**CURRICULUM VITAE**

**

**Ms. Parvathy T Mohnandas**

 **Thaivalappil House**

 **Puthur Road**

 **Near Amose Corner**

 **Kuriachira P O**

 **Thrissur-680006**

 **Kerala**

**EMAIL**

**Parvathytmohandas1995@gmail.com**

**PHONE**

**8075640049**

**9656259545**

**PERSONAL DETAILS**

**FATHER’S NAME**

**T.A.Mohandas(late)**

**MOTHER’S NAME**

**Ruby K.V**

**DATE OF BIRTH**

**03.05.1995**

**PLACE OF BIRTH**

**Thrissur**

**GENDER**

**Female**

**NATIONALITY**

**Indian**

**MARITAL STATUS**

**Single**

**LANGUAGES KNOWN**

**English, Malayalam, Tamil &Hindi**

**RELIGION & CASTE**

**Hindu,Ezhava**

****

**Carrier Objective**

Dedicated, reliable, skilled, ethical health care worker with ability to stay calm and intervene during crisis, facilitate groups and educational seminars, and collaborate on multidisciplinary terms looking staff nurse position in a reputed health care provider.

**Education**

**Secondary level**

S.S.L.C. Board : Kerala Board of Public Examination

Institution : St Sebastian’s C G H S Nellikkunnu

Year of Passing : March 2011 with 75%

**Higher Secondary Level**

Plus Two : Science

 Board of Higher Secondary

 Examination, Govt. of Kerala

Institution : St. Paul’s Convent English Higher

 Secondary School Kuriyachira

 Year of Passing : March 2013 with 81%

**Graduation Level Bachelor of Science in Nursing**

Institution : Jubilee Mission College of Nursing

University : Kerala University Of Health Science

Period of Study : 2013-2017

Duration of Course : 4 Years

Year of Completion : Aug 2017

**Marks Obtained**

|  |  |  |
| --- | --- | --- |
|  | Marks obtained | Division |
| First year | 58.3 % | Second |
| Second year | 61.14 % | First |
| Third year | 65.4% | First |
| Fourth year | 61% | First |

* **BLS & ACLS PROVIDER(Additional Qualification)**

**Experience**

**1.3 Years Experience as Staff Nurse in Lilavati Hospital and Research Institute in Mumbai (Medical I C U).**

**Equipments Handled**

 Syringe Pump, Nebulizer, Pulse Oxymeter, Suction Apparatus, Glucometer, Sphygmomanometer, Stethoscope, Thermometer, Cardiac Monitor, Steam Inhaler, Body Warmer, Microscope , Fetoscope , Weighing Machine, Oxygen Cylinder, CTG, FHS , Infusion Pump .Assist During Pre And Postnatal Care, And Normal Delivery.

**Clinical Experience During The course**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| SL NO | YEAR | NAME OF INSTITUTION | AREA  | DURATION |
| 1 | 1st | Jubilee Mission Medical College Thrissur | All Wards Including CSSD Lab And Radiology | 4 Months |
| 2 | 2nd  | 1. Jubilee Mission Medical College Thrissur2. CHC Vellanikara, Thrissur   3. Various PHC | Medical and Surgical Ward, Various ICU Casualty, Operation Theatre, Specialty Ward, Pathology Lab & Blood Bank | 6 Months1 Month |
| 3 | 3rd  | 1.Jubilee Mission Medical College Thrissur2.Amala Medical College Thrissur3. Jubilee Mission Medical College Thrissur | Medical and Surgical ICU, Dialysis ,Burns, Casualty, Medical and Surgical WardPediatric ICU , Neonatal ICU, Pediatric Surgical ICU, Cleft Lip and Palate Ward, Pediatric Medicine WardPsychiatric Ward & Rehabilitation Centre Oncology Ward& ChemotherapyResearch :A study to assess knowledge and practice of primary care giver regarding the care of Neonates undergoing phototherapy at JMMC& RI | 4 Months2 Months2 Months2 Weeks |
| 4 | 4th  | 1.Jubilee Mission Medical College Thrissur2.Urban & Rural Community Posting3. Jubilee Mission Medical College Thrissur | Obstetrics and Gynecological Ward, Operation Theatre , Labour Room, NICUCHC ,PHC & Home VisitManagement and Administration of 1st Year,2nd Year & 3rd Year Students | 5 Months2 Months1 Month |

**Workshop Attended**

* Neglected Areas In Nursing
* Caring For Mothers and newborns :A midwife’s Role

**Strengths**

* Highly achievement oriented with an ability to develop effective strategies.
* Strong leadership skills with an ability to build, develop and result oriented teams.
* Confidence and hardworking
* Punctuality and positive attitude
* Optimistic

**Duties and responsibilities**

* Total nursing care based on Nursing Process approach.
* Preparation of the unit
* Admission and discharge
* Comprehensive nursing care
* Receiving and assessing patient from the ward.
* Follow infection control policy.
* Maintenance of good nurse- patient relationship.
* Assess the physical and neurological condition of the patient.
* Check the vitals of the patient every hourly along with the date and time.
* Providing psychological support to minimize patients anxiety.
* Maintenance of input output chart.
* Collection of specimens.
* Management of intravenous fluids and inotrops
* administration of medication in time IM/IV/SIC, sublingual.
* management of medical and surgical emergencies.
* Hot and cold application.
* Care of patients with pre and post operative periods.
* Preparation and administration of medications and injections.
* Maintenance of reports and records.
* Personal hygiene, Nail Care and hair care Bowel and bladder care.
* Care of pressure sore.
* Maintenance of physical, Social, psychological, spiritual and rehabilitative needs of the patients.

**Inservice education**

Management of I V Fluids and Medication Administration

 Management of Pressure Ulcer

**Reference**

1. Rasna Simon

Assist Professor

Jubilee Mission College of Nursing,Thrissur

Mob:9605212252

1. Rinkei D’zousa

Nursing Officer

Lilavati Hospital and Research Institute,Mumbai

Mob:9892059293

**Declaration**

I hereby declare that the above furnished details are true to the best of my knowledge and belief. I assure that I will discharge my duties to the best satisfaction of my superiors.

Place: Thrissur

Date:

**PARVATHY T MOHANDAS**