

KAVYA M

Age: 22

Date of birth: 23-05-1997

Kilachaparambath,

Odakkad, P.O Pathiriyad, Via Pinarayi

Kannur (dist), Pin: 670741

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CAREER OBJECTIVE

To succeed in an environment of growth and excellence and earn a job which provides me job satisfaction, self development, a platform that helps me to improve my knowledge and achieve my personal goals.

ACADEMIC QUALIFICATION

DEGREE	NAME OF INSTITUTION	UNIVERSITY / BOARD	YEAR OF PASSING	PERCENTAGE OF MARK (%)
MSC. FOOD AND NUTRITION SCIENCE	St teresa's college, Ernakulam (Autonomous)	Mahatma Gandhi University	2019	76
BSC. HOME SCIENCE	Nirmalagiri College, Koothuparamb, Kannur	Kannur university	2017	81.6
HOME SCIENCE	Mambaram higher secondary school, Mambaram, Kannur	State board	2014	80

SSLC	Mambaram higher secondary school, Mambaram, Kannur	State board	2012	86
CERTIFICATE COURSE IN FOOD AND NUTRITION	Indira Gandhi National Open University (IGNOU)Maidan Garhi, New Delhi		2017	64

WORK EXPERIENCE AND TRAINING

- Attending Dietician training in Rajagiri Hospital, Aluva, Ernakulam. (july 4 2019 Onwards)
- Had undergone one month Dietetic internship at PSG Hospital, Coimbatore, Tamil Nadu (10-05-2018 to 09-05-2018)
- Had undergone 6 day training in chemical analysis of food and water at Food Quality Laboratory and Research Centre, Marine Drive, Cochin, Kerala (18-09-2017-22-09-2017)
- Had undergone 1 month training programme for assistant dietitian at Kannur medical college Anjarakkandi as a part of Additional Skill Acquisition Programme(ASAP) (16-06-2017 to 22-07-2017)

PROJECT DETAILS

Msc: Determinants Of Nutritional Status Of Under Two Children In Selected Rural Areas In Kerala

Bsc: Women Empowerment Through Mahathma Gandhi National Rural Employment Gurantee Act

LANGUAGE KNOWN

- Malayalam - read, write, speak
- English - read, write, speak
- Tamil - speak
- Hindi - read, write, speak

TECHNICAL SKILLS

- MS OFFICE (Excel, Word & PowerPoint) General application (OS – Windows)
- Internet and other social networking sites

Achievements

- Secured second position in Quiz Competition Intercollegiate Fest “NUTRICHRIS-2018” Conducted by M.sc Dietetics and Food service management department of Home Science, C.M.S College Kottayam
- Qualified B and C certificates in National Cadet Corps (NCC)
- Completed 2 years of Student Police Cadet Training Programme and awarded with “A” in the year 2014
- Secured second place in sub district aquatic competition (100 meters back stroke) in 11-10-2010

SEMINARS AND CONFERENCE ATTENDED

- Participated 10th Appolo International Clinical Nutrition Update (AICNU) 2018 held at Chennai
- Participated in the dissemination programme of ICMR-DBT national Guideline for Stem Cell Research 2017 at Amritha Institute of Medical Science Kochi .
- Participated in UGC sponsored one day national seminar on “Rising Cancer: A Rising Concern”. At St.Teresa’s college, Ernakulam .
- Participated in the dissemination programme of National Ethical Guideline 2017 at Amritha Institute of Medical Science Kochi.
- Participated in activities related to Healthy Food Plate Initiative (Obesity Control Programme) of Ernakulam district. Participate in continuing nutrition education(CNE) session on Nutrition in the Critically Ill organised by the society of Clinical Nutrition and Metabolism(IAPEN) Kochi Regional Chapter.
- Participated in one day state level seminar on Advances In Research in association with KSCSTE at St.Teresa’s college, Ernakulam.
- Participated in the two day state level workshop on Research methodology, writing practices, language and soft skills in association with KSCSTE at St.Teresa’s college, Ernakulam.
- Participated in Global Iodine Deficiency Disorder Prevention Day , organized by state national iodine deficiency disorder control cell, Trivandrum. .
- Participated in the UGC sponsored two day workshop on statistical analysis using SPSS at St.Teresa’s college, Ernakulam.
- Participated in the UGC sponsored one day workshop on Statistical Computatotion Using R , at St.Teresa’s college, Ernakulam.
- Completed training in Lactation Counselor as a part of TOT workshop conducted by VPS LakeshoreHospital, Indian Academy of Pediatrics and Association for Evidence Based Dietetics and Nutrition.

DECLARATION

I hereby declare that all the information given above is true to the best of my knowledge.

NAME: KAVYA M

PLACE: KANNUR