


 asiyafaheemam@gmail.com

 9496995162/8075723164

CAREER OBJECTIVE

To work as a dietician in a reputed hospital by utilising skills in nutritional assessment, evaluating nutritional requirements, diet restrictions and recent health plans to expand and apply tailored dietary-care plans and offer nutritional therapy for the patients.

EDUCATION

Year of passing	Course	University/Affiliation	College/School	Percentage
2019	MSc. Clinical nutrition and dietetics	Mahatma Gandhi University, Kerala	St. Teresa's College, Ernakulam, Kerala	82.4%
2017	BSc. Family and Community Science	Calicut University, Kerala	Vimala College, Thrissur, Kerala	75.4%

INTERNSHIP

- **APOLLO HOSPITAL GREAMS ROAD CHENNAI**- Currently doing **Registered Dietician Training** (From 01/07/2019- 6 months duration)
- Training in **CATERING- FOOD SAFETY SUPERVISOR** by **Food Safety and Standard Authority of India**, held at St Teresa's College on 21st March 2018.
- First Aid Course conducted by **Indian Red Cross Society, St. John Ambulance (India)**, **New Delhi** held on 8th November 2017, at General Hospital Ernakulam.

ACHIEVEMENTS

- Cleared **UGC NET JUNE, 2019** (ROLL NO: KL04505249)
- Cleared **UGC NET December, 2018** (ROLL NO: KL0406503576)

PROJECTS/CONFERENCE/SEMINAR/CAMPS

1. MSc Thesis: **COMPARISON OF RISK FACTORS AMONG PRE- AND POST MENOPOUSAL METABOLIC SYNDROME PATIENTS**".

2. Developed a new product named “**ABCD Balls**” during postgraduate programme.
3. Bsc Project: “**VALUE ADDITION OF GUAVA**”.
4. Participation in CME on **NUTRITIONAL MANAGEMENT IN CRITICALLY ILL SURGICAL PATIENTS: MYTHS TO EVIDENCE** organised by Believers Church Medical College Hospital, Thiruvalla on 19th January 2019.
5. Volunteered in **CII KERALA FOOD SUMMIT & EXPOSITION 2018** held at Hotel Le Meridian, Kochi on 18th & 19th December.
6. Participation in National Conference **CHALLENGES AND SUSTAINABLE APPROACHES TOWARDS FOOD AND NUTRITION SECURITY- A GLOBAL PERSPECTIVE** at Avanashilingam Institute for Home Science and Higher -Education for Women Coimbatore on 7th & 8th December 2018.
7. Participation in **ASTER NUTRICON 2018** CNE conducted by Aster Clinical Nutrition & Dietetics on the 18th November 2018.
8. Participation in **Global Iodine Disorder Prevention Day** sponsored by Directorate of Health Services, National Iodine Deficiency Disorder Control Cell, Thiruvananthapuram, on October 21st 2018.
9. UGC sponsored workshop on **STATISTICAL ANALYSIS USING SPSS** on 8th & 9th March 2018, at St. Teresa’s College Ernakulam.
10. Participation in **10th Apollo International Clinical Nutrition Update 2018** with the Theme **ENHANCING CLINICAL NUTRITION PRACTICES** held on 4th & 5th at Chennai.

COMPUTER SKILLS

- Diet Cal (A Tool for Dietary Assessment and Planning)
- Microsoft (Power Point, Word, Excel)

LANGUAGES

- English (Speak, Read, Write)
- Malayalam (Speak, Read, Write)
- Tamil (Speak)
- Hindi (Speak, Read, Write)

PERSONAL

- DOB : 16/04/1996
- Marital Status : Married
- Permanent Address : “Ashiyana”
Thurakkal PO, Kondotty,
Malappuram, Kerala
PIN: 673638

- Temporary Address : L1, Galaxy Noorain
Punathil Padam Rd,
Sonia Nagar
Plarivattom, Ernakulam
Kerala, 682024

DECLARATION

I hereby declare that the above mentioned details are true to the best of my knowledge and belief.

Asiya Faheema M

Date: 01/12/2019

Place: Ernakulam

REFERENCE

MS. SURYA M KOTTARAM

HOD-Department of Clinical

Nutrition and Dietetics)

St. Teresa's College (Autonomous), Ernakulam

Contact No: 9447711230

MS.RAJESWARI PRABHAKARAN

HOD- Department of Dietetics

Apollo Hospitals, Chennai

Contact No: 9840686637