

HIMA GANGADHARAN

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Kadathanadan House,
Athipally [Post],
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PROFESSIONAL QUALIFICATION

August 2009 : **Diploma in General Nursing**
Bharathi School of Nursing, Tumkur, Karnataka.
Registration Number : **137910** [Tamil Nadu Nurses and Midwives Council]

ACADEMIC QUALIFICATIONS

March 2005 : Higher Secondary [+2]
Government of Tamil Nadu.
March 2003 : SSLC [10th]
Government of Tamil Nadu.

PROFESSIONAL EXPERIENCE

10/02/2018 to 31/07/2019 : **GTMO Hospital**, Gudalur, The Nilgiris, Tamil Nadu.
23/01/2017 to 28/12/2017 : **Al Hammadi Hospital**, Riyadh, Saudi Arabia.
01/04/2016 to 01/09/2016 : **Government Hospital**, Gudalur, The Nilgiris, Tamil Nadu.
12/02/2014 to 29/02/2016 : **Government Hospital**, Gudalur, The Nilgiris, Tamil Nadu.
05/03/2011 to 30/11/2013 : **GTMO Hospital & Scanning Center**, Gudalur, The Nilgiris, Tamil Nadu.
16/01/2010 to 10/12/2010 : **Suyash Hospital**, Raipur, Chhattisgarh.

JOB DESCRIPTION

- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns.
- Managed elements of patient care, from admission to discharge or transfer to other units, using nursing expertise to conduct assessments, administer medications, initiate nursing and emergency interventions, contribute to care plan development and educate patients.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Precepted student nurses and oriented new hires, providing guidance and mentorship when teaching on hospital policies, emergency procedures and nursing best practices.
- Formulated plans for nursing measures to restore, maintain and promote patients' physical and mental health.
- Directed patient care by initiating and following through with plan of care, continuing care and discharge instructions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.

JOB DESCRIPTION - NICU

- Managed all phases of the critical care cycle in a 20 bed NICU.
- Held responsibility as a charge nurse, as well as a preceptor for new grad nurses' education.
- Provided complex care including HFO/NO/PICC/UAC/UVC, promoted developmental care and kangaroo care.
- Administered and assessed feeding orally and through NG/OG tubes.
- Administered medications orally and IV and monitored fluid intake and output.
- Maintained medical records using the Problem Oriented System.
- Provides the education and demonstration to families regarding infant's health care and precaution.

PROFESSIONAL SUMMARY

Skilled nursing professional with more than 11 years of experience and passion for providing highest quality of behavioral and medical care. Compassionate and empathetic advocate for patients and families. Skillfully assess health status, develop diagnoses and manage care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities.

PROFESSIONAL SKILLS

- Intake and discharge
- Patient Education
- Intravenous therapy
- Tracheostomy care
- Strong clinical judgment
- Receiving patients who need critical nursing care.
- Initiate CPR during cardiopulmonary arrest.
- Collect blood sample for necessary investigations.
- Insertion of foleys catheter and nasogastric tube.
- Preparing patients for surgery and sending patients to Operating Room.
- Discharge care and follow up instructions.
- Proficient in English, Hindi, Malayalam, Tamil and Kannada.

PERSONAL DETAILS

Father's Name : Gangadharan K
Date of Birth : 19-10-1987
Gender : Female
Marital Status : Married
Passport Number : **L 4829722**
Place of Issue : Kozhikode
Date of Issue : 28/11/2013
Date of Expiry : 27/11/2023

DECLARATION

I hereby declare that the above mentioned informations are correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

I hope the above mentioned particulars are in line of your requirements and an opportunity would be provided to prove my worth.

Place : GUDALUR, TAMIL NADU

Date : 12-01-2020


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