CURRICULUM VITAE

**ELZABETH JISHA P A**   
THETTALIKKAL HOUSE  
VADUTHALA POST OFFICECOCHIN-23  
KERALA; INDIA.  
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**CAREER OBJECTIVE**  
 A career developing position in a good organization and work in a performance oriented environment where progression is directly resulted to the results and learning is never ending. I have accumulated knowledge and understanding of organizational environment. I take the job with a great sense of responsibility, enjoy the challenges of new situations and expect to make positive contribution and prove myself as an asset to the organization.

**Personal Profile**

Name : **Mrs. Elzabeth Jisha P A**

Date of Birth : 22-10-1984

Age : 35 years

Sex : Female

Religion : Christian, Latin catholic

Marital Status : Married

Husband’s Name : Mr. Antony T A

Father’s Name : Mr. Antony P G

Nationality : Indian

Language known : English, Malayalam

**Passport Details**

Passport No : L 6109852

Place of Issue : Cochin

Date of Issue : 07 – 11 – 2013

Date of Expiry : 06 – 11 – 2023

**PERSONAL STRENGTHS**:  
- Good Understanding ability.  
- Quick learner.  
- Hard working.  
- Result Oriented.  
- Can handle large volume of work with patience and commitment.

**MANAGERIAL SKILLS**:  
- Strong communication and interpersonal skills.  
- Ability to work independently as well as in Team Environment.  
- Ability to tackle new challenges.  
- Strong leadership Qualities.

**HOBBIES**:  
- Reading  
- Gardening  
 - Listening music

**Professional Qualification**

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| --- | --- | --- | --- | --- |
| Qualification | Institution | Board / University | Year | % Of marks |
| Diploma in General Nursing & Midwifery | School of Nursing , Lourdes Hospital,  Kochi, Ernakulam, Kerala, India | Kerala Nurses & Midwives Council | 2003 – 2006 | 70% |
| Reg. No. 50181 |
| Master Diploma in Nursing Administration | Lourdes College of Paramedical Science | Central Board of Examination | 2011 – 2012 | 83% |
| Reg.No.CPO/271052 |

**Academic Qualification**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Qualification | Institution | Board / University | Year | % Of marks |
| S.S.L.C. | St. Francis Assissi H.S.S. Arthunkal | Board of Public Examinations, Kerala State, India | 2000 | 62% |
| Plus Two | St. Francis Assissi H.S.S Arthunkal | Board of Higher Secondary Examination,  Kerala State, india | 2002 | 59% |

**Experience Details**

|  |  |  |  |
| --- | --- | --- | --- |
| Period | Designation & Institution | Capacity of Hospital | Area of work |
| 22-04-2016 To till date | Staff Nurse Lourdes Hospital  Kochi , Ernakulam (Dt.), Kerala – 682012 | 650 | Labour Room Complex & Labour Room O .T |
| 01 – 02 – 2013  To  23-12-2014 | Head Nurse  Lourdes Hospital  Kochi ,Ernakulam(Dt.), Kerala – 682012 | 650 | Labour Room Complex & Labour Room O .T |
| 20 – 08 – 2011  To  31-01-2013 | Staff Nurse  Lourdes Hospital  Kochi ,Ernakulam(Dt.), Kerala – 682012 | 650 | Obstetrics and Gynecology ward |
| 29-04-2008  to  29-04-2010 | Staff Nurse  Ministry of Health  Republic of Maldives | In various Hospitals and PHC | Labour Room & Maternity ward |
| 01 – 04 – 2006  to  10 – 04 – 2008 | Staff nurse  Lourdes Hospital  Kochi ,Ernakulam(Dt.), Kerala – 682012 | 650 | Labour Room Complex & Labour Room O .T |

**TRAINING PROGRAM’S ATTENDED**

* Advanced Cardiovascular Life Support (ACLS) program
* Basic life Support (CPR and AED) program
* Neonatal Resuscitation program

**CERTIFICATE’S OF PARTICIPATION**

* Therapeutic communication
* Reflective practices
* Safe infusion therapy
* Nursing Process
* Rational use of blood and blood products
* **Continuing nursing education programmes are**

- 19 credit hours on Safe practices in Infection Control

- 12 credit hours on application of nursing process

-20 credit hours on Health Assessment, Watch, Feel and Hear Your Patients.

**JOB RESPONSIBILITY**

* Patients care from the time of admission till discharge according to the patient’s condition.
* Monitoring vital parameters and intake-output.
* Well versed in physical examination, IV Cannulation, Urinary Catheterization, Nasogastric insertion,Blood and Blood product transfusion, Bowel washing, Vaginal douch,Per vaginal examination.
* newborn assessment, care and handling of newborn
* Assessing the physical and psychological needs of the patients
* Assisting with Resuscitate Measures for adult and neonates
* Assisting Major & Minor surgeries like L.S.C.S,Utrine Surgeries like Abdominal Hystrectomy,

Vaginal Hystrectomy, Laparotomy, Laparoscopic surgeries, Dilatation & curitage, Polypectomy , etc

* Provide Pre Operative ; intra Operative and Post Operative care to the patients.
* Conducting Deliveries, Assisting Vacuum Extraction & Forceps Deliveries
* Managing first,second and third stages of labour and post partum haemorrhage and its care.
* Managing Critical Gynecological conditions like Placenta previa, Abruptio placenta,

Premature pain, Patients with premature rupture of membrene, preterm labour, Gestational diabetic mellitus, Pregnancy indused hypertension, Pre-eclamsia, Eclamsia and HELLP Syndrome

* Can interpret fetal doppler ,C.T.G monitoring,Multipara, Pulse oximeter readings,glucometer,Urine analysis
* Preparation and administration of drug
* Maintain Hygienic needs of the patients
* Rehabilitation of the patients
* Record keeping, maintaining unit intend, educating the patient
* Provide psychological support and diversional therapy
* Maintaining inter personal relationships with the patients and relatives.

**TYPE OF EQUIPMENTS HANDLED**

* Delivery sets,Forceps & vacuum Extractors
* All types of Gynecological operative instraments.
* Multi para
* Pulse Oximeter
* C.T.G Monitor
* Foetal Doppler
* Infusion pump
* ECG machine and Monitor with electrodes
* Defibrillator
* Ventilator
* Anesthesia Machine
* Suction machine
* Nelson’s Inhaler
* Nebulizer
* Glucometer
* Laryngoscope
* Oxygen Concentrator
* Ophthalmoscope
* Tuning fork and measuring tape
* Essential Drugs and support.

**REFERENCES**

1. Sr.Sarita Philip

Nursing Superintendent,

Lourdes Hospital

Kochi, Kerala, India.682012

2. Dr. Praveena Elizabeth joseph

HOD, Obstetrics & Gynaecology Department

Lourdes Hospital

Cochin-12

Kerala, India

Ph: 0484 – 41234563.

1. Fr.Shaiju Thoppil

Director of Lourdes Hospital

Lourdes Hospital

Kochi, Kerala, India.682012

**DECLARATION**

I hereby declare that the above given information are true to the best of my knowledge and belief and can be supported with relevant documents when needed.

Place: VADUTHALA ELZABETH JISHA P A

Date :