

# CURRICULUM VITAE

## PERSONAL INFORMATION

Name - Nedha Joy  
Date of birth - 22.05.1986  
Age - 33 years  
Sex - Female  
Qualifications - MBBS, MS(ENT),DLO, DNB, Fellowship in Rhinology (in training)  
Marital status - Married  
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Kerala , India  
Current address - House no B2, Old PG Quarters  
Christian Medical College Hospital Campus  
Vellore, Tamil Nadu, India

## PROFESSIONAL QUALIFICATIONS

### **MBBS**

Malankara Orthodox Syrian Church Medical College Hospital

Kolenchery, Kerala

Duration: 2004- 2009

## **Internship**

Christian Medical College Hospital

Vellore, Tamil Nadu

Duration: 2009 -- 2010

## **Diploma in Otorhinolaryngology (DLO)**

Christian Medical College Hospital

Vellore, Tamil Nadu

Duration: 2012 -2015

2013-Break of study (maternity and neonatal health issues)

## **Masters in Otorhinolaryngology (MS ENT)**

Christian Medical College Hospital

Vellore, Tamil Nadu

Duration: 2015- 2017

## **Diplomate of National Board of Examination (DNB)**

2017

## **Fellowship in Rhinology and Anterior Skull base (In training)**

Christian Medical College Hospital

Vellore, Tamil Nadu

Duration : 2018 July- 2020 July

## **EXPERIENCE IN ENT**

**April 2011 - February 2012** – Non PG registrar, Department of ENT, Christian Medical College Hospital, Vellore

**March 2012- April 2015** – Diploma in Otorhinolaryngology, Department of ENT, Christian Medical College Hospital, Vellore

**May 2015-May 2017** – Masters in Otorhinolaryngology, Department of ENT, Christian Medical College Hospital, Vellore

**June 2017- June 2018** – Senior resident , Department of ENT, Christian Medical College Hospital, Vellore

**July 2018 – July 2020** – Fellowship in Rhinology and anterior skull base (In training)

## CURRENT WORK DESCRIPTION

My work in the department comprises of

- Conducting weekly outpatient clinics both in general ENT and specialized Rhinology clinic
- Performing independent as well as supervised surgeries in elective and emergency theatre list
- Doing approximately 80-90 endoscopies (rigid nasal endoscopy and flexible nasopharyngolaryngoscopy, combined) as a part of scopy room procedures on OPD days
- Participation in regular monthly presentation of surgical audits of the department
- Taking part in various research activities, head and neck meetings and other interdepartmental discussions and seminar clubs
- Conducting monthly pathology and radiology conferences of interesting cases seen on OPD or emergency basis
- Seeing interdepartmental patients as ward consultations
- Teaching medical students and post graduates while in rotation in the unit

## SURGICAL EXPERIENCE

I have performed the following procedures independently

**Nose and paranasal surgery:** Septoplasty, submucous resection, Concha bullosa reductions, Caldwell-luc, modified Young's procedure, turbinate reduction procedures, functional endoscopic sinus surgery for sinusitis and nasal polyposis, excision of sinonasal tumours via endoscopic, lateral rhinotomy approach, total and partial maxillectomy and endoscopic dacryocystorhinostomy, endoscopic debridement for invasive fungal sinusitis.

I have also assisted my professors in excision of nasopharyngeal angiofibroma, craniofacial resection, endoscopic repair of CSF fistula of the anterior skull base and endoscopic orbital and optic nerve decompression.

## **Ear surgeries:**

Myringotomy and grommets insertion, preauricular sinus excision, myringoplasty, tympanoplasty, cortical mastoidectomy, modified radical mastoidectomy, meatoplasty

**Pharynx/larynx-Head and neck:** Tonsillectomy, excision of styloid process, excision of palatal tumors, tracheostomy, microlaryngoscopy, direct rigid laryngoscopy, direct oesophagoscopy, tongue tie release

I have also assisted my professors in total laryngectomy and pharyngectomy , laryngotracheal reconstruction for laryngeal trauma

**ENT emergencies** including management of head and neck infections and abscesses, airway emergencies, laryngeal and neck trauma, nasal trauma and epistaxis, acute mastoiditis and complications of otitis media

## **PUBLICATIONS**

1. Case Report: MALT lymphoma – an uncommon tumour in the larynx. Rajan S, Lalee Varghese, Nedha Joy, Regi Thomas . National journal of Otorhinolaryngology and Head & Neck Surgery, Vol.1(10)No.1, April 2013
2. Case Report: Metastatic renal cell carcinoma to paranasal sinus 12 years after nephrectomy. Nedha Joy, Regi Kurien . University Journal of surgery and surgical specialities , The Tamil Nadu Dr.MGR Medical University

## **RESEARCH**

- 1) Role-Principal investigator

Research title:

Utility of sleep questionnaires in predicting difficult intubation and post operative recovery in surgical otorhinolaryngology patients

- 2) Role-co investigator

Research title:

Prognostic factors in Allergic Fungal Sinusitis

## PRESENTATIONS

1. Retropharyngeal abscess secondary to Pott's spine – How we tackled it ...At Tamil Nadu state ENT Conference, 2015
2. Extrasosseous plasmacytoma of the paranasal sinus– Why we need to keep our eyes open... At Tamil Nadu state ENT Conference, 2017
3. Otolaryngological predictors of difficult intubation in patients undergoing elective surgery..At 14<sup>th</sup> Asia- Oceania ORL – HNS Congress and 71<sup>st</sup> Annual Conference of The Association Of Otolaryngologists of India. 9<sup>th</sup>-13<sup>th</sup> January, 2019 , Hyderabad, India
4. Presentation on Acute sinusitis - “CME Update on Common Rhinology Conditions” for General Practitioners , CMC Hospital, Vellore, 14<sup>th</sup> July 2018

## AWARDS

- The Tamil Nadu Dr.MGR Medical university Gold Medal for securing highest marks in MS ENT Examination, 2017 presented by Honourable vice president of India Dr. Venkaiah Naidu , at the university convocation held in Chennai on 8<sup>th</sup> July,2018
- Dr. Jesudasan Prize for paper presentation At Tamil Nadu state ENT Conference,2015