



ANJU KURIAN

**KORAPPILLIL HOUSE
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Personal Dossier:

Name : Anju Kurian
Date of Birth : 24-09-1993
Gender : Female
Religion : Christian, Jacobite
Nationality : Indian
Marital Status : Married
Languages Known : English, Malayalam, and Hindi

Academic Profile:

Educational Qualification:-

SSLC: M.K.M.H.S.S Piravom under Kerala State Board - (2010)

HSE: M.K.M.H.S.S Piravom under Kerala Higher Secondary Board - (2010-2012).

Professional Qualification:

BSC Nursing: PVS Collage of Nursing Calicut under KUHS University during (2012-2016)

Professional Registration:

1. Registered with Kerala Nursing Council.
Register No: **KL03201702546**
2. Maharashtra Nursing Council.
Register No: **XVII-21537**

Professional Experience:

Name of the Hospital	Designation	Department	Period of work
Grant Medical Foundation, Ruby Hall Clinic, Pune	Staff Nurse	Cardiac ICU	26/05/17 to 07/06/19

Career Objective:

Compassionate nursing professional seeking opportunity requiring exceptional organizational skills and talents in patient relations, education and advocacy; can offer outstanding abilities in assessment, formulating diagnosis, establishing goals, implementing interventions, and evaluating outcomes. To be a part of Dynamic Organization, where I will be able to utilize my skills and contribute directly to the growth of the organization and in turn develop my career.

Work Experience:

Working as a Staff Nurse in Grant Medical Foundation, Ruby Hall Clinic, in Pune in **Medical Surgical Ward and Cardiac ICU** since **26th MAY 2017 to 07th JUNE 2019**.

- ❖ Ruby Hall Clinic is a NABH Accredited, 550 Bedded Hospital, with a Staff of 150 Consultant, 500 Panel Doctors and 1400 paramedical Staffs. Ruby Hall Clinic Has State of the Art facilities in Cardiology, Cardiac Surgery (adult and paediatric), Neurology, Nuclear Science Centre, Diagnostic Centre, Intensive Care Unit, A Blood Bank and Cancer Unit. The total Critical Care bed strength is about 120 beds CCU, ICU(medical & surgical), NTU, Paediatric ICU, Neonatal ICU and Cardiac Recovery liver kidney and heart transplant.

Care Experience:

Cases Seen In Cardiac ICU Department

- Myocardial Infarction
- H1N1
- Acute Coronary Syndrome
- Congestive Cardiac failure
- Deep Vein Thrombosis
- Diabetes Mellitus
- Post Angioplasty
- Post Pacemaker Implantation
- Dilated Cardiomyopathy
- Cardiac arrest
- Hypertension
- Arrhythmia
- Implantable cardioverter Defibrillator
- Heart failure

Duties and Responsibilities:

Managerial

- Perform Nursing Assessment: Plan, Implement, and evaluate nursing care rendered.
- Nursing documentation in brief, accurate and complete manner.

- Work independently with other health professionals.

CLINICAL

- Obtain E.C.G, I.V Cannulation and Insertion of Urinary catheter, Naso Gastric tube, Wound dressing and Blood Transfusion.

- Assist Physician during procedure like Central Venous Catheterization, Ascitic tapping, Lumbar puncture, Renal biopsy Arterial Line Insertion, Dialysis Cannula Insertion, Pleural Tapping, Endo Tracheal Intubations, Bone marrow biopsy Inter costal tube insertion.

- Maintenance of intake output chart (eg. Urine Output, RT feeds, Chest drainage)

- Collection of specimens (eg. Serum, ABG, Urine, Sputum).

- Management of intravenous fluids and inotropes (eg. Dopamine, Noradrenaline, adrenaline etc.)

- Intiate CPR, defibrillation during cardio pulmonary arrest.

- Mantaining personal hygiene (eg. Nail care, Hair care, Mouth care, Bowel and Bladder care).

- Tracheostomy care of the patient. (Suctioning Tracheostomy, Dressing)

- Prepare the patient for various procedures (eg. X-ray, CT scan, MRI, ECG, PET scan, Ultrasonography, Echocardiography etc.)
- Check narcotic drugs at each shift duty and register, setting up the crash cart with all emergency drugs.
- Impart health education to the patient and relatives.
- Supervision and orientation of student and trainees, participation in staff training programmes.
- Management of post renal transplant, and care of patient with ecmo, RTA,ARDS,H1N1,renal failure
- Pre and Post-operative management of general surgery cases
- Complete Pre - operative preparation (investigations,reservation of blood components, checking of due consents, ensuring permission from financial department etc.

Equipment and operation skills:

- Mechanical Ventilator
- Infusion Pump
- Defibrillator, Cardiac Monitor
- Pulse Oxymeter, Ambubag
- Laryngoscope
- Oxygen Flow Meter
- ECG Machine
- Suction Apparatus
- CVP Scale
- BIPAP
- Perpheral cannula
- Glucometer
- Nebulizer
- IABP

- Sphygmomanometer
- Warmer

Training Programs Attended:

- Diabetes awareness seminar
- Critical Care Nursing
- Infection control in Hospitals
- Disaster Management
- Cardio Pulmonary Resuscitation Training ,ACLS,BLS
- AIDS control programme

Strengths:

Confident, optimistic, hardworking, adjust with any circumstances and honest.

Reference:

- 1) Mrs. CISSY CRUZE
Deputy Nursing Director,
Grant Medical Foundation,
Ruby Hall Clinic,
40, Sasoon Road,
Pune – 411 001

Declaration

I do hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief.

Date:

ANJU KURIAN

Place: Piravom

STAFF NURSE