SUSMITHA SUNNY

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Objective

Seeking a challenging career in the field of clinical psychology to desire optimally utilize my practical knowledge, proffesion learning and personal skills in sychronization with organization's goals and culture to achieve the desired outcome.

Personal Details

Date of Birth : 04/03/1995

Marital Status: Single
Nationality: Indian

Skype ID : live:.cid.78111468d1a31fd3

Experience

18/08/2018 - Pebbles prayatna, Centre for child development, Cochin, kerala

18/08/2019 Psychologist

Consulted both children and adult cases. Did behavioral management, conducting psychological testing/assessments, cognitive enhancement, social skill training,

counseling among children and adults.

Education

2016-2018 Christ College (Autonomous), Irinjalakuda

Msc. Clinical psychology

B Grade

2013-2016 Vimala College, Thrissur

BA Sociology A Grade

Skills

Rapport Building

Paper presentation

Problem Solving

Public speaking

Counseling

Microsoft Office

Achievements & Awards

Fourth rank in Msc Clinical Psychology

Best student in Sociology at Vimala college, Thrissur

Distinction in the examination conducted by centre for development of imaging technology (C-DIT) (Under Government of Kerala)

Language

English

Malayalam

Interests

Social activities

Gereatric settings

Counseling and Psychotherapy

Reference

Sumathi P Manei - "Pebbles Prayatna, Center for child development, Cochin"

Manager

managerprayatna@gmail.com

+91-9544678660

Dr. Joseph Sunny - "Mental health centre, Thrissur"

Occupational therapist

+91-9600005002

Dr. Biji. V - "Mental health centre, Thrissur"

Clinical psychologist

+91-9847704395

Presented Papers

Presented paper in the UGC sponsored National Seminar on "Drug and it's effects on Adolescents" at MES college, Aluva, Ernakulam.

Presented a paper in the National Seminar on "Role of Panchayath towards drug" at Loyola College, Trivandrum, Kerala

Internship

Clinical Exposure for 3 months at Government Mental Health Centre, Thrissur, Kerala

Seminars And Workshops

Attended the seminar cum workshop on "Dignity in Mental-psychological and mental health" at Sacred heart hospital, Pullur, Thrissur, Kerala

Attended Workshop on "Cognitive Behavior Therapy" at Christ college (Autonomous), Irinjalakuda

Participated state level seminar on "Assessment and management of intellectual, learning and developmental disabilities" at Union Christian College, Aluva

Participated a National Seminar on "Know your nature" at Christ College (Autonomous), Irinjalakuda, Thrissur.

Participated and successfully completed the Leadership training (RYLA) conducted by the Rotary Club, Thrissur.

Classes Conducted

Conducted a class on " Motivation and soft skill development" at BVM High school, Kallettumkara under block resource center, Mala, Thrissur, Kerala.

Projects

"Effect of music therapy with psycho social support on mental state among female psychiatric in-patients".

"Extravagance of marriage".

Declaration

I hereby declare that the above furnished are correct and true to the best of my knowledge and belief.