

CURRICULAM VITAE

PERSONAL DETAILS

Name : Aswathy s Nair
Address : Munduvelil (H)
Periyappuram(po) Onakkoor Ernakulam
Kerala, India
DOB :12/03/1990
Father's Name : p.p. Subramaniyan Nair
Phone No. :9539271746
Email Id :Aswathyhottathil03 @gmail.com
Gender : Female
Marital Status : Married
Religion : Hindu
Nationality : Indian
Mother Tongue : Malayalam
Languages Known : Malayalam, English, Tamil and Hindi

SUMMARY:

To work as a Staff Nurse in an Organization where my qualification, talents and valuable experience can be added together to yield better result for humanity and better myself as a professional nurse.

ACADEMIC PROFILE:

Qualification	School/College Address	University/Board	Year of passing
G.N.M	School of nursing Edappal Hospitals pvt Ltd,Edappaal	INC/KNC	2011
HSE	M.T.M H.S.S.Pampakuda	Kerala Board of Education.	2007
SSLC	M.T.M.H.S.S.Pampakuda	Kerala Board of Education.	2005

EMPLOYMENT HISTORY

<i>Period</i>	<i>Hospital</i>	<i>Designation</i>	<i>Areas of Practice</i>
20.04.2011 to 21.5.2014	Edappal Hospitals (P)LTD., Edappal ,Malappuram Dist, Kerala	Staff Nurse	Casualty Emergency and Trauma care
04.01.2016 to 11.06 2017	V.P.S. Lakeshore Hospital Maradu ,kochi,Ernakulam	Staff Nurse	Medical ,surgical and oncology ward

DUTIES AND RESPONSIBILITIES

- Perform admission and discharge procedures; Take a comprehensive nursing history (to find out how the patient has been nursed in the past) and plan appropriate care to meet identified needs.
- Discuss, plan and carry out nursing care to improve patients' health.
- Undertake the responsibilities of the nursing care of assigned patients.
- Provide comprehensive patient care as per the hospital standard.
- Provide health education to patient and their relatives.
- Monitor the condition of patients and record and report.
- Maintain good interpersonal relationship with patients and their family.
- Communicate verbally and written documentation to maintain continuity of nursing care.
- Orientation and supervision of juniors and subordinates

- Assist the doctors while examining the patient.
- Pre and post operative care of patients undergoing various type of surgeries.
- Preparing patients for various type of diagnostic procedures.
- Makes rounds with doctors and analyze the needs of patients and to suggest and implement new methods for improvement.
- Provide psychological support for the patients.
- Maintain sufficient supplies and equipments in good condition.
- Getting supplies from respective areas like pharmacy, stores and stationary units.
- Demonstration of procedures to juniors.
- Administration of medication as per doctor's order.
- Initiating and maintaining IV lines and infusion pumps.
- Taking samples like blood, urine , stool etc. for various diagnostic procedures.
- Maintaining the highest possible standard of patient care at all times.
- Foster good patient - nurse relationship.
- Reporting verbally and in writing progress of patient's condition at each shift change over.
- Maintaining strict aseptic techniques.
- Work with other health professionals to meet the needs of patients and relatives.
- Provide death care.

EQUIPMENT USED

- Cardiac monitor
- Pulse Oxy - meter
- BP apparatus
- Stethoscope
- Thermometer
- Air way
- Resuscitation Equipments
- Endo - tracheal tube
- Ambu Bag
- Infusion Pump
- Syringe pump
- ECG Machine
- Nebulizer
- Steam inhaler
- Naso-gastric Tube
- Glucometer
- Suction machine
- Defibrillator
- Laryngoscope
- Oxygen cylinder

DIRECT PATIENT CARE

- Maintaining Personal Hygiene
- Maintaining clean and safe environment
- Meeting the needs of the patients
- Providing psychological support for the patients

REGISTRATION

<i>Name of Authority</i>	<i>Date of Registration</i>	<i>Registration No.</i>
Kerala Nurses and Midwife Council, Kerala, India	04/05/2011	77254

Declaration

I hereby declare that the above furnished matters are true to the best of my knowledge and belief.

Place: Ettumanoor

Aswathy s Nair