

## SNIGDHA ASOK P.N

**DOCTOR OF PHARMACY (PHARM.D)** 

Capable and experienced clinical pharmacist, Collaborative and patient -focused with proven ability to work with multi-disciplinary teams to discuss medications and related issues, seeks placement in an organisation that provides opportunities for challenging and rewarding career by applying my knowledge, skills, experience and potential for the benefit of the organization.

# Q

26/143 Panakkal House Pidakkil Paramba, M S BaburajRoad,Kallai Kozhikode 673003, Kerala,India



+91 9946224473



snigdhaasok@gmail.com

#### **SKILL AREAS**

- Treatment assessments
- Patient education, and counseling
- Drug utilization review
- Chemo Admixture
- Ms Office and Basic computer applications

#### **PERSONAL DATA**

**DOB** :05/02/1993

Nationality : Indian

Passport No : R 1370217

**Language Proficiency:** English, Hindi, Malayalam, Tamil.

#### **PROFESSIONAL EXPERIENCE**

Clinical Pharmacist at Apollo Hospitals, Chennai from July 2018 to August 2019.

Clinical Pharmacist intern at Karuna Medical College, Palakkad from July 2016-Aug 2017.

Roles and Responsibility

- Assess the desired outcome of chosen therapy and to intervene when appropriate.
- Prepare and dispense chemotherapeutic admixture.
- Communicate regularly with physicians, nurses, medical assistants to improve medication adherence and patient outcomes.
- Verify prescriptions for appropriate dosage, drug interactions, allergies, and contraindications to maximize patient safety.
- Conduct rounds with Infectious Diseases Consultant, presenting medications and recommendations to ensure optimal outcomes
- Medication History Taking, Medication reconciliation, monitoring and reporting ADRs
- Recommend alternative therapies when drug-drug or drug-disease interactions existed.
- Provide counseling on medications to both inpatients and outpatients.
- Verify the narcotic orders
- Provide CE courses for nursing staff, delivered presentations as as well as seminars on medications as well as updated policies and procedures.
- Revision and updation of Drug Formulary
- Emergency cart checking

#### **ACADEMIC PROJECTS**

An overview and a prospective analysis on the risk factors and antimicrobial sensitivity patterns of infectious diseases under the guidance of Dr.Thirumalaswami and Ms.Sreeja P A.

#### **PUBLICATIONS**

- SnigdhaAsok P N, Thangamani S, NadiraBhanu, Sona San, Swathy S, A Prospective Analysis Of Profile Of Hysterectomy For Common Gynecological Disorders.Inventi Rapid: Obstetrics and Gynecology 2017: 3
- SnigdhaAsok P.N, Sona San, Fousiya K.S. Antibiotic Susceptibility Patterns Of Staphylococcus Aureus In Wound Infections. IJIRMF 2017: 3(3)
- · Swathy.S, Sona San, Thangamani.S, **SnigdhaAsok.P.N** A Case Report On Neural Tube Defect With Hydrocephalus Suggestive Of Chiari II Malformation IJIRMF 2016: 2(12)
- Sona San, Sreeja P.A, SwaroopLal B. L, **SnigdhaAsok P. N**, Fousiya K. S. Bacterial Profile and Antibiotic Resistance in Patients with Diabetic Foot Infections in A Tertiary Care Hospital Palakkad IJPRR, 2016:5(6)
- SnigdhaAsok P.N, SwaroopLal, Sona San, Fousiya K.S and Sreeja P.A Infectious Wounds: Assessing Risk Factors, Severity and Antimicrobial Sensitivity Patterns. WJPPS.2016:5(7)
- Sreeja.P.A, Dr.Thirumalaswami, SnigdhaAsok.P.N, SwarooplalB.L,Sona San, Fousiya K.S An Overview And A Prospective Analysis On The Risk Factors And Antimicrobial Sensitivity Patterns Of Infectious Wounds IJCR 2016:8 (8)
- · BincyT.Abraham, **SnigdhaAsok P.N**, Julia Joseph A Survey On Respiratory Tract Diseases Associated With Allergies. IJCR 2016: 8 (2)

