society),CUSAT (Cochin University of Science and Technology)</li> </ul>
<b>Professional Memberships</b>	<b>AMAI (Ayurveda Medical Association of India)</b> Member since 2015
<b>Professional / Community</b>	<b>Awareness Campaign</b> Conducted various health and awareness campaigns in different schools in

<b>Service</b>	Alappuzha District for adolescent age group at the UG level  <b>Free Medical Camps</b> Year : 2014-2015 Title : Student Coordinator Organized by :Amrita School of Ayurveda and Ayurveda Hospital, Kollam Conducted 14 successful free medical/diagnostic/specialty camps at districts of Kollam, Pathanamthitta, Alappuzha  <b>ABCD (Amala Bharatam Cleaning Drive)</b> Year : 2009-2015 Title : Volunteer Organized by :India clean-up initiative of Mata Amritanandamayi Math
<b>Languages Known</b>	<b>Native Language:</b> Malayalam <b>Read and write</b> : English, Malayalam, Hindi, Sanskrit, Tamil <b>Speak Fluently</b> : English, Malayalam, Hindi
<b>Computer Skills</b>	MS Office / HIS / RIS and PACS
<b>Salary Drawn</b>	CTC = 38,475 per month
<b>References</b>	1. Dr.Vasudevan Namboothiri Principal,ASA,Amritapuri PH :+91-9447114490  2. Dr. James Chacko Deputy Medical Superintendent,ASA,Amritapuri PH:+91-9495191191  3 Mr Ram Head of Human Resource ASA,Amritapuri  4.Mr AV Krishnan Manager - Corporate Relations Baby Memorial Hospital, Calicut PH :+ 91- 9947138044

### Affirmation

I, Arathi P, hereby affirm that the information provided above is accurate and valid, to the best of my knowledge and belief and I hold myself responsible for the correctness of the content, mentioned herein.

Dr.Arathi P

Ernakulam  
13-01-2020

Registration No: TCMC-15491