

CURRICULUM VITAE

BASIL PAUL

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OBJECTIVE

- Aspiring a responsible position to put into practice my creativity, humanity to utilize my clinical and educational experience, analytical skills and abilities in the field of physical therapy and rehabilitation that offers professional growth and challenging opportunities while being resourceful, innovative and flexible.
- To be an efficient physiotherapist who is able to rehabilitate the physically, mentally and emotional challenged patients to their fullest possible extent.

ACADEMIC DETAILS: Bachelor of Physiotherapy (BPT), at KMCH College of Physiotherapy, Coimbatore under Dr. M.G.R Medical university Chennai (2013-2017) batch.

CLINICAL EXPOSURE

Having 4 years of clinical exposure as a student in KMCH Hospital (NABH ACCREDITED Multi-specialty Hospital) at Coimbatore, Tamil Nadu, India. Completed my 6 months compulsory rotatory internship and finished the same by September 2018 and having exposure in various fields including :-

- ✚ Physical medicine and rehabilitation –op unit
- ✚ Neurology and Neurosurgery
- ✚ Neuro intensive care unit
- ✚ Surgical and trauma intensive care unit
- ✚ Medical intensive care unit

- ✚ Cardio Thoracic unit
- ✚ Cardiology
- ✚ Cardio thoracic surgery and Pulmonary rehabilitation
- ✚ Prosthetics and Orthotics
- ✚ General medicine and General surgery
- ✚ Orthopedics surgery and Traumatology
- ✚ Obstetrics and Gynecology and women's health
- ✚ Geriatrics rehabilitation

WORK EXPERIENCE

- Currently I am working in kovai medical center and hospital, working as a clinical physiotherapist from 30-10-2018

DISSERTATION

EFFECT OF DIAPHRAGMATIC BREATHING ALONG WITH AEROBIC EXERCISE AND DIAPHRAGMATIC BREATHING EXERCISE ALONE ON PEFR AMONG ADULT SMOKERS.

PAPER PRESENTATION

Presented a scientific paper titled “ EFFECT OF DIAPHRAGMATIC BREATHING ALONG WITH AEROBIC EXERCISE AND DIAPHRAGMATIC BREATHING EXERCISE ALONE ON PEFR AMONG ADULT SMOKERS” as a part of academic year.

CLINICAL COURSE DONE :

1)Course : Essentials of physiotherapy in leprosy.

Duration : 18/9/17 to 23/9/17.

Venue: Schieffin institute of health research and leprosy center karigiri, , Tamil Nadu

2) Course: Diploma In Yoga For Human Excellence

Duration : 2015-2017

Venue: Vision for wisdom ,Aliyar ,Tamilnadu

3)Course: Certificate Course In KinesioTapeing – Optimum Tapedia

Duration; May 2-6 2018

Venue;Physioneds Academy

CME' S AND WORKSHOP'S

- Participated in National conference on “Rehabilitation for solid organ transplantation” on 24th January 2015 organized by KMCH College of physiotherapy, during vicennial year celebration which has been accredited for 10 credit points by The Tamil Nadu Dr. M.G.R Medical University, Chennai.
- Participated in national conference on “ Geriatric Rehabilitation” held on 19th November 2016, and workshop on “Musculoskeletal screening in