

RESUME

PRANAV P

MARAKKAN VILAKOM(H).
AYIROOR PO
VARKALA
TRIVANDRUM (DIST)
KERALA
MOBILE 8129643542
Pranavp257@gmail.com



Career Objective:

A Position as a Registered Nurse in a Health Care facility where I can make the most of my nursing education and training in addition to my interpersonal skills to provide the highest level of patient care .I also believe in setting high standards and achieve them under any circumstances.

Personal Information

Date of Birth : 20/12/1994
Sex : male
Nationality : Indian
Languages Known : English ,Tamil ,Hindi, Malayalam
Marital status : unmarried
Father's Name : PRAKASH N

Present Address : PRANAV P
Marakkan vilakom
Ayiroor po
Varkala
Trrivandrum

Passport details : 9000020

Educational Qualification

- Passed +2 Govt higher secondary school PALAYAMKUNNU Examination Kerala with marks in 65% march 2012
- Completed SSLC /10th Std SNVHS PANAYARA with 70% marks in March 2010

Professional Qualification

- Diploma in Nursing and Midwifery from school of nursing Ernakulam

Professional Experience

<i>Institute</i>	<i>Designation</i>	<i>Department</i>	<i>Year</i>
GH ERNAKULAM	Staff Nurse	Male oncology ward + male surgical ward 3 months	26/08/2017 To 1/01/2018
General hospital Ernakulam	Staff Nurse	CASUALTY	01/01/2018 To Still working.

Personal Skills:

- Excellent interpersonal relationship with patient and others.
- Willingness to hardworking and strong beliefs in team effort.
- Assisting doctors during procedures.
- Ability to grasp new knowledge and ideas.
- Providing compassionate and motherly nursing care

Workshop And Seminar Attended:

- Participated in extended role programs Pulse Polio immunization programs, family planning Motivation Camps, Schools Health Programs.
- Participated in Programs Conducted by governmental & non-governmental agencies Eye camps, Blood Donation Camps, Diabetes Camps, Well Baby Clinics Burns and Awareness Programs.

Duties And Responsibilities:

As a Staff Nurse

Nursing Care in Medical -Pediatric ward

- Receiving the patient to the unit.
- Providing safe environment.
- Admission of patient according to hospital Policies.
- Assessment of the patient
- Identification
- Prepare short and long term goals.
- Check the vital signs and record it correctly
- Maintain accurate intake and output chart.
- Assist the patient to achieve self care.
- Health education to the patient and relatives.
- Maintain cleanliness and aseptic techniques during care
- Maintain clear air way by performing tracheal and oral suctioning.
- Monitor the condition of heart with the help of ECG.
- Monitor the fluid electrolyte balance with the help of blood pressure central venous pressure monitoring drainage level lab test and maintains adequate date of intake and output.
- Feeding seriously ill patients via nasogastric tube feeding
- Procedures related to personal hygiene like sponge bath ,Mouth care Nail care Back care Eye care etc.

- Procedures like catheterization ,suture removal Collection of samples (Blood,Urine),stomach wash,Enema etc.
- Administering the medication as per doctor order and observe for side effect.
- Maintain proper documentation.
- Prepare the patient for discharge and home care.
- Performing various type of dressing sutures and clip removal .
- Anticipation and prevention of complication.
- Prepare the patient for procedures like X-rays Ct scan ,ECG,IVP,barium meal Sonography as ordered.
- Send a diet chart to the chart to the dietician according to the doctor's order.
- Keep the dignity and status of the profession reports verbally by going .
- Bed to bed writing the progress of the patient at each shift charge.

Care For Infected Patients

- Insolate the patient from other patient.
- Checking vital signs.
- Proper hand washing and using aseptic techniques to prevent infection.
- Avoiding contact
- Sending samples for culture and sensitive according to the doctor

Care for The Risk Patient /Patient With Prolonged Ventilator Support

- Assessing the condition of the patient
- Maintaining clear airway performing tracheal and oral suctioning .
- Changing dressing ,IV lines canula and catheter regularly.
- Observe for infection informing the doctor at the correct time .
- Assessing for pressure sore and taking appropriate action.

Emergency Patient care

- Assessing the condition of the patient.
- Asking for help and informing the doctors.
- Assisting and performing CPR

Equipments Handled

- Infusion pumps
- Pulse Oxymeter.
- Cardiac Monitor
- Gluometer
- Nebulizer
- Suction Apparatus
- Sphygmomanometer
- Thermometer
- Nelson's stem inhaler
- Arterial blood pressure monitoring
- Oxygen cylinder

Hobbies

- Travelling
- Listening Music

References:

PRANAV P
Marakkan vilakom
Ayiroor po
Varkala
Trivandrum
Pin 695310

Superintendend of
General Hospital
Ernakulam
Pin 68999

DECLARATION

I hereby declare that the above mentioned statements are true to the best of my knowledge and belief.

Date:**PRANAV P****Place: ERNAKULAM**

