# **RESUME**



PHEBA ANN CHACKO
M. Sc Nursing
(Mental Health Nursing)
2017-2019
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### **ADDRESS**

Aluvila House

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691306

#### **PERSONAL DETAILS**

Date of Birth : 15-03-1993

Sex : Female

Marital status : Married

Nationality : Indian

Religion : Christian

### **LANGUAGES KNOWN**

English, Malayalam, Tamil, Hindi.

### REGISTRATION DETAILS

Kerala Nurses & Midwifes Council.

# **Carrier Objectives**

Seeking a suitable position in nursing education in a well established, growth oriented and recognized organization where I can show my professional experience and qualified skill for the betterment and for the success of the organization.

Course	Institution (University/Board)	Year of Passing	Score (%)
M.Sc Nursing	Ananthapuri College of Nursing, Thiruvananthapuram	2019	71%
(Mental Health Nursing)	(Kerala University of Health Sciences, Thrissur)		
B.Sc Nursing	MOSC College of Nursing, Kolencherry Ernakulam (Kerala University of	2015	62%
Higher Secondary Examination	Health Sciences, Thrissur)  Balikamatom Higher Secondary School, Thiruvalla.	2011	78%
Secondary School Examination	Balikamatom Higher Secondary School,Thiruvalla	2009	76%

# **Professional experience**

Got exposure to all clinical areas in some of the reputed public and private hospitals and centers like MOSC Medical College Kolenchery, Believers Church Medical College Thiruvalla, Ananthapuri Hospitals and Research Institute Chackai, Mental Health Centre Peroorkada, Sacred Heart Hospital Payinkulam, NIMHANS Bangalore, Community Health Centre Vizhinjam, DMHP Thiruvanathapuram, ICCONS (Institute For Communicative And Cognitive Neuro Sciences) Thiruvanathapuram, NISH (National Institute Of Speech And Hearing) Thiruvananthapuram and C.H Mohammed Koya Memorial State Institute For The Mentally Challenged Thiruvananthapuram.

# **Activities Participated**

- 1. State level conference on "Comprehensive Nursing Management in Stroke" conducted on 29.10.2017 in Sree Chithra Tirunal Institute for Medical science & Technology, Thiruvanathapuram.
- 2. Training programme on "Research Methodology" organized by School of Health Policy and Planning studies of Kerala University of Health Science, at Thiruvanthapuram on 17-18 November 2017.
- 3. Educational training on "Prevention of Hospital Acquired Pressure Ulcer" organized by Believers Church Medical College Hospital, Thiruvalla on 23.02.2017.
- 4. State level workshop on "Digital Technology in Education and Health Care" held at Govt. College of nursing, Thiruvananthapuram.
- 5. Workshop on "Effective Teaching Learning Strategies" held at CSI College of Nursing, Karakonam on 05.06.2018.
- 6. Workshop on "The New Era of Airway Management and Ventilation" held at Ananthapuri Hospitals and Research Institute, Thiruvanthapuram on 27.06.2018.
- 7. Workshop on "Safe Ventilation and Ventilators Dimensions of an Artificial Breathe" held at SSNMM College of Nursing, Varkala on 16.12.2017.
- 8. Workshop on Edit Brain held at Ananthapuri Hospitals and Research Institute, Thiruvanthapuram on 29.01.2019.
- 9. Basic Life Support Training

### **Research Work**

 "Behavioral Problems of Children with Intellectual Disability and Parents' Expressed Emotion" in a Selected School of Thiruvanthapuram District.

### **Published Research Work**

• "Comparison of Level of Expressed Emotion between Family Caregivers of Patients with Mania and Schizophrenia" published in International Journal of Psychiatric Nursing in 2019.

# **Working Experience**

• Worked as a staff nurse trainee in Believers Church Medical College Hospital, Thiruvalla. (01/06/2016 – 01/06/2017)

## **Declaration**

I hereby submit this resume for your kind consideration and favorable orders. I declare that the information's furnished above is true to the best of my knowledge and belief.

Anchal Best regards,

Pheba Ann Chacko

## **REFERENCES**

### 1. DR. JAICO PAULOSE

Consultant of Psychiatry Believers Church Medical College Hospital Thiruvalla

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### 2. DR. SREEJA I

Professor and HOD
Department of Psychiatry Nursing
Ananthapuri hospital and Research Center
Thiruvanthapuram

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