

Curriculum Vitae



Personal details

Name	Sanoop Kumar Sherin Sabu
Date of Birth	24 th July 1995
Address	Karavattaekuzhivelil H, Vembilly PO, Pallikara, Ernakulam , Kerala, India PIN- 683565
Contact Number	+91- 9847811159 (per) , +91- 8078849593
Mail id	sanoopkumarsherinsabu2007@gmail.com
Hobby	<ul style="list-style-type: none">• Painting• Farming

Educational qualification -

Education	University/ board	Institution	Mark / Percentage	Year of pass out
MBBS	Kerala University of Health Science (KUHS)	Malankara Orthodox Syrian Church Medical College, Kolenchery	74.4% (aggregate)	2013-2018
12 th standard	CBSE	Vijayagiri Public School , Ashtamichira, chalakudy, Thrissur	95.7%	2013
10 th	CBSE	St. Peters Senior Secondary School, Kadayiruppu	Full A+	2011

TCMC Registration No.- 71223

Additional Education Qualification

Short Term Studentship (STS) program in **Research fellowship** granted by **Indian Council of Medical Research (ICMR)**, Govt. of India

Expertise/ Experience

1. Clinical practice
 - Emergency medicine duties in primary and secondary care hospitals
 - Observation ship in Department of paediatrics Sanjoe Hospital , Perumbavore with Dr. MR Nair (senior paediatrician and former IAP Secretary)
2. Medical Research
3. Palliative care- volunteered in home visits and palliative care with Govt. Hospital Kumarapuram and Kadayiruppu during the period 2014 to 2017
4. Internship in MOSC Medical College, Kolenchery during the period 2018-19

Trainings Programs Underwent

Sr. No	Program	Organiser	Place
1	BLS- ACLS training programme	AHA(American Heart Association)- 2018	MOSC Medical College, Kolenchery
2	Basic Surgical Skills training program organised	Ethicon surgical- 2016	SMV Medical College, Pondicherry
3	Medical Research Methodology Training Program	Cognitio -2016	CMC Vellore
4	Palliative Care Volunteer trainers training program	Dr. MR Rajagopalan,(Father of Palliative Medicine of India) - 2015	TIPS (Trivandrum Institute of Palliative Science)
5	Shiloh, Christian Medical Mission Training Program	CMC Vellore – 2017	CMC Vellore

Major Awards and achievements

1	Rashtrapati puraskar for Scout (Award from Hon. President of India)	2011
2	ICMR STS 2016 Award (Indian Council of Medical Research)- for research on the topic Extra pulmonary Tuberculosis	ICMR STS 2015 Award
3	Award for 3rd Best NSS unit in the state	2015-17
4	oral Paper presentation at Research day of MOSC Medical College, Kolenchery on 2017	1st prize

5	Research Poster presentation at Research day of MOSC medical College, kolenchery on 2018	1st prize
Quiz competition		
4	Psychiatry quiz on “ World mental health day” conducted by IAPSM (Indian Association of Preventive and Social Medicine) on 7 th April 2017, at MOSC Medical College, Kolenchery	1st prize
5	All Kerala Medical Quiz on “60 Seconds to Diagnose” organised at Government Medical College, Kottayam in 2017.	2nd prize
6	South Indian Medical Quiz organised at Dr.Somervell Medical College, Trivandrum	4th prize
7	All Kerala Neurology Quiz conducted by KAN (Kerala Association of Neurologists) at Jubilee Medical college, Thrissur. 2017	Bronze Award

Publications

Sr. No	Title	Journal details
1.	Changing trends in incidence and clinical spectrum of extra-pulmonary tuberculosis: a 10-year retrospective study in a rural teaching hospital in South India <i>1st author- Sanoop Kumar Sherin Sabu</i> <i>Co authors- Vergis Paul, Deepu J. E. Mathew, T. M. Jacob, Celine T. M.</i>	International Surgery Journal ISJ/vol 6, No. 1(2019)
2.	The Effect of Body Weight on Peak Expiratory Flow Rate (PEFR) in Adolescent School Children from a Rural Area in South India <i>Navia Isaac, Sanoop Kumar Sherin Sabu, Dr. M.C. Mathew, Dr. Anna Mathew & Dr. John Thomas</i>	Social innovations journal 119-issue-50 13 AUGUST 2018

Responsibilities undertaken

Sr. No	Responsibility
1.	Volunteer Secretary of National Service Scheme , MOSC Medical College, during 2016-2017 with extended role in late 2015
	Won the award for best NSS Unit of the state among all the medical colleges.
2.	Student secretary of ENCON Club (environmental protection and energy conservation) , during 2016-2017
3.	Blood donors forum in charge during 2014-2016

Represented as resource person

Sr. No	Events	Details
1.	Worked with Rajagiri Hospital out Reach in Suchithwa Haritha Malsaram / Bodhana Yojana, with Fr. (Dr.) George Pittapilli , for environment protection.	January 9, 2018
2.	Say NO to plastic- 2018	St. Pauls Higher Secondary school, kolenchery
3.	Teachers training on the topic- Common Illness among school going children.	St. Peters Senior Secondary School, Kadayirippu- 25th may 2017
4.	Diabetes Awareness program	Kumarapuram PHC, on 2014, November 14
5.	Diabetes Awareness program	Gandhi Nagar colony, on 2014, November 20
6.	AIDS Awareness program	St. Peters BE.d College, Kolenchery. 2015

Initiatives done/ events organised (during 2013-2018)

Sr. No	Activity
1.	Chief organizer of JCI Thodupuzha Grand medical Camp – Saukhya-2016 in Tribal Colony of Poomala.
2.	Surveyed and adopted rural colony in veettoor. Conducted regular monthly medical camps during the period of 2015-2018
3.	Organised monthly Mega Medical Camps from period of January 2015 to August 2017
4.	Organised weekly mini medical Camps in rural villages of Aikaranadu village, Kunnathunadu panchayath, Mazhuvannor panchayath.
5.	Organised Eye donation (Manninenthinu Kannu) awareness programs in various educational institutions and residential associations
6.	Organised Anti-addiction Campaign in educational institutions
7.	Headed AIDS Prevention-weeks events of 2016 in MOSC Medical College and the event won national recognition, with Community medicine department of MOSC Medical college, kolenchery.
8.	Initiated the project of “ Nakshatra vanam” (Star garden) in MOSC Medical College, during 2017.

I do hereby declare that, all the above said information is true to the best of my knowledge.

Dr. Sanoop Kumar Sherin Sabu

30th October 2019