

Curriculum Vitae



JENCY CHARLS

(Post BSC Nursing Holder)

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Objective

I am able to work in the hospital that provides excellent working condition which will enable me to put into practice my skills of servicing and caring patients in emergency or other situations without prejudice and also be able to update myself with latest developments in the field of Medical.

Personal Skills

Self-motivated professional with commitment to provide quality nursing care with strong organizational and communication skills.

Professional Education & Carrier Summary

- Post B.sc Nursing - Rajiv Gandhi University of Health Sciences, Bangalore (2014 - 2016).
- Diploma in General Nursing & Midwifery with the internship (2007 - 2011).
- Two & Half Years' experience as a Bsc Staff nurse.
- Maternity leave on 2013 to 2014

Registration Details:-

- Post B.sc Registration No.: - RR KRL 2018 15112 KAR & issued on November-30th 2018.
- KNC Registration No.: - 75767, renewed on 21st December 2017 valid up to 20th December 2022.

Professional Experience in India

I. Devamatha Hospital, Koratty - Thrissur

Position Held : - Staff Nurse (Bsc).
Department : - Medical & Surgical Ward.
Bed Capacity : - 150
Period of Employment : - April 5th 2018 to February 24th 2019.

II. LOTUS Hospital, Bangalore-102

Position Held : - Staff Nurse (Bsc).
Department : - Medical & Surgical Ward.
Bed Capacity : - 100
Period of Employment : - November 20th 2016 to March 25th 2018.

III. SUN Medical & Research Centre, Thrissur

Position Held : - Staff Nurse (Gnm).
Department : - Medical & Surgical Ward.
Bed Capacity : - 175
Period of Employment : - April 21st- 2012 to October -2013.

IV. Vimala Hospital - Kanjoor, Kalady - Ernakulam

Position Held : - Staff Nurse (Gnm).
Department : - General Medicine.
Bed Capacity : - 175
Period of Employment : - May 4th - 2011 to April 20th - 2012.

Job Responsibilities: -

- Receiving patient, emergency nursing care and first aid
- Maintain the relationship with patient & their relatives, colleagues & higher authorities
- O² administration
- Insertion of IV Lines
- Administration of medicines and calculation of its dosage
- Collection of blood samples for investigations

Routine Functions: -

- Giving and taking over of patients, equipment's and drugs
- Admission and Discharge of patients
- Obtaining History
- Physical examination includes – neurological assessment, Respiratory system assessment, Cardio Vascular assessment, Gastro intestinal system assessment, Dermatological assessment
- Planning and implementing nursing care
- Checking vital signs
- Cardiac Monitoring

- Bed Making, baby bath, care of nails and hair
- Nasogastric Feeding, Nebulization
- Assisting doctor's rounds
- Care of IV lines central lines
- Collection of specimen
- Assisting cardio pulmonary resuscitation
- Care of Endotracheal tube and suctioning
- Changing position
- Maintain ward cleanliness
- Postural drainage, wound dressing, blood sugar & urine sugar monitoring
- Maintain intake and output chart
- Death Care

Functional Responsibilities:-

- Patients and family teaching
- Checking medications
- Maintain drug stock
- Checking of emergency crash cart
- Prevent cross infection and follow aseptic technique
- Maintain records and reports
- Supervising and managing wards
- Ensure well balanced diet for children and adults
- Preventing bed sore
- Participating staff training program
- Maintain ward cleanliness

Nursing Skills and Procedure's: -

- Admission of patients and orientation of units
- Preparation of patient for surgery
- Monitoring vital signs, ECG, Arterial BP and venous pressure, PA pressure
- Peripheral saturation assessment ABG values
- Care of ventilator patients
- Receiving the patient from OT and setting in ICU
- Catheter care
- Meeting cardiac emergencies

- Administration of drugs like wound dressing, care of ICD's, suture removal, ICD tube
- Peripheral line insertion
- Rhyle's tube insertion and feeding
- ECG monitoring
- Setting emergency tray and management of emergency conditions
- Intake/Output and vital signs monitoring
- Hygienic care

Equipment Familiar with:-

- ✓ Cardiac Monitor
- ✓ Defibrillators
- ✓ Pulse Oxy-meter
- ✓ ECG Machine
- ✓ Syringe Pump

- ✓ Oxygen Administrator
- ✓ Suction Apparatus
- ✓ BP Apparatus
- ✓ Thermo-meter
- ✓ Ultrasonic Nebulizer Machine
- ✓ Steam Inhaler
- ✓ Glucometer
- ✓ Laryngoscope
- ✓ Amb-Bag

PRELIMINARY EDUCATIONAL QUALIFICATION		
Course	Institution/University	Year
SSLC	LFCGHS Koratty	2005
Plus Two	Govt. of Kerala Board of Higher Secondary Examination (Science Group)	2007

PROFESSIONAL QUALIFICATION				
Course	Institution	Duration	Subjects	Percentage of Marks
Post B.sc Nursing	Rajiv Gandhi University of Health Sciences, Bangalore (KNC & INC Delhi)	1st Year (2014 - 2015)	<ul style="list-style-type: none"> ▪ Nursing Foundation ▪ Nutrition & Dietetics ▪ Biochemistry & Biophysics ▪ Psychology ▪ Microbiology ▪ Maternal Nursing ▪ Child Health Nursing ▪ Med. & Surg. Nursing 	65 %
		2nd Year (2015 - 2016)	<ul style="list-style-type: none"> ▪ Sociology ▪ Community Health Nursing ▪ Mental Health Nursing ▪ Intro to Nursing Education ▪ Intro to Nursing Admin. 	69 %

Diploma in General Nursing and Midwifery	Vimala School of Nursing, Kanjoor	3½ Years	1 st Year	<ul style="list-style-type: none"> ▪ Anatomy & Physiology ▪ Psychology & Sociology ▪ Community Health Nursing ▪ Fundamentals of Nursing ▪ Computer Application 	69.8 %
			2 nd Year	<ul style="list-style-type: none"> ▪ Medical Surgical Nursing ▪ Mental Health & Psychiatric Nursing 	68.8 %
			3 rd Year	<ul style="list-style-type: none"> ▪ Midwifery & Gynecology ▪ Pediatric Nursing ▪ Community Health Nursing 	70.8 %
			4 th Year – Internship Six months	<ul style="list-style-type: none"> ▪ Education Methods ▪ Media for teaching in practice of Nursing ▪ Research in Nursing ▪ Professional trends & adjustment ▪ Administration & ward management ▪ Health Economics ▪ Communicative English 	78.6 %
Grant Total					71.2 % (1st Class)
PERSONAL DETAILS					
<ul style="list-style-type: none"> • Name: - Jefcy Charls • Date of Birth: - 11/03/1990 • Nationality: - Indian • Religion & Caste: - Christian, Roman Catholic • Marital Status: - Married • Spouse's name: - Charls E.C. • Father's name: - Francis E.V. • Passport No: - L1390843 • Place of Issue: - Cochin, Kerala • Language Known: - English, Hindi, Malayalam, Tamil 					

Declaration

I hereby declare that the above statement and details are true and correct to the best of my knowledge.

Jefcy Charls
Date: - 14.01.2020

Edassery (House)
W/o Charls E.C.
West Koratty,
Thrissur,
Kerala, India.