

CURRICULUM VITAE



SONA S ANAND

+917025655904

Sonasumesh5@gmail.com

Career Objective :

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with least trends and to be the part of the team that works dynamically towards the growth of the organization.

Personal Details

| | | |
|-------------------|---|---|
| Name | : | Sona S Anand |
| Father's Name | : | Sadanandan P.P. |
| Mothers Name | : | Radhamani Sadanandan |
| Permanent Address | : | Ettimootil House, Naranammoozhi P.O.,Ranni Perunad, Pathanamthitta Dist, Kerala- 689711 |
| Gender | : | Female |
| Date of Birth | : | 17/10/1988 |
| Religion | : | Hindu |
| Nationality | : | Indian |
| Marital Status | : | Married |
| Mobile No. | : | +917025655904 |

Certifications :

➤ Andhra Pradesh Nursing Council

Reg. No. for Nurse : 115269

Reg. No. for Midwife : 114834

Passport Details :

Passport No. : M 9588810

Date of issue : 02-06-2015

Place of issue : Trivandrum

Date of expiry : 01-06-2025

Nursing Experience :

- I have worked in the department of Nursing as Trainee from 1st March 2011 to 30th June 2011 and as Staff Staff Nurse from 1st July 2011 to 30th September 2015 (SICU & AMCU) in Care Hospital, Visakhapatnam (A.P.), India.
- I have worked with Centuary Super Speciality Hospital- Hyderabad (A.P.), India as a Staff Nurse (**MICU**) from 27th July 2016 to 2nd July 2018 (I have received “Best Employee” award in 2017)

Patient Care Which I Can :

- Administration of medication.
- Management of intravenous fluids and ionotrops.
- Can able to perform ryles tube insertion,folley’s catheterization,IV cannulation and blood transfusion.
- Blood glucose monitoring
- Wound care and pain management.
- Infection control and safety management.
- Maintenance oc records and reports.
- Assessing neurological status of the patient (GCS)
- Checking vitals and recordings.

- Maintenance of Intake and output chart.
- Invasive hemodynamic monitoring (Eg. Arterial,CVP)
- Collection of specimen including ABG.
- Care of patient with tracheotomy.
- ET suctioning using aseptic techniques (opened & closed).
- Nasogastric and peg feeding.
- Providing proper positions and restraints according to condition.
- CVP monitoring and arterial blood pressure monitoring.
- Assisting in Diagnostic procedure like X-Ray,2D Echo,Ultra Sound,ECG.

Equipments Used :

- Ventilator
- ICU Monitor
- NIBP
- Sphygmomanometer
- Stethoscope
- Arterial BP
- Glucometer
- Humidifier
- Syringe Pump
- Ambu Bag
- Laryngoscope
- Echo Machine
- ECG Machine
- Nebulizer
- CVP Manometer
- Cardiac output monitor
- Oxygen Cylinder
- Pulse Oxymeter
- IABP Machine
- Temporary Pacemaker (TPI)
- Syringe Pump,Infusion Pump
- Defibrillator
- ABG Machine
- Computer
- Suction apparatus
- Steam inhaler
- CPAP Machine
- BIPAP Machine

Special Procedures I Assisted

- Cardio Pulmonary Resuscitation
- Endotracheal intubation and extubation
- Arterial Canulation
- Pleural fluid aspiration
- Central line catheterization
- ICD Insertion

Other Responsibilities

- Maintaining emergency drugs and equipments at assessable place.
- Proper documentation of drugs administrated and investigations done.
- Maintaining equipment in working condition.
- In forming the doctor concerned whenever necessary.
- Hand washing and aseptic precautions.
- Transportation of critically ill patients.

Professional Qualification :

| COURSE | YEAR | NAME OF INSTITUTION | REMARKS |
|--|------|---|------------------------|
| Diploma In General Nursing & Midwifery | 2010 | SRM Institute of Medical Science & Technology, Karim-Nagar (A.P.) | Passed with 69% Marks. |

Academic Qualification :

| COURSE | YEAR | NAME OF INSTITUTION | BOARD/ UNIVERSITY | REMARKS |
|----------|------|--|--------------------------------------|-----------------|
| S.S.L.C. | 2005 | High School Ranni Prunad- Kerala-India | Board Of Public Examination, Kerala. | Passed with 52% |

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| PLUS TWO | 2007 | Gurukulam College,Perunad Kerala- India | Higher Secondary Board,Kerala | Passed with 67% |
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Language Proficiency

- English
- Malayalam
- Telugu
- Tamil

Hobbies

- Travelling
- Listening Music

Declaration

I hereby declare that the above statements are true, and completed to the best of my knowledge and belief. I humbly request your good self to permit a chance to work in your esteemed hospital.

Place: Delhi

Date: 07/12/2018

Yours Sincerely

Sona S Anand