ATHIRA THAMPY.

PLAMOOTTIL HOUSE,



PUTHENANGADY,

KOTTAYAM-686001

KERALA, INDIA

Phone : 9847885431

EMAIL: athirathampy1994@gmail.com

**QUALIFICATIONS OBTAINED**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **SL NO.** | **COURSE** | **INSTITUTE** | **PERIOD** | **RESULTS** |
| 1 | SSLC | ST THOMAS G H S,  PUTHENANGADY,KERALA | 2009 | 80% |
| 2 | HSE | NSS HSS ,KARAPUZHA ,KERALA | 2009-2011 | 90% |
| 3 | DEGREE | INE, SME,GANDHINAGAR ,KERALA | 2011-2015 | 75% |

**PROFESSIONAL NURSING REGISTRATION**

Nursing council registration

Name of council: Kerala nursing and midwives council

Registration number: KLO3201603650

Date of registration:17 MARCH 2016

**1. WORK / PRACTICE HISTORY**

**DATE : 2/11/2016 to 1/11/2017**

**POSITION : STAFF NURSE-FULL TIME**

**EMPLOYER : Amrita Institute of Medical Sciences**

**LOCATION : Kochi, Kerala**

**BED CAPACITY: 1200beds**

**DEPARTMENT: Cardiovascular Thoracic Surgery Intermediate ICU(Adult and Pediatric) and Pediatric Cardiology**

**Nurse patient ratio :1:1 for ventilator patients and 1:2**

# Duties and Responsibilities

* Performing patient assessments, reviewing physician orders, assessing physical and mental condition of patient, lab follow up and work as a team to develop patient care plans.
* Maintain hygienic needs of patient.
* Monitor vital signs and appropriate action to the condition.
* Preparation and administration of IV injections, IV infusion and oral medication through medicine policy guidelines.
* Appropriate post operative care
* Admission, transfer and discharge of the patient.
* Maintain medical records and reports.

**ADVANCED THERAPIES CARRIED OUT**

Assisting in mechanical ventilation, providing suctioning, administering ionotropic medications

**CASES HANDLED**

patients with various cyanotic and acyanotic heart disease including

aortic valve disease, coarctation of aorta, ebstein 's anomaly,PDA,pulmonary valve stenosis, septal defects -VSD, ASD , Single ventricle defects -HLHS,Tetralogy of fallot,TAPVC ,TGA, ALCAPA, truncus arteriosus,congestive cardiac failure

pediatric patients after cardiac surgeries. Open heart procedures include,

closure of atrial and ventricular septal defects

repair of tetralogy of Fallot

repair of total anomalous pulmonary venous connection

arterial switch operation

Senning operation

Fontan procedure (including the extra-cardiac Fontan operation)

Glenn procedure, repair of common AV canal defects

Rastelli operation

Ross operation

Norwood operation

conduit replacements

single stage unifocalization

ALCAPA repairs and double switch procedures

PA banding.

Systemic-pulmonary shunts.

Cavopulmonary shunts.

Fontan operation.

Congenital Defects in Older Children and Adolescents

adult patients after cardio thorasic surgeries includibg bullectomy, lobectomy ,robotic wedge ressection biopsy etc

**EQUIPMENTS HANDLED**

mechanical ventilators,defib,high flow oxygenenator, cardiac monitors, pulse oximeter, arterial and central lines, ICD , ET tubes biPAP machine,bair hugger ,glucometer

**2. WORK / PRACTICE HISTORY**

**DATE : 03/11/2017 to 30/04/2018**

**POSITION : Staff Nurse**

**EMPLOYER : Sree Chitra Tirunal Institute For Medical Sciences And Technology**

**LOCATION : Trivandrum, Kerala**

**BED CAPACITY : 250**

**Nurse patient ratio :1:3**

**DEPARTMENT: Comprehensive Heart Failure Intensive Care Unit**

# Duties and Responsibilities

* Assess, plan ,implement and evaluate high standards of holistic care to patients to meet identified realistic goals and care needs
* Perform admission procedures and orientation to the patients and their family
* Perform ongoing assessment and provide prioritized nursing care
* Clinical assessment of patients with heart failure
* Consistent delivery of high standard care along with the proper use of technologies and interpretation of lab values
* Monitor and interpret ECG
* Use of emergency and resuscitation methods

Holistic care of patients

**CASES HANDLED**

adult patients with heart failure ,cardio myopathies ,valvular heart diease, heart blocks,rheumatic heart disease arythmias pre op patients for CABG and other interventional cardiac procedures, patients after angioplasty angiogram ablation pacemaker implantation etc

**EQUIPMENTS HANDLED**

mechanical ventilators,defib,high flow oxygenenator, cardiac monitors, pulse oximeter, arterial and central lines, ICD , ET tubes biPAP machine,bair hugger ,glucometer



**3.WORK/PRACTICE HISTORY**

**DATE. :10/09/2018 to 09/03/2019**

**POSITION. :Staff Nurse Full Time**

**EMPLOYER. : Bharath Cardiovascular Institute, Bharth Hospital**

**LOCATION. : Kottayam, Kerala**

**Bed strength : 200**

**DEPARTMENT: Cardiovascular thoracic surgery intensive care unit (ADULT AND PAEDIATRIC)**

**DUTIES AND RESPONSIBILITIES:**

* Stabilization and hemodynamic monitoring of patients, who has undergone cardiac surgeries
* Perform appropriate care and management according to vital parameters
* Ventilator care and assistance in weaning and extubation
* Active participation in cardiac rehabilitation
* Helping in mobilization and improve physical activity
* Managing emergency situations and use of other life saving measures
* Proper documentation and appropriate reporting
* Encouraging Chest physiotherapy ,spirometry and breathing excercises

central lines, ICD , ET tubes biPAP machine,bair hugger ,

**4. WORK / PRACTICE HISTORY**

**DATE : 03/07/2019 onwards**

**POSITION : Staff Nurse**

**EMPLOYER : Sree Chitra Tirunal Institute For Medical Sciences And Technology**

**LOCATION : Trivandrum, Kerala**

**DEPARTMENT: Cardiac Surgery Intensive Care Unit**

# Duties and Responsibilities

* Provides immediate post operative care to patients underwent cardiac surgeries
* Administering cardiac medicines
* Understanding fluid status and cardiac output
* Maintaining hourly records of hemodynamic parameters and prompt reporting
* Providing chest physiotherapy
* Assisting in procedures like ICD implantation ,suturing, arterial and venous catheters insertions.
* Care with patient on IABP
* Giving Defibrillation
* Analysing ECG
* Maintaining nutrition and fluid status
* Assisting in early ambulation and speedy recovery

Health education and diet advices.

**REFERENCE**

**1.**Ms.Reshmi Prasad **2.** Mrs,.Sara sherly George

Nurse In-Charge mursing superintendent

IMCU,AIMS,KOCHI SCTIMST, TRIVANDRUM

PH:9847580760 PH:9400591103

**DECLARATION**

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

ATHIRA THAMPY

PLACE : KOTTAYAM

DATE :31/10/2019