

## **CURRICULUM VITAE**

Name : **MR. NITHIN T S**

Father's Name : Sasindran

Date of Birth : 31.10.1985

Permanent Address : Thazhathedathu (H)  
PoonjarSouthP.O.  
KottayamDist  
Kerala State , India  
Pin 686582

Blood Group : B positive

Sex : Male

Nationality : Indian

Religion and Caste : Christian

Marital Status : Single

Languages Known : English, Hindi, Malayalam.

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Special Training : ACLS & BLS



### **Passport Details**

Passport No : L8536819

Date of issue : 04-04-2014

Date of expiry : 03-04-2024

Place of issue : COCHIN

### **Educational Qualification**

<b>Qualification</b>	<b>Name of the Institution</b>	<b>Academic Year</b>
S.S.L.C.	St. Antony's H s s , Poonjar South	2002
Higher Secondary School Examination ( Plus Two)	SMV Hss , Poonjar	2004

### **Professional Qualification & Registration**

<b>Qualification/Regn</b>	<b>Institution</b>	<b>Year</b>	<b>Remarks</b>
Diploma in General Nursing & Midwifery Course	AECS Maaruti School Of Nursing, Bangalore	2004	Reg No. 04DN3872
Professional Registrations	Karnataka State Nursing Council	2010	Reg.No. 150909
	Karnataka State Diploma in Nursing Examination Board	2010	Reg.No. 070593

Board, Institution & : Karnataka State Diploma Nursing Training Examination Board (KSDNEB) AECS Maaruti School of Nursing, Bangalore.

### **Professional Experience**

<b>Areas of Work</b>	<b>Designation</b>	<b>Name &amp; Address of the Employer</b>	<b>Period</b>
Medical Intensive Care Unit (ICU)	Registered Staff Nurse	Magath Hospital Patna	26.8.2010 to 12.12.2011
Nursing Department	Surgical ICU In-Charge with ICU Supervisor	Apollo Hospitals, C.G State, Bilaspur	29.12.2011 To 27.06.2019

## **Nursing Responsibility**

- Management of all critically ill patients.
- Advanced Cardiac Life support.
- Cardio Pulmonary resuscitation.
- Basic Nursing Activities (Cleanliness, Meeting Hygienic needs of the patient, vital signs).
- Assessing the physical and psychological needs of the patients and rendering direct care.
- Administration of drugs.
- Collection of Laboratory specimens.
- IV therapy and blood transfusions.
- Oxygen therapy and nebulization.
- Care of patients with endotracheal tube and ventilator.
- Care of patients with central venous line, Arterial line, pulmonary artery catheter.
- Care of critically ill patients in Pre- Operative and Post operative period.
- Evaluation of cardio vascular performance.
- Arterial blood gas analysis.
- Insertion of nasogastric tube and peripheral venous access and gastric lavage.
- Catheter care.
- Isolation and barrier nursing care.
- Electro Cardiograph monitoring.
- Assisting physician in procedures like intubation, central venous catheterization, pulmonary artery catheterization, Lumbar puncture, pleural tap, peripherally inserted central line, tracheostomy, Inter Coastal Drainage, Lumbar drainage.
- Performing chest physiotherapy.
- Suctioning both oropharyngeal and endotracheal.
- Assisting in defibrillation.
- Recording the procedures in the nurses record after carrying out.
- Monitoring and evaluating nursing care plan.

### **Administrative Responsibilities**

- Regarding patient care.
- Admission of patient.
- Making nursing diagnosis.
- Planning for patient care.
- Implementation of plan of care.
- Evaluation of the care given.
- Discharge procedures.
- Orientation of personnel to the ward and care of the patient.
- Reports and records and checking of patient chart.
- Cleaning of the ward.
- Assignment of duties for the students and staff in consultation with the ward in charge.
- Observing safety measures for the patient.
- Attending to the doctor's rounds.
- Maintaining therapeutic relationship with patient and their relatives
- Coping up with emergencies in the ward such as caring for critically ill patient.
- Reporting to the nursing supervisors, superintendent on nursing rounds about the patients and ward.

### **Supervisory Responsibilities**

- Supervising nursing personnel, junior staff nurse, student nurses, hospital aids and nursing orderlies during the performance of their duties.
- Assisting the student nurses in the bed-sides nursing care.
- Supervising the equipments and supplies of the ward and checking periodically the inventory along with the team members.
- Keeping all ward equipment in good condition by daily checking for the optimum use for the patient.
- Supervision of physical facilities of the ward and keeping a conducive atmosphere for the patient.

## **Description of Duties**

### **Type of patients**

- Medical and Surgical Patients

### **Instrument handled**

- Ventilator
- Pulse Oxymeter
- Cardiac Monitor
- Suction Apparatus
- Incentive Spirometer
- Defibrillator
- Warming
- Endotracheal tube
- ECG Monitor
- Arterial Pressure monitor
- Glucometer
- CVP Manometer
- Blood gas Analyzer (Portable)
- BP Apparatus
- Syringe pump & infusion pump
- Bain Circuit
- Laryngoscope
- Temperature probe
- Ambu Bag

### **Special Expertise**

- Pain Management
- Collecting blood for arterial blood gas studies, blood collection by vacutainer system.
- Recognition of cardio – pulmonary Deterioration and CPR.
- Pre and Post care of the patients undergoing all surgical procedures.

- Monitoring of central venous pressure.
- Care of patient on ventilators.

### **specialized Procedure**

- Infections – HIV, HBS Ag.
- Inter costal drainage tube insertion and removal.
- Bladder Catheterization.
- Stomach wash.
- Peripheral line insertion.
- Blood transfusion.
- Epidural Catheter care.
- Ventilatory care unit.
- Central Venous Catheter insertion.
- Arterial line insertion.
- Cardiac pulmonary resuscitation.
- Emergency management of cardiac arrest.

### **In service education programme attended**

- Admission and discharge procedure.
- Intravenous therapy.

### **Declaration**

I hereby declare that above furnished information is true to the best of my knowledge.

Place:

Date:

**(Nithin.T.S)**