

CURRICULUM VITAE

SRUTHIMOL P.A

Pattanasery (Punnackal) (H)

Thyckal P.O, Cherthala

Alappuzha, Kerala, India -688 530

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OBJECTIVES

To working competitive dynamic and global environment which can utilize my skill and abilities in nursing that offers professional growth while being resourceful innovative & flexible.

PERSONAL DETAILS

<i>Name of Father</i>	<i>:</i>	<i>Antony .P.L</i>
<i>Date of Birth</i>	<i>:</i>	<i>01/01/1998</i>
<i>Religion</i>	<i>:</i>	<i>Christian</i>
<i>Gender</i>	<i>:</i>	<i>Female</i>
<i>Marital Status</i>	<i>:</i>	<i>Single</i>
<i>Profession</i>	<i>:</i>	<i>BSc Nursing</i>
<i>Nationality</i>	<i>:</i>	<i>Indian</i>
<i>Languages Known</i>	<i>:</i>	<i>English, Malayalam, Tamil & Hindi</i>

ACADEMIC QUALIFICATIONS

Course	Institution	Board/University	Year	Percentage
<i>S.S.L.C</i>	<i>St.Francis Assissi, HSS, Arthunkal</i>	<i>Board of Public Examination, Kerala</i>	<i>2013</i>	<i>91%</i>
<i>Plus Two</i>	<i>St.Francis Assissi, HSS, Arthunkal</i>	<i>Board of Higher Secondary Examination, Kerala</i>	<i>2015</i>	<i>77%</i>

PROFESSIONAL QUALIFICATION

Course	Institution	Board/University	Year
<i>BSc Nursing</i>	<i>Holy Cross College of Nursing, Adoor</i>	<i>Kerala University of Health Science</i>	<i>2019</i>

DUTIES AND RESPONSIBILITIES

- ❖ *Proper explanation of all procedure respect patients privacy and maintain good patient and nurse relationship.*
- ❖ *Proper hand washing before every procedure.*
- ❖ *Checking all emergency drugs*
- ❖ *Monitoring of mother and foetus Eg: Vital signs of mother, FHS monitoring with handdoppler or foetoscope.*
- ❖ *Assist medical staff while carrying therapeutic procedures.*
- ❖ *Monitor temperature, pulse, respiration and BP and recording.*
- ❖ *Assist. Doctors while examining the patients*
- ❖ *Keep record and maintain all inventories each shift.*
- ❖ *Administration of medication.*
- ❖ *Emergency care including CPR*
- ❖ *IV canula insertion*
- ❖ *Extracting blood for investigation.*
- ❖ *Insertion of Nasogastric tube*
- ❖ *Cathetrisation*

- ❖ *Maintain patients records*
- ❖ *Cardiac monitoring and close observation*
- ❖ *Wound dressing*
- ❖ *Suture removal*
- ❖ *Sending patients for X-ray and USG*
- ❖ *To follow sterile technique*
- ❖ *Prepare operation theatre and articles for surgery*
- ❖ *Assist for surgery*
- ❖ *Check the blood lost*
- ❖ *Evaluate nursing care plan after carrying out each procedure, record in patients chart.*
- ❖ *Give health education ordered medical education*
- ❖ *Comfort patients and relatives.*

EQUIPMENTS USED

- ❖ *Nebulizer for Asthmatic patients*
- ❖ *Digital thermometer (oral and rectal)*
- ❖ *Cardiac Monitor*
- ❖ *ECG machine*
- ❖ *Stethoscope*
- ❖ *Ambubag*
- ❖ *BP apparatus*
- ❖ *Portable suction machine*
- ❖ *Nasogastric tube*
- ❖ *Pluse Oxymeter*
- ❖ *Defibrillator*
- ❖ *Glucometer*
- ❖ *Infusion pump & Syringe pump*
- ❖ *CTG*
- ❖ *Doppler*

STRENGTHS

- ❖ *Self-Confident and Goal Oriented*
- ❖ *Hard Working Committed*
- ❖ *Constance and will power*

HOBBIES

- ❖ *Reading*
- ❖ *Listening to music*

REFERENCE

Sr. Sajitha Moothedan

Principal – Holy Cross College of Nursing, Adoor

DECLARATION

I hereby declare that above particulars are true and correct to the best of my knowledge and belief.

Place : Cherthala

Date :

SRUTHIMOL P.A