#### **SEMINARS & WORKSHOP**

- Participated in International Conference on Evolving Role of Clinical Pharmacist in Multidisciplinary Health Care Settings Held on 8th and 9th January 2016 at ManipalUniversity, Manipal.
- · Participated in "Continuing Medical Education on TDM" organized by KMCH.
- Delegate in 66th Indian Pharmaceutical Congress Held at Hitex Hyderabad from 23 to 25 January 2015.
- · Participated in the Indian Congress of Pharmacy Practice 2014 and Inaugural Convention of IACPon the Theme Advancing Pharmacy Practice in India: The Next Generation Pharmacist.
- Delegate in the one day Seminar on Emerging Trends and Challenges in Patient Focused Pharmacy
  Education Organized by College of Pharmacy, Sree-Ramakrishna institute of Paramedical SciencesCoimbatore on
  3<sup>rd</sup>November 2012.
- Delegate in International Conference on Expanding Horizons and Changing Dynamics in Pharmaceutical and Clinical Research Held on 2012 at Grace College of Pharmacy, Palakkad

#### **CO-CARICULAR EXCELLENCE**

- Presented poster on A Survey On Respiratory Tract Diseases Associated With Allergies on Clinical Pharmacist conference held on 8<sup>th</sup>January 2016 at Manipal University, Manipal.
- Participated in a medical camp to create awareness on breast cancer at Primary HealthCentre, Koduvayur
- \*Attended medical camp for massive drug administration of Albendazole and DEC on an epidemic area.
- \*Attended OA awareness program in KMCH
- \*Underwent 5 years of hospital training at Karuna medical college Hospital as a part of curriculum.
- <sup>6</sup> Month Clerkship & One Year Internship at Karuna Medical College, Chittur Palakkad.

## **CERTIFICATION**

\*Certified and trained in Basic Life Support Services

#### **CREDENTIALS**

Course	Institution	Examining Authority	Year
	GRACE COLLEGE OF PHARMACY,PALAKKAD	KERALA UNIVERSITY OF HEALTH AND APPLIED SCIENCES	2011-2017
HIGHER SECONDARY EDUCATION	M.M VHSS KOZHIKODE	BOARD OF HIGHER SECONDARY EDUCATION	2008-2010
SSLC	GOVT.GANAPATH GIRLS HSS	BOARD OF SECONDARY EDUCATION,KERALA	2007-2008

#### **ACHIEVEMENTS**

- Member of Infection control committee at Apollo Hospitals, Southern Region.
- Implemented and co coordinated Antibiotic Stewardship Program at Apollo Speciality Hospital, Chennai.
- Conducted 10+ sessions on Continuous Nursing Education (CNE) and Continuing Medical Education (CME) among staff nurses and Clinical Pharmacists at Apollo Speciality Hospital from September 2018 to June 2019.
- Mentor and guide Pharm.D internship trainees at Apollo Speciality Hospital.
- Implemented Patient counseling desk for outpatient counseling in OP pharmacy at Apollo Speciality Hospital.

### REFERENCES

Dr. C.I.SAJITH
HOD, PHARMACY PRACTICE

**GRACE COLLEGE OF PHARMACY** 

Ph. no: +91 9447255002 Email: sajeeth3@gmail.com

Dr. NIRUMAL RAKKESH, MD CLINICAL PHARMACOLOGIST APOLLO SPECIALITY HOSPITALS, VANAGARAM

Ph. no: +91 9940065066

Email: drnirumal\_m@apollohospitals.com

#### **DECLARATION**

"I hereby declare that the above information provided by me is true to the best of my knowledge and belief. I assure you my hard work, dedication, sincerity and commitment to deliver the valuable and successful medical services to your organization".

PLACE: CALICUT SNIGDHA ASOK P.N

DATE: