

CURRICULUM VITAE

AISWARYA GEORGE

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CAREER OBJECTIVE

Seeking a challenging nursing career encouraging continuous learning, updating skills and desirable attitudes and applying the learned knowledge for the growth of the organization and nursing profession.

Organization: To climb up the professional ladder with hard work and dedication.

Personal : To serve the community with utmost commitment and thereby to enhance the reputation of the institution.

PROFESSIONAL SUMMARY

English speaking, dedicated professional, currently an employee as a Post Registered Nurse in NIMHANS, Bangalore for one year in area of Neurosurgery (Post-operative Ward). With extensive knowledge of health care services, is highly experienced in the delivery of individual care plans whilst working in conjunction with community and local authority teams. Demonstrates strong leadership qualities with the ability to conduct patient assessments, supervise the provision of safe and compassionate care, and evaluate care effectiveness. Acts with integrity and in the best interest of patients while ensuring compliance with trust policies and guidelines to promote ward efficiency and the delivery of operational excellence

ACADEMIC QUALIFICATION

a) Professional Qualification:

Qualification	Institute	University of Affiliation	Year of Graduation	Percentage
BSc.(honors) Nursing	National Institute of Mental Health And Neuro Sciences (NIMHANS)	NIMHANS (Deemed university)	2018	1 st Year-74.33% 2 nd Year-72% 3 rd Year-77.17% 4 th Year-73.33%

b) Basic Qualification:

Qualification	School/College	University/Board	Year	Remarks
10 th	Sacred Heart Public School, Mookkannoor	Central Board of Secondary Education (CBSE), Delhi	2012	96%
12 th	Government Higher Secondary School, Mookkannoor	Board of Higher Secondary Education, Kerala	2014	87.91%

PROFESSIONAL EXPERIENCE

Institution	Designation	Department	Bed Capacity	Duration
NIMHANS, Bangalore	Post Registered Nurse	Neurosurgery (Head Injury)	800	18/12/2018 – Till date

PATIENTS HANDLED

- Performed specialized, care for patients who underwent major and minor surgeries.
- Special cares for post-operative cases like EDH, SDH, SAH, Aneurysm, Contusion etc.
- Attended patients with stroke, meningitis, head injury and dealt with seizure patients in the ward.
- Provided effective care for ventilated patients.
- Managed critically ill patients in the casualty.
- Monitored safety and effectiveness of the environment and equipment.
- Planned the nursing care by utilizing the current knowledge and hospital resources.

CORE SKILLS:

Adult Nursing, Patient care, Geriatric care, Health promotion, Infection control, Ward management, Communication skills, Clinical leadership, Medical presentation

DUTIES AND RESPONSIBILITIES

- Admission and discharge procedures
- Assessing, planning, implementing and evaluating nursing interventions using nursing process.
- Maintaining highest possible standard patient care with all aseptic technique and

participation in infection control programs.

- Patient care, bed making, care of unit and providing comfort devices
- Performing various invasive procedures like insertion of peripheral line, Foley's catheter, nasogastric tube etc.
- Collection and reporting of specimen for various investigations (blood, urine, sputum, wound swab, CSF).
- Administration of medications as per order
- Provide immediate medical and surgical care to patients
- Proper hand washing before and after every procedure
- Respect patient's privacy and confidentiality
- Maintain good inter personal relationship with patients and colleagues
- Explain disease condition, treatment measures and procedures done by briefly and clearly to patients.
- Managing emergencies like cardiac arrest in the unit
- Maintaining records and reports and inventories during each shift
- Accompany doctors and implement treatment as required
- Care of dead and dying.

CLINICAL SKILLS

EQUIPMENTS HANDLED	PROCEDURES PERFORMED
<ul style="list-style-type: none">• Infusion pump.• Thermometers.• Cardiac monitor.• Defibrillator.• Pulse oxymeter.• Glucometer• Suction apparatus• Laryngoscope• Syringe pump• Nebulizer• Sphygmomanometer• Tourniquet• ECG machine• Oxygen cylinder• AMBU bag	<ul style="list-style-type: none">• Admission of patient and orientation of units.• Bed Making.• Vital Signs.• Sponge bath.• Monitoring intake /output.• Care of Patients with chest drainage.• Blood Transfusion.• Administer medications/injections.• IV line insertion.• Insertion of N.G Tube and feeding.• Gastric Lavage.• Preparing patients for surgery.• Care of pre &post-operative patients.• Oral, Endotracheal and Tracheostomy suction.• Insertion of Urinary Catheter and care of catheter.• AMBU bag ventilation and resuscitation.• Oxygen Administration.• Collection of Arterial blood gases.• Care of wound (example:care of surgical wound such as craniotomy, craniectomy and spine surgeries. Other wounds like bed sores, diabetic foot etc.).• Blood sampling.• Care of Tracheostomy and Endotracheal tube.• CPR.• Assisting for Intubation, Tracheostomy, Insertion of ICD, EVD, lumber puncture, muscle,nerve and skin biopsy.• Suture Removal.• ECG Monitoring.• Care of central line and sample collection• Defibrillation• Discharge procedure• End of life care and death care• Infection Control

CURRICULAR ACHEIVEMENT

Group research done on the topic – **Sleep pattern and factors affecting sleep of undergraduate students**, in various selected colleges, Bangalore

COMPUTER KNOWLEDGE

- Ms Office package, a sound knowledge about the package.

INTERPERSONAL SKILLS:

- Excellent verbal and written communication skills.
- Ability to deal with people diplomatically.
- Willingness to learn.
- Optimist and manages personal challenges.
- Creative and innovative with good observation skills.
- Management of diversity.

REGISTRATION DETAILS

Registration Authority	Registration Number	Validity	Date of Registration
The Karnataka State Nursing Council	RN: 91986	29 Nov 2018 – 28 Nov 2021	29 Nov 2018
The Trained Nurses Association Of India	314234/LMT/KT	Life Membership	14 July 2018

PERSONAL INFORMATION

First Name : AISWARYA
Last Name : GEORGE
Date of Birth : 17/01/1996
Father's name : Mr George Palatty
Mother's name : Mrs Mary George
Gender : Female
Nationality : Indian
Religion : Christian RC
Marital status : Single
Languages known : English, Kannada, Malayalam, Hindi, Tamil

Present Address & Permanent Address : Palatty (H), Mookkannoor (P.O), Kokkunnu,
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REFERENCE

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DECLARATION

I, Aiswarya George do hereby declare that all the information mentioned above is true to the best of my knowledge and belief.

Place: Bangalore

Date: October 2019

AISWARYA GEORGE