

#### **Personal details**

Father : Jose Francis Mother : Saly Jose DOB : 29-05-1991 Gender : Female Religion : Christian Marital status : Married Nationality : Indian Present address : Alukka, Kalady Ernakulam, Kerala

# Jilu Saly Jose

Mlakuzhiyil,Punnackal Calicut,Kerala,673603 7558031129, jilu.salyjose@gmail.com

## **Objective**

My desire is to create a truly sincere arena wherever I work. I want to bring enthusiasm and sense of confidence to the institution and to the people work with. My involvement in various areas of activities has taught me crucial lessons on leadership and team work.

# Work experience

#### Staff Nurse : 2014 - 2015

Manipal hospital, Bangalore Worked as staff nurse in Paediatric ICU

#### **Staff Nurse**

*Meitra Hospital, Calicut Worked as staff nurse for a period of 5 months* 

#### Lecturer

Lisa School of Nursing , Calicut Worked as lecturer

#### Nurse : August 2018 onwards (still working)

Kozhikode Medical College, Calicut Thrissur Medical College, Thrissur(November 2019 onwards)

Working under Mittayi Project of Kerala Social Security Mission – care of Type 1 Diabetic Mellitus Kids

# Education

MSc Child Health Nursing, 2015-1017 Manipal College of Nursing, Manipal

B.Sc Nursing, 2010-2014 Manipal College of Nursing, Manipal

Higher Secondary, 2008 - 2010 St. Joseph's HSS, Kodenchery

SSLC 2008 Infant Jesus English Medium School, Thiruvambady

## **Research details**

A comparative study on academic performance, anthropometric measurement, cognitive development, reaction time and self defence mechanism among Karate and non – Karate performers of selected schools of Udupi District, Karnataka.

### Hobbies

- > Mimicry
- > Singing
- > Karate
- Drawing

Language known

- > English
- > Malayalam
- Kannada
- > Hindi

# Achievements and activities

- Served as health and social welfare Chairperson of Student Nurses Association (2013-2014)
- Organized and participated in various National and International Conferences, Workshops and

Seminars.

- Participated in Curriculum Convention organized by Manipal College of Nursing, Manipal (2015,2016)
- Participated and secured prizes in poster competitions and cultural competitions.
- Secured A grade in Mimicry competition in state level school youth festival.

Add on Courses and certificates

- Participated in training programme on HIV/AIDS and ART under the global fund to fight AIDS, Tuberculosis and Malaria.
- Completed E-learning on HIV/AIDS and ART under the Global Fund to Fight AIDS, Tuberculosis and Malaria.
- Completed Basic Holistic Health and Foot Reflexology course from Holistic Health Education and Healing Center, Pune.
- Completed twenty hours add on courses on Chemotherapy Administration and Management, Stress Management through Yoga Practices, Care of Patient on Ventilator, Bioethics and ECG interpretation from Manipal College of Nursing, Manipal.

Declaration

I hereby declare that the above information is true to the best of my knowledge and belief.

Place : Kalady Date : 03/12/2019 Jilu Saly Jose