

RESUME

MS. RENU MALIK

RN M.Sc. Nursing (Medical Surgical Nursing, Critical Care Nursing)

Current Address : Bharati Vidyapeeth Deemed University, College of Nursing
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Date of Birth : 20th February 1992

Gender : Female

Nationality : Indian

Language Proficiency : English, Hindi, Marathi, Konkani.

Objective: To provide Nursing proficiency, Knowledge and Motivation to nursing student for innovation of the Nursing Profession.

Professional Experience:

Organization : Goa Medical College and Hospital, Bambolim, Goa

Designation : Intensive Critical Care Unit Staff Nurse

Period : October-2015 to July-2017

Professional Qualification:

Educational Qualification	Year	Institute	Percentage
X th Science	2008	Kendriya Vidyalaya INS Mandovi, Goa (CBSE)	68%
XII th Science	2010	Kendriya Vidyalaya INS Mandovi, Goa (CBSE)	61.2%
1 st Yr. BSc. Nursing	2012	Institute Of Nursing Education, Bambolim, Goa.	65.2%
2 nd Yr. BSc. Nursing	2013	Institute Of Nursing Education, Bambolim, Goa.	62%
3 rd Yr. BSc. Nursing	2014	Institute Of Nursing Education, Bambolim, Goa.	65.8%
4 th Yr. BSc. Nursing	2015	Institute Of Nursing Education, Bambolim, Goa.	65.1%
B.Sc. Staff Nurse	2016	Bharati Hospital & Research Centre, Pune.	1 year & 8 months experience
1 st Yr. M.Sc. Nursing (Medical Surgical Nursing)	2018	Bharati Vidhyapeeth Deemed Univerity, College Of Nursing, Pune.	68%
2 nd yr. M.Sc. Nursing (Medical Surgical Critical Care Nursing))	2019	Bharati Vidhyapeeth Deemed Univerity, College Of Nursing, Pune.	

Awards and Honors:

- **1999-2000**
 - 3rd prize- mathematical race.
- **2001-2002**
 - Participated in the Drawing organized by THE NATIONAL ACADEMY FOR ART EDUCATION, Pune in 2001.
 - Passed and secured 78% marks in the Pre-Junior National Talent Search Contest – Mathematics, 2001-02.
 - 1st place in inter-house competitions- 50 meters freestyle swimming, Back-Stroke swimming and Dodge ball.
 - 2nd place in inter-house competition – 200 meters running race.
- **2003**
 - Certificate of merit for the best entry in Group 'D' (standard – V, VI, VII) at school level All India Camel Colour Contest 2003.
- **2004-2005**
 - 1st place in inter-house competition – 4*100 meters relay race.
 - 2nd place in inter-house competition – rainbow race.
 - Sports - Excellence Award for Football in the year 2004-05.
 - Winner – Inter School Football Tournament (Girls under 13 years) 2004-05 conducted by MSSA (Mumbai Schools Sports Association).
 - Runner-up – Inter School Football Tournament (Girls under 16 years) 2005 conducted by MSSA (Mumbai Schools Sports Association).
- **2006**
 - Participated in INTER SCHOOL CLUSTER IX ATHLETIC MEET for the CBSE Affiliated Schools held at Billimoria High School, Panchgani (under 16 years age group).
- **2008**
 - 1st place in inter-house competitions – long jump, chess, basketball and throw ball.
 - 2nd place in inter-house competitions – 100 meters running race, 4*100 meters relay race.

- Participated in Shuttle Badminton event in the K.V.S. (Kendriya Vidyalaya Sangathan) Bangalore Region, Regional Sports Meet, 2008 held at Kendriya Vidyalaya I.I.Sc. Bangalore.

➤ **2008-2009**

- 1st place in inter-house competition – long jump.
- 2nd place in inter-house competitions – 200 meters running race and throw-ball.
- 3rd place in inter-house competitions – 100 meters running race and 4*100 meters relay race (senior girls).
- Best Sports Girl Trophy for the year 2008-09 - Kendriya Vidyalaya I.N.S. Mandovi, Verem- Goa.

➤ **2009-2010**

- 1st place in inter-house competitions – long jump and 4*100 meters relay race (senior girls).
- 3rd place in inter-house competition - 100 meters running race.

➤ **2010-2011**

- 1st place in Debate competition (Anti-ragging) during the academic year 2010-11 held at Institute of Nursing Education, Bambolim- Goa.
- 2nd place in Fashion Show during the academic year 2010-11 held at Institute of Nursing Education, Bambolim- Goa.

➤ **2011-2012**

- Participated in the Inter-Collegiate Chess Championship held at Goa University in the year 2011-12.

➤ **2012-2013**

- 1st place in Debate competition during the academic year 2012-13 held at Institute of Nursing Education, Bambolim- Goa.
- Winner - “Miss Desi Girl” Competition during the academic year 2012-13 held at Institute of Nursing Education, Bambolim- Goa.

➤ **2013-2014**

- Participated in the Inter-Collegiate Chess Championship held at Goa University Jubilee Hall, Taleigao in the year 2013-14.
- Participated in the Inter-Collegiate Badminton Championship held at SAG Indoor Stadium, Campal in the year 2013-14.
- 1st place in Fancy Dress Competition during the academic year 2013-14 held at Institute of Nursing Education, Bambolim- Goa.
- Participated in the skit on “Breastfeeding Support-Close to mothers” held on 5th August 2013 at Goa Medical College as a part of the 21st Breast Week celebration.
- Certificate of appreciation for active participation in the Eye Donation Fortnight Programme- 25th August to 8th September 2013.
- Certificate of appreciation for Participation in the Mental Health Awareness Programme in Mental health week 2013.

➤ **2014-2015**

- Participated in Annual one-day State Level Seminar on “Role of Youth in Enhancing Participatory Democracy” organized by The International Centre Goa in collaboration with Friedrich Ebert Stiftung-India and Media Information and Communication Centre of India on 24th August 2014.
- Participated in the Sensitization and Awareness Programme on Deafblindness organized by Caritas – Goa and supported by Sense International India held on 11th November 2014.
- 1st place during the academic year 2014-15 – Instrumental Competition, Prop Dance Competition, Monkey and the stick game.
- Participated in Activism for prevention of child abuse-2014.

➤ **2018**

- Winner – Miss Talent (TNAI), Pune City Branch during the International Nurses Day Celebration held on 9th May 2018.

Professional Skills:

- Experience in Theatre nursing, ICU, PICU, NNU /NICU, MICU, and SICU.
- Experience in Obstetrics and Gynecology at Goa Medical College, Bambolim; Hospicio hospital, Margao; Asilo Hospital, Mapusa; Infectious Diseases Hospital, Ponda and Cottage Hospital, Chicalim.
- Experience in Pediatric Nursing at Goa Medical College, Bambolim.
- Assisted in surgeries like tubectomy, caesarean section, appendectomy, orthopedic surgeries, etc.
- Experience at orthopaedics and Medical-Surgical Nursing and skilled at pain management.
- Experience at caring for the psychiatric patients at Institute Of Psychiatry and Human Behavior, Bambolim, Goa.
- Equipped with good communication skills and can deal efficiently with the health workers, paramedical, the clients and their family as a whole to provide need based care.
- Assessing, developing, monitoring and implementing complete plans of care through injuries and illnesses, including administering medications, applying medical devices.
- Attended workshop on Breastfeeding Management at The Department of Pediatrics, GMC.
- Attended various workshops on health and related topics.
- Experience of Three months as a staff nurse in ICU, Trinity Esperanca Hospital, Miramar, Goa.

Teaching and learning:

- Critical care experience and excellent knowledge in patient care as well as in the teaching nursing procedure.
- Strong Communication, Observation and Supervisory skills, proficient with computer and providing lectures and demonstrating nursing skills.
- Organized various Skill Station Programs in college level for undergraduate students.

- Participated in various health education activities for patients, in-Service Education Program in post-graduation period.
- Experience in supervision of the undergraduate students at bedside and teaching them nursing skill in critical care unit as master in nursing.
- Organized and attended Nursing Education and research bioethics workshop in post-graduation period.
- Participated and organized National and International level Workshop, Conferences in postgraduate period.
- Conducted research in B.Sc. nursing and M.Sc. nursing also passionate in conduction research studies in future.
- Active and life member of the various nursing association of India.

Clinical Nursing: Patient Safety -

- Experience in Assessment, Planning, Implementation and evaluation of care of patients admitted in Emergency Unit, Cardiac Wards, Coronary Care Unit, Intensive Care Unit and cardiac catheterization lab and in various wards of Medicine and Surgical unit.
- Worked in 20 bedded Critical Care Unit as staff nurse and handled patients with mechanically ventilated, Dialysis, and Tracheostomy.

Research:

- “A study to assess the effectiveness of SMP on stress management among the patients undergoing hemodialysis at Goa Medical College and Hospital, Bambolim-Goa.”
- “A study to identify the high risk factors for Tuberculosis and to provide need based Health Education in selected areas of Sanquelim, Goa.”
- Conduct health education on various aspects of health-promotion, prevention, different diseases and rehabilitation at Goa Medical College, Urban Health Center and various anganwadis.
- A descriptive study to assess the knowledge and practice regarding scrubbing technique among staff nurses working in operation theatres of selected hospitals in pune city.

Workshop/Conference Participation:

- Participated as well as involved in organization of various state level, national level and international level of workshops and conferences.

<i>Conference Attended</i>			
Sr.No	Topic	Place	Year
1.	National Conference on “ NURSES FOR THE NEXT DECADE”.	BV(DU)CON, Pune.	2018
2.	International Conference on “Transforming Nursing Education Through: Transformational Leadership, Research and Innovations	Shri B M Patil Institute of Nursing Sciences Vijayapur in association with Rajiv Gandhi University of Health Sciences, Bengaluru.	2018
3.	IAPNEOCON, MAHANEOCON & NEOHEMODYNAMICS		2018
4.	NURCON, Nursing is Healthcare- The road to achieve Excellence.		2018
<i>Workshop Attended</i>			
1.	Aauram Ethical Research - Training program on “Schedule Y, GCP and bioethics”	BV(DU)CON, Pune.	2017
2.	Advanced course in diabetes care for nursing specialties (ACDCNS)	Chellaram Diabetic Institute, Pune	2017
3.	Educational Skill Development for Young Teachers	BV(DU)CON, Pune.	2017
4.	National Workshop on “Research, Eco System (ICT) & Statistics”	BV(DU)CON, Pune.	2018
5.	International Workshop on “Emotional Resilience”	Symbiosis College of Nursing, Pune.	2018

Computer Knowledge:

- MS Office
- MS Word
- MS Excel

Licenses & Certifications

- Registered Nurse: Maharashtra Nursing Council
 - Registered Midwife: XVI – 19504 (27TH March 2017)
 - Registered Nurse: II – 22716 (27TH March 2017)
- Lifetime member-
 - Trained Nurses Association (TNAI) - Membership No.: 269699\LMT
Enrolment Date: April 12, 2016.
 - Nursing Research Society of India - Membership No.: 2635
Date: July 31, 2018

References:

- **Mrs. Santa de (9921526290)**
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- **Dr. Suresh Ray (982395332)**
Associate Professor, BV(DU)CON, Pune.
raysureshkumar@gmail.com
- **Dr. Lily Podder (Bera)(9970709068)**
Associate Professor, BV(DU)CON, Pune.
lily0232001@gmail.com

Preferred Work:

If given an opportunity, I would like to work as a lecturer in Nursing Institutes.

Declaration:

I hereby declare that the above given information is correct and complete to the best of my knowledge and belief.

Place: Pune, Maharashtra

Date: /12/2018

(Renu Malik)