

CURRICULAM VITAE

PERSONAL DETAILS

Name : **ASHNA MARY MARTIN**

Permanent Address : ASHNA MARY MARTIN
Mavelithayil House
Pathirappally P.O.,
Omanappuzha, Alappuzha (Dst.)
Kerala PIN: 688521
Mob: 9495044322, 9645571322

Date of Birth : 22 - 10 - 1997

Sex : Female

Marital Status : Unmarried

Religion and Caste : Christian, Latin Catholic

Nationality : Indian

Languages known : English, Hindi & Malayalam



CAREER OBJECTIVES:

Seeking Employment in a well managed organisation where there is ample scope for a rewarding career with job satisfaction and where I can better utilize my academic knowledge, training and experiece to capitalize on my strong communication skills and ability to handle various tasks simultaneously within deadlines in high pressure environment, willing to undergo desired training and rest assure I could be an asset too.

ACADEMIC AND PROFESSIONAL QUALIFICATION

Sl. No.	Course	Name of institution	University/Board	Year	% of Mark
1	S.S.L.C.	St.Joseph H.S.S, Alappuzha	Board of Public Examination	2013	82
2	Plus Two (Science)	St.Joseph H.S.S, Alappuzha	Board of Secondary Education	2013 - 15	81
3	Bsc Nursing	S.H.College of Nursing, Green Gardens, Cherthala, Alappuzha	KUHS	2015 - 19	Passed

TRAINING EXPERIENCE

- SH General Hospital ,Cherthala (Mother Institution)
- Prathyasa Cancer Centre, Mathilakam, Cherthala (Oncology Nursing)
- KCM Hospital, Nooranad(Mental Health Nursing)
- St. Rita's Hospital ,Thanki (Mental Health Nursing)
- Lourdes Hospital, Ernakulam (Medical Surgical Nursing)
- Thaluk Head Quarters Hospital, Cherthala (Obstetrical Nursing)

ACADEMIC WORKSHOP

Attended the workshop on Therapeutic Communication conducted by Mr.Sanu Ramaswami

RESEARCH WORK

To Assess the knowledge level of Second Year Bsc Nursing students regarding PCOD in SH College of Nursing Cherthala..

ROUTINE FUNCTIONS

- Monitoring Vital Signs
- Giving Medications
- Giving Sponge bath, Bed making and Oral hygiene
- Suctioning and Giving Ryles tube feed
- Transfusion of IV Fluids and Blood Transfusion
- Dressing of Wounds
- Assist in all type of procedures like Biopsy, FNAC, Lumbar Puncture
- Insertion of Foleys catheter
- Insertion of Peripheral lines
- Giving enemas/lavage
- Withdrawing Blood samples from Peripheral lines and Arteries
- Glucose monitoring
- Baby care
- Giving Colostomy care, Tracheostomy care, Episiotomy care

EQUIPMENT HANDLED

Syringe, Pulse oxymeter, Suction machine, Nebulizer with Oxygen, Thermometer, Stethoscope, BP Apparatus, Oxygen cylinder, Vaginal Speculum, Cut down set, Catheterization set, Aspiration set, Syringe Pump, Infusion Pump, Ryle's tube, Lumbar puncture set, Ambu Bag with Mask, Autoclave machines, Ventilator, Infant warmer, Phototherapy.

REFERENCE

Mrs. Remya Rajan
HOD, Community Health Nursing
SH College of Nursing, Cherthala
Ph : 8606295445

Mrs. Jinju Treesa Joy
HOD, Obstetrical and Gynecological Nursing
SH College of Nursing, Cherthala
Ph : 8095241467

DECLARATION

I hereby declare that the above mentioned particulars are true and sincere to the best of my knowledge and belief.

Place : Alappuzha

Date :

ASHNA MARY MARTIN