

Sujatha C

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Career Objective

Face new challenges and take part in new ventures where knowledge, skill and environment together can contribute better service. Fully utilize my abilities and potentials in achieving the hospital objectives.

Academic Qualification

| Year | Name of Course | Name of the Institution | Board and University | % of marks obtained |
|------|-------------------------------|-------------------------------------------------------------|--------------------------------------------------|---------------------|
| 2008 | SSLC | Model Residential School, Idukki | Board of Public Examination, Kerala | 65 |
| 2010 | Plus 2 | SNDP, Adimali | Department of Higher Secondary Education, Kerala | 60 |
| 2014 | General Nursing and Midwifery | Sanjoe School of Nursing, Sreenivasapura, Mandya, Karnataka | Kerala Nurses and Midwives Council | 70 |

Work Experience

- St. Joseph's Hospital, Dharmagiri, Kotamangalam: July 2017 – August 2019. Registered staff in Medical Ward.
- Sanjo Hospital, Srinivasapura, Mandya, Karnataka: September 2014 – March 2017. Staff nurse in Surgical ward and SICU.

Professional Qualification

- GNM Nursing Diploma (3.5 years) in Sanjoe Hospital, Mandya, Karnataka
- Capacity of hospital – above 150 bedded
- Type of ward – Surgical ward

Clinical exposure during the course

- Medical ward
- Medical ICU
- Surgical ward and SICU
- Causality
- Gynacobstetrics
- Paediatrics
- ENT
- OPD
- Operation Theatre
- Labour room
- Urology
- Orthopaedic
- Cardiology
- PICO
- NICO
- Dental

Procedures Assisted

- Intubation
- Cardio pulmonary resuscitation
- Bone marrow aspiration
- Lumbar puncture
- Surgeries

Procedures Known

- IV canulation
- NG tube insertion
- Emergency resuscitation
- Suctioning oral, nasal, ET tube
- Foley's catheterization
- Care of unconscious patients
 - Maintenance of personal hygiene
 - Mouth care
 - Back care
 - Cathedral care
 - Eye care
 - Sponge bath
- Taking and recording vital signs
- ECG monitoring
- Oxygen administration
- Dressing
- Nasogastric feeding
- Gastric lavage
- Blood sugar monitoring
- Care of equipment

- Administrating medication and intravenous fluids
- Oral medication
- Blood transfusion
- Dead body packing
- Bladder washing
- Maintaining records and reports

Equipment used

- Monitors
- Cardiac monitors
- Ventilator
- Defibrillator
- Pulse oxymeter
- Suction apparatus
- Infusion pump
- Spigmo manometer
- Thermometer
- Oxygen cylinder
- Nebulizer
- Stethoscope
- Glucometer
- Weighing scale
- Fluid infusion set
- Ambu bag

Skills and Achievements

- Communicating with doctors, patients, other departments and co-workers about patient care, locating and sharing resources and organising of patient care.
- Specialist equipment includes: anaesthetic machine, intubation equipment, patient care record on computer, handling surgical/anaesthetic instruments, medications.
- Promoted health care for both patients and their families, dissemination of information to support groups.
- Developed knowledge, skills and expertise in nursing the critically ill.
- Experienced in musculoskeletal injuries and pain management.
- Expert in moving and handling.
- Trained junior Nursing Students.
- Diabetic care experience: planning, implementing and evaluating care whilst utilising. Available resources such as the diabetes specialist nurse.

Duties and Responsibilities

- Admit and discharge patients
- Maintain personal hygiene and comfort of patient
- Provide psychological support

- Attended the nutritional needs of the patient
- Daily living activities
- Maintain clean and safe environment
- Co-ordination patient care with various health team members following doctors rounds
- Administration of medication
- Assisting doctors in various medical procedure
- Recording vital science
- Help doctors in diagnosis and treatment
- Maintain intake and output charge
- Observe change in patients and report to the concerned authority
- Attending critically ill patients
- Rehabilitation

Ward management

- Handover and takeover the patient and ward equipment and supply
- Keep the ward neat and tidy
- Maintain safety of the ward equipment
- Prepare and check the ward supply
- Assist in ward superior in ward management

Personal details

Father's name – Chandran K

Date of birth – 25.04.1993

Gender - Female

Marital Status – Married

Religion – Hindu

Nationality – Indian

Languages known – English, Malayalam, Kannada

I hereby declare that all the particulars given above are true and correct to the best of my knowledge

Place: Tripunithura

Date: 08-11-2019

SUJATHA C