



Dr. FATHIMA, Pharm.D

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Address: Fathima Manzil, SRP
Market PO 690539 Kollam, Kerala

Nationality: Indian

DOB: 04/06/1995

Gender: Female

Passport No: J2042066

Career Objective

To pursue a challenging career and be a part of a progressive organization that gives scope to enhance my knowledge and skills as well as serve as a clinical pharmacist to improve patient healthcare and promote rationale use of medicines.



Education

Doctor of Pharmacy (Pharm D)

Grace College of Pharmacy, Palakkad
Kerala University of Health Sciences
Thrissur, Kerala

Graduated 2019

Marks 77%

Distinction

Higher Secondary Education

International Indian School, Dammam
Central Board of Secondary Education
Saudi Arabia

Graduated, 2013

Marks 91.6%

Distinction

Secondary School Leaving Certificate

International Indian School, Dammam
CBSE Board
Saudi Arabia

Graduated, 2011

CGPA 10

Distinction

Core Competencies

- Knowledge of therapeutic management of different ailments
- Solid understanding of drug metabolism, drug interactions, adverse drug reactions
- Superior clinical judgment and strong attention to detail
- Strong critical and analytical skills with reading, writing, and comprehension
- Actively took seminars and classes in Integrated Guidance for Career in Pharmacy program
- Adept in interacting with patients and family members to explain therapy course
- Ability to work with team using excellent communication and interpersonal skills



Clinical Experience

Completed Pharm.D Internship (2018-19) in various departments of **Karuna Medical College Hospital, Palakkad** (350 bedded) rendering **clinical pharmacy** services and duties independently.

- ❖ **Internal Medicine (6 months)**
 - ❖ **General Surgery (2 months)**
 - ❖ **Pediatrics (2 months)**
 - ❖ **Obstetrics & Gynecology(2 months)**
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- Reported suspected Adverse Drug Reactions using Naranjo scale and WHO-UMC scale.
 - Consistently reviewed patient medication profile to understand drug effects and medication errors with appropriate interventions were provided by interacting with doctors.
 - Coordinated with pharmacy technicians to ensure most accurate medication is dispensed.
 - Served as a clinical resource and drug information specialist to medical, pharmacy and nursing staff.
 - Provided appropriate suggestions about medication from medical practitioner and gave advice on use of medicines to patients.
 - Presented Case studies focusing the pharmacotherapy of certain diseases



Skills

- Hard Working and Honest
- Adapt to new environment
- Good communication skills
- Strong organizational skills
- Willingness to learn and work in team



Publications

- Identification of Drug related problems and Pharmaceutical interventions in obstructive lung disease patients at a tertiary care teaching hospital;(Author)International Journal Of Current Pharmaceutical & Clinical Research.2018
- A prospective study on to assess barriers affecting medication adherence of obstructive lung disease patients in a tertiary care teaching hospital;(Co-author)International Journal of Pharmacy and Pharmaceutical Research.2018
- A prospective study on prevalence and risk factors among knee osteoarthritis patients in a tertiary care hospital. Published in International Journal of Novel Trends in Pharmaceutical Sciences.2018 (Co-author).



Achievements

- Received Certificate of Appreciation for TEACHER INNOVATION AWARD from ZIIEI Sir Aurobindo Society for submitting innovative ideas in teaching.

- Completed several online courses of WHO, USAID, EACCME.
 - Antimicrobial Stewardship, Signal detection and Causality assessment (Uppsala monitoring center), Tuberculosis, Pneumonia, Diabetes, Antibiotic resistance.
- Won first for poster presentation on the topic “Repurposing the use of Chloroquine in Zika virus infection” held on Pharmacy week at Grace College of pharmacy ,Palakkad

SEMINARS AND CONFERENCES ATTENDED

- Poster presented on ‘Magnetic nanoparticles as theranostic agents in Glioblastoma multiforme’ at Prime Pharma conclave held at Prime College of Pharmacy, Palakkad, and Kerala.
- Attended Continuing medical education in “Evidence based Health information” organized by Karuna Medical College Hospital, Palakkad, Kerala
- Delegate& participant in National Seminar on ‘Contemporary Advances in Pharmaceutical Sciences’ organized by Prime college of Pharmacy,Palakkad,Kerala.
- Delegate in 69th Indian Pharmaceutical Congress held at Chitkara University, Chandigarh, Punjab
- Delegate in Pharmachem organized by Chemist college of Pharmaceutical Sciences &Research, Ernakulum, Kerala.



Computer Proficiency

- MICROSOFT OFFICE software
- MICROMEDEX software
- LEXICOMP
- MEDSCAPE
- SCIENTIFIC DATA RETRIEVAL FROM COCHRANE LIBRARY, PUBMED, SCIENCE DIRECT, MEDLINE.



Languages

- Malayalam
- English
- Tamil
- Hindi
- Arabic



Areas of Interests

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| <ul style="list-style-type: none"> • Clinical Pharmacy • Clinical Research • Teaching | <ul style="list-style-type: none"> • Pharmacovigilance • Community Pharmacy • Psychology |
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Extracurricular Activities

- I have an educational **YouTube Channel Seek Light** where I make videos regarding foreign licensure exams and pharmacy related topics for pharmacy graduates.
- I have a website www.seeklightdrug.xyz where I provide clinical pharmacy oriented drug information.
- Reading and Research



Personal Details

Father's Name: M.Salahudeen

Marital Status: Married

Mother's Name: Meharniza Abdul Rahman

Religion: Muslim



References

1. Dr.C. I.Sajeeth
Vice Principal,
HOD Dept. Of Pharmacy Practice
Grace College of Pharmacy, Palakkad
0491-2508537
2. Mahesh T.M
Asst.Professor
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Declaration

I, Fathima, hereby declare that the information contained herein is true and correct to the best of my knowledge and belief.

Palakkad, Kerala
26 Nov 2019