



AMITHA VARGHESE

STAFF NURSE

PROFILE

Seeking to excel and grow professionally with hard work and dedication and to use my skills to achieve goals and for self - development.

My goal is to serve the society with utmost commitment and there by enhance the reputation of the institute.

PERSONAL DATA

Date of Birth: 14/02/1992

Sex: Female

Nationality: Indian

Marital Status: Married

Passport No: R3304926

(Expiring:23/07/2027)

CONTACT

PHONE:

+968.93693610

+91.9481889838

+91.9986999716

ADDRESS:

Vadakkan House,

Kothamangalam P.O.

Ramalloor, Ernakulam Dist.

Kerala, India, Pin:-686691

EMAIL: amithavv123@gmail.com

HOBBIES

Reading

Listening to Music

LANGUAGES KNOWN

English, Kannada, Hindi, Malayalam

EDUCATION

MOTHER TERESA SCHOOL OF NURSING - KARNATAKA

General Nursing & Midwifery (3½ Year course)

MAR BASIL HIGHER SECONDARY SCHOOL - KERALA

Plus Two, Board of Higher Secondary Examination

CORE COMPETENCIES

- Excellent, Polite, Persuasive Communication skills
- Passionate, hard worker and well organized professional with power to prioritize and multitask.
- Good liaison with others
- Team player
- Pays attention to details
- Able to work alone

WORK EXPERIENCE

Vikram Hospital – Staff Nurse

03/11/2014–Till date (5 Years)

Working as a staff nurse for the Cardiac, Post-Operation Ward. Flexible working all different shifts including night shifts.

DUTIES & RESPONSIBILITIES

- To manage the patients admitted to the ward
- Assessing the physical & psychological needs of patients
- Patient Care from the time of admission to discharge
- Post-operative & Pre-operative patient care
- Digitalization of patient Data
- Rehabilitation of patient
- Educating the patient's families on the condition of the patient
- Ensuring smooth functioning of designated ward/unit

EQUIPMENTS HANDLED

- Defibrillator
- ECG Machine
- CPAP & BIPAP Machines
- Cardiac Monitors
- Syringe Pump
- Infusion Pump
- Glucometer
- Suction Apparatus
- Sphygmomanometer
- Nebulizer
- Alpha Beds
- Flowtrons

ASSISTED IN

- Intubation
- ICD Insertion
- Lumbar Puncture
- IJV & EJV Insertions
- Surgical Dressing
- PPI dressing

COMPETENT IN PROCEDURE

- CPR
- Endotracheal Suctioning
- Ryle's Tube Insertion
- I.V. Cannulation
- Blood Transfusion
- Foleys Catheterization
- CVP removal
- Arterial Line Removal
- HD Catheter Removal

DECLARATION

I, Amitha Varghese, hereby declare that all the above furnished details and particulars are true to the best of my knowledge and belief. I can support the above details with relevant documents and references as and when required.

Thanks & Regards,
Amitha Varghese

Date:
Place: