

CURRICULAM VITAE



JOJO THOMAS

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CAREER OBJECTIVE

Seeking a challenging career, to desire optimally utilize my practical knowledge, professional learning and personal skills in synchronization with organization's goals and culture to achieve the desired outcome.

PERSONAL INFORMATIONS

Name	: Jojo Thomas
Age	: 24
Sex	: Male
DOB	: 18 th January 1995
Father's Name	: P R Thomas
Address	: Palathingal House P O Nadathara, Thrissur, Kerala 680751
Nationality	: Indian

ACADEMIC QUALIFICATION

SL.NO	COURSE	COLLEGE	YEAR
1	Masters of Social Work (Medical & Psychiatry)	Christ College (Autonomous), Irinjalakuda	2017-2019
2	Bachelor of Degree (B.Com with Computer Application)	Don Bosco College, Mannuthy Thrissur	2013-2016
3	Higher Secondary (Commerce)	GHSS Anchery	2011-2013
4	High School (SSLC)	Don Bosco School, Mannuthy, Thrissur	2010-2011

SKILLS

- RAPPORT BUILDING
- LEADERSHIP
- TIME MANAGEMENT
- MICROSOFT OFFICE
- PROBLEM SOLVING
- EMPATHY
- ADAPTABILITY
- TEAM WORK
- ACTIVE LISTENING
- EVENT PLANNING
- MARKETING

AREAS OF INTEREST

- Medical and Psychiatry
- Project Management
- Counseling
- Psychotherapy
- Human Resource Development

LANGUAGE KNOWN

1. Malayalam
2. English
3. Hindi
4. Tamil

HOBBIES

- Watching Movies
- Review Writing

FIELD EXPERIENCE

SL.NO	SEMESTER	INSTITUTION	POSITION	TASKS
1	1	Aloor Grama Panchayath (Sep 2017-Jan 2018)	Social work Trainee	<ul style="list-style-type: none"> • Survey • Community Mobilization • Fund Raising • Organizing Community Program
2	2	ESAF Society (March 2018-April 2018)	Social work Trainee	<ul style="list-style-type: none"> • Social Case Work • Social Group Work • Community Organization • Street play and Flash Mob • Awareness class
3	3	Mental Health Centre, Thrissur (Aug 2018)	Psychiatric Social work Trainee	<ul style="list-style-type: none"> • Case History • Mental Status Examination • Psychotherapies • Art Therapies, Dance Therapy
4	4	Paalana institute of medical sciences (Feb 2019)	Medical Social work Trainee	<ul style="list-style-type: none"> • Case History • Psycho social Education • Family Assessment • Medical Camps • Counseling

5	Block Placement	Alzheimer's and Related Disorders Society of India Ernakulam. (May 2019)	Psychiatric Social work Trainee	<ul style="list-style-type: none"> • Systematic Dementia Care • MMSE
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ACHIEVEMENTS

- Second positions in Street play competition at **Samanya 2018, BCM College, Kottayam.**
- Co-Ordinator of Rural Camp **“THUDI 2K17”**

PROJECT

1. **“A STUDY ON THE INFLUENCE OF MOVIES ON ALCOHOL CONSUMPTION AMONG YOUTH”**

WORKSHOP/ SEMINARS/CONFERENCES

- Attended in a **‘International Workshop on Health Social Work: Theories, Interventions and Models’** held at Rajagiri College of Social Sciences (Autonomous) on 9th February 2018.
- Participated in a **‘ One Day National Seminar on Interpersonal relationship and victimization’** Organized by Department of Psychology, ‘Ansar Women’s college, Thrissur, on 21stFebruary 2019’.
- Participated in **‘15th SAMANWAYA – National Conference and Social Work Students Meet’**held on 19th and 20th February 2018 at BCM College, Kottaym,Kerala
- Attended aTwo day Workshop, **‘PROGETTO – 2K17’** Organized by the Department of Social Work, Christ College (Autonomous) Irinjalakuda, on 16th and 17th August 2017.
- Attended one day workshop, **‘SPSS IN SOCIAL WORK RESEARCH’**, Organized by Department of Social work, Christ College (Autonomous) Irinjalakuda, on 12th March 2019.

REFERENCES

1. Ms. Helen Joseph
Medical Social Worker
Paalana Institute of Medical Sciences, Palakkad
Mobile:- +91- 7510461437
Email:- helenjoseph303@gmail.com
2. Mrs. Rosemary. T. George
Head of the Department
Dept. of Social work
Christ college (Autonomous), Irinjalakuda
Mobile:- +91- 9287557731
Email:- rose.joju@gmail.com

DECLARATION

I hereby declare that the above information and facts are true and correct to the best of my knowledge and belief.

PLACE: THRISSUR

DATE: 28/10/2019

YOURS TRUELY,

JOJO THOMAS


