

## KARTHIKA MONZY

Jyothirgamaya (H)  
Keezhcherimel,  
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### CAREER OBJECTIVE:

To be associated with a reputed health organization that provides great exposure, excellent work atmosphere where I could contribute my talents, medical knowledge to the maximum and good patient serving skill to improve client satisfaction for the benefit of organization and to prove myself as a distinct and talented clinical pharmacist.

### EDUCATION QUALIFICATION:

Name of the Course	Name of the Institution	University/Board	Percentage	Year of Passing
Doctor of Pharmacy	C.L.Baid Metha College of Pharmacy, Chennai, TamilNadu	MGR Medical University	77%	2019
Higher Secondary Education	Metropolitan higher secondary school, Puthenkavu, Kerala	Kerala State Board	88%	2013
Secondary Education	S.N.V.S.H.S, Thirumoolapuram, Kerala	Kerala State Board	Above 95%	2011

### PROFESSIONAL EXPERIENCE:

- One year internship programme in **VHS Hospital**, Chennai, TamilNadu (2018-2019).
- One year clerkship programme in **Gleneagles Global Hospital and Healthcity**, Chennai, TamilNadu (2017-2018).
- One month training in **Geneagles Global Hospital and Healthcity** in various departments like Cardiology, Gastroenterology, Hepatology, Neurology in 2017.
- Conducted a project under the guidance of senior consultant DR. Chandrasekharan Head of Department Nephrology in Gleneagles global hospital and healthcity.
- Providing patient education regarding medicines, disease and lifestyle modification

## KEY SKILLS:

- Good communication skill
- Positive attitude
- Adaptive to any environment
- Good knowledge on medical terminologies
- Ability to handle patients at different levels
- Patient education and customer service
- Know Microsoft Office(Word,Excel,Powerpoint)

## ACHIEVEMENTS:

- Achieved The Bharat Scouts and Guides -Rajya Puraskar award from governer in 2009.
- Achieved higher score (47/50) in Sugama Hindi Exam conducted by Kerala Hindi Prachar Sabha in 2008 and 2009.
- Achieved Adventure Award in Centenary State Camporee in 2009.
- Achieved 3<sup>rd</sup> prize in Work Experience (origamy) at sub district level.
- Achieved various prices for dance items in district and state level throughout the schooling time

## CO-CURRICULAR ACTIVITIES:

- Attended international seminar on **Recent approaches in learning perspectives of pharmacy education** organized by faculty of pharmacy in association with central research facility in SRMC institute of higher education and research, Porur, Chennai.
- Attended national conference on **QbD and six sigma in pharma sector – Tools, Perspectives and Challenges** organized by dept. of pharmaceutical Analysis and pharmaceutical chemistry, C.L.Baid Metha College of Pharmacy, Chennai.
- Attended 2<sup>nd</sup> international conference on clinical pharmacy - CPCON on the topic **Catalyzing Changes In Healthcare Practice** organized by dept. of pharmacy practice, Manipal College of Pharmaceutical Science
- Attended national conference on **Rational Use Of Medicines - Current Scenario And Way Forward** organized by dept. of pharmacy practice, SRM College of Pharmacy, Kattankuatour
- Attended national conference on **Pharmacoepidemiology And Good clinical Pharmacy Practice** organized by dept. of pharmacy practice, C.L.Baid Metha College of Pharmacy, Chennai.

## PRESENTATION

- Presented e-poster on **Evaluation of anemia in chronic renal failure patients** in national conference on QbD and six sigma in pharma sector – Tools, Perspectives and Challenges organized by dept. of pharmaceutical Analysis and pharmaceutical chemistry, C.L.Baid Metha College of Pharmacy, Chennai.

## PROJECT:

Title: “**EVALUATION OF ANEMIA IN CHRONIC RENAL FAILURE PATIENTS**”.

**ABSTRACT:** A cross sectional study was conducted in 118 CKD patients in the dialysis department of Glenegles Global hospital, with main objectives

- To find the frequency and management of anemia in chronic renal failure patients.
- To study the management of anemia in chronic renal failure patients.
- To find the association of other biochemical parameters with anemia in chronic renal failure.
- To evaluate the therapeutic outcome of management of anemia in chronic renal failure.

The study conclude that the prevalence of anemia in CKD increases from stage 3 to 5. The prescribed dose of EPO is significantly less than recommended dose, suggesting the treatment is not in accordance with the KDIGO guideline. Adherence to the guideline will improve anemia in HD patients. Clinical pharmacist in HD centers will definitely be beneficial in dose adjustments and improving the patient condition.

## PERSONAL DETAILS:

Date of birth	04/04/1995
Gender	Female
Marital status	Single
Nationality	Indian
Language known	English,Hindi,Malayalam and Tamil
Physical information	Height- 167cms Blood group– O+ve
Registration No	381310017

## REFERENCES:

DR.Krishnakumar M.Pharm, Ph.D Head of department pharmacy practice, C.L.Baid Metha college of pharmacy Email : drdkrishnakumar2014@gmail.com Ph: +9900058540	Mrs K.Bharathi Priya M.Pharm Assistant Professor C.L. Baid Metha College of pharmacy Email : priyabharathi@gmail.com Ph: 09840797629
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## **EXTRA-CURRICULAR ACTIVITIES:**

- Member of the **Bharat Scout and Guides**
- Active member of **Rotary International District 3230 Chennai East.**

## **DECLARATION:**

I hereby declare that the above mentioned information is correct to the best of my knowledge and belief.

**KARTHIKA MONZY**