# ANU SHAJI



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## **Personal Data:**

Sex: Female

Date of Birth: 03/09/1992

Marital Status: Married

Nationality: Indian

Languages Known: English, Malayalam, Hindi

## **CAREER OBJECTIVE:-**

Seeking Medical surgical care and Emergency nurse's role in a reputed health care organisation where I can leverage and implement my practical as well as theoretical knowledge for the well-being of mankind, with a scope of learning opportunities for both organizational and personal development.

# **CAREER PROFILE:-**

- 2 Years and 4 months of strong clinical experience as a full time Medical surgical care and emergency nurse, with in-depth knowledge of surgical procedures and post-surgical care along with emergency care of patients.
- Familiar with post-operative care of patients with gastro, general, ortho, urology, vascular, oncology and laparoscopic surgery patients.
- Have good proficiency in emergency handling of patients with cardiac and respiratory arrest, emergency life supportive care and good communicative skill.

## STRENGTHS:-

- Good Verbal Communication Skills
- Positive attitude
- Commitment
- Interpersonal Skills
- Confident, truthful and sincere
- Excellent knowledge of medical terminologies
- Patience and compassion

## **EDUCATIONAL QUALIFICATIONS:-**

Qualification	School/ College	University	Year of passing	GPA
B.Sc. Nursing	BLDEA'S Shri BmPatil Institute of Nursing Science, Bijapur, Karnataka.	Rajiv Gandhi University of Health Sciences Karnataka.	2015	73%
Higher Secondary	St. Ignatius Higher Secondary School, Kanjiramattom Kerala.	Board of Higher Secondary Examination Kerala.	2010	72%
SSLC	Govt.High School Thiruvankulam, Kerala.	Board of Govt. Examination, Kerala.	2008	80%

## **Professional Membership:**

Kerala Nurses and Midwives Council

Reg. No: (KL 04201603972)

#### **PROFESSIONAL EXPERIENCE:-**

1. Rajagiri Hospital Accredited (JCI and NABH) Kochi, Kerala, INDIA

March 2017 - July 2018 (1year & 4 month)

Clinical placement - Medical surgical care

Hospital Capacity: 450+ Beds

### **DUTIES RESPONSIBILITIES HANDLED**

- > Administered medications and injections as prescribed by the doctor.
- > Administered IV fluids and oxygen according to the patient requirement.
- > Monitored vital signs and reported abnormal findings to the doctors.
- Collection of specimens including blood, urine and stool and send it for medical analysis to laboratory.
- Catheterization, dressing, bedside care.
- Assisted doctors in rounds, during treatments, and also in various procedures such as lumbar puncture, ascitic tapping etc.
- > Complete assessment and collected history during the time of admission.
- Provided colostomy care, diabetic foot care, chest tubes and drain site care and also dressing, suctioning.
- Provided bedside care for a wide variety of medical patients, including pre and post-operative patients, lap chole case, gastrostomy, colostomy cases etc.
- Prepared the patient for various investigations like USG, ECHO, CT scan, X-ray, MRI, Endoscopy, colonoscopy etc.
- Provided general nursing care to all patients
- > Provided psychological support to the patient and family members.
- Provided pre and post-surgery assistances to all patients.
- Prepared and administered medications via orally, I/M, S/C, I/V, I/D and recorded prescribed medications and reported adverse reactions of the medications to the doctors if occurs.
- Recorded all care information concisely, accurately and completely, in a timely-manner in the appropriate format, and on the appropriate forms.
  - 2. COCHIN HOSPITAL Kochi, Kerala, INDIA

December 2015 – December 2016 (1 Year)

Clinical placement - Medical surgical care and Post-Operative ICU

Hospital Capacity: 50+ Beds

### **DUTIES RESPONSIBILITIES HANDLED**

- Administered medications and injections as prescribed by the doctor.
- Administered IV fluids and oxygen according to the patient requirement.
- Monitored vital signs and reported abnormal findings to the doctors.
- Collection of specimens including blood, urine and stool and send it for medical analysis to laboratory.
- Assisted doctors in rounds, during treatments.
- > Complete assessment and collected history during the time of admission.
- Provided bedside care for a wide variety of medical patients, including pre and post-operative patients.

### **DUTIES RESPONSIBILITIES HANDLED (CONTD.)**

- Provided general nursing care to all patients
- > Provided psychological support to the patient and family members.
- Provided pre and post-surgery assistances to all patients.
- Prepared and administered medications via orally, I/M, S/C, I/V, I/D and recorded prescribed medications and reported adverse reactions of the medications to the doctors if occurs.
- Recorded all care information concisely, accurately and completely, in a timely-manner in the appropriate format, and on the appropriate forms.

# **PROFESSIONAL CERTIFICATION & TRAINING:-**

- Basic Life Support October 2018 (B2F22DEC962D)
- Advanced cardiovascular life support October 2018 (5CF8ADAA1A64)

# DECLARATION

I am keen to continue my career and prepared to work hard in order to achieve my organization objectives and I hereby declare that the information furnished above is true to the best of my knowledge.

Anu Shaji

Place: Ernakulam, Kerala – India Date: