

## **CURRICULUM VITA**

Chinnu Prakasan  
Velikalapurackal (H)  
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Kerala, India  
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POST APPLIED FOR : STAFF NURSE

### **OBJECTIVES:**

Looking for good career opportunities where my talent and knowledge could be best subjected and utilized for benefits of organization and myself. With assets such as integrity, loyalty, and strive for perfections, i will add value to the employer empowering me or a team which i am part of.

### **PERSONAL INFORMATION:**

Name : Chinnu Prakasan  
Age : 25  
Date of Birth : 21-11-1993  
Religion : Hindu  
Nationality : Indian  
Passport No : N7633279  
Gender : Female  
Marital Status : Single  
Father's name : K. Prakasan  
Languages Known : English, Malayalam, Kannada, Hindi, Tamil  
Mother tongue : Malayalam  
Hobbies : Reading,cooking  
Contact Number : +91 96330 85300  
Personal skills : Self confidence, Imitativeness, Dedication to profession, Good interpersonal communication skills.  
Professional Skills : I have adequate Knowledge, attitude, skills in nursing

### **EDUCATION:**

<b>COURSE</b>	<b>INSTITUTION</b>	<b>YEAR OF PASSING</b>	<b>BOARD OF EXAMINATION</b>	<b>%OF MARK</b>
SSLC	SNHSS, SREEKANDESWAREM	2009	Dept. of General Education, Kerala	4A+, 4A, 2B+

	POOCHAKKAL, KERALA			
PLUS TWO	SNHSS, SREEKANDESWARAM POOCHAKKAL, KERALA	2011	Board of Higher Secondary Examination	76.91%

#### **PROFESSIONAL QUALIFICATIONS:**

<b>COURSE</b>	<b>INSTITUTION</b>	<b>YEAR OF PASSING</b>	<b>BOARD OF EXAMINATION</b>	<b>%OF MARK</b>
B.Sc NURSING	Vijayanagar Collage Of Nursing Bangalore, Karnataka.	2015	Rajive Gandhi Health Sciences,Bangalore	1st year Bsc-67.42% 2nd year-74.14% 3rd year-76.14% 4th year -73.66

#### **EXPERIENCE:**

<b>INSTITUTION</b>	<b>DESIGNATION</b>	<b>PERIOD</b>	<b>DEPARTMENT</b>
Fortis Health Care Limited,Bangalore	Staff Nurse	19th Nov 2016 14 <sup>TH</sup> Apr 2019	Multidisciplinary Ward

#### **REGISTRATION DETAILS:**

<b>NAME OF REGISTRATION</b>	<b>YEAR</b>	<b>QUALIFICATION</b>	<b>REG.NO</b>
Karnataka Nursing Council	18 <sup>th</sup> Feb 016	BSc Nursing	074283

#### **PRECESSIONAL STRENGTHS:**

- ★ Case Management :Developing and implementing care.ability to manage risk cases independently, ensuring quality care to the patients.
- ★Patient Assessment : Skilled in performing comprehensive physical and psychological assessment.
- ★Documentation : Ability to prepare timely and consistently accurate documentation.

#### **NURSING EXPERTISE:**

- ★ Checks and monitor patients' condition & ensures that patients receive quality nursing care at all times.
- ★ Attends to doctor's rounds and assist them in performing invasive and non invasive procedures.

- ★ Render bedside care; give instructions regarding their Hygienic needs, changing position of bedridden/comatose patients.
- ★ Administer and record prescribe medication and treatment, administer the medication (oral, IV, IM, subcutaneous, intradermal ), using sterile techniques and administer to the right patient, the right drug, in the right dose, in the right time and right route.
- ★ Records and evaluates effectively of implemented nursing actions. Records observations and nursing interventions completely before endorsement.
- ★ Admission of patient, obtaining history, observing, Examining planning care etc..
- ★ Feeding – ryles tube and JJ feeding.
- ★ Dressing of surgical and debrided wounds.
- ★ Setting up and infusing of intravenous drugs.
- ★ Administering oxygen by Face mask, Ventury mask, Nasal cannula.
- ★ Pre operative care – skin preparation, obtaining consent, keeping lab results ready, pre-medication, psychological support etc...

#### **DUTIES & RESPONSIBILITIES:**

- ★ Assessment,planning,implementation and evaluation of the care requirments of the allocated patients.
- ★ Demonstrate nursing procedureand supervise junior nurses and student nurses.
- ★ Organization and management of nursing care.
- ★ Observing and recording the condition of the pstient.
- ★ Preparation of the unit to receive the patient and setting the patient comfortably.
- ★ Administration of medication that is tablets, injections, infusions and transfusions on prescription or according to standing instructions.
- ★ Assist doctors for doing suturing and closed reduction.
- ★ Performing simple diagnostic procedures like, urinalysis, GRBS etc
- ★ Hot and cold application (eg. Ice bag, hot water bag).
- ★ Maintenance of intake output chart (eg. Oral, R.T. Feeding, IV fluid, Urine output).
- ★ Care of the pressure sore (eg. Frequent back care and positioning)
- ★ Management of intra venous fluid, blood transfusion etc.
- ★ Well versed with following procedures like IV cannulation, Folyes catheterization,

Nebulization, oxygen administration and suctioning.

- ★ Recording of all the readings and procedures carried out to the patient at regular intervals with date and time notifying the doctor at times of variation.
- ★ Maintains general cleanliness of the casualty and sanitary annexure.
- ★ Maintains duty room trays and sterilizes instruments.
- ★ Maintain all the records pertaining to ward or unit.
- ★ Maintains vital signs chart, intake output charts and other special charts if necessary.
- ★ Take over from duty nurse of the previous, new serious patients, instruments, drugs etc. and handover the same accordingly.

#### **EQUIPMENTS HANDLED:**

- ★ Non invasive ventilator
- ★ Cardiac monitor
- ★ syringe pumps
- ★ infusion pump
- ★ defibrillator
- ★ ECG Machine.. etc

#### **REFERENCES:**

1. Mr.PRASHANTHA SREENIVASA, VIJAYANAGAR COLLAGE OF NURSING,BANGALORE
2. Ms.VERONICA GONSALVES, FORTIS HOSPITAL LIMITED,NAGARBHAVI
3. Ms. AMUTHA JANSI,CON,FORTIS HOSPITAL NAGARBHAVI

#### **DECLARATION:**

I here by declare that all the above particulars is true to best of my knowledge and belief

Place :

Date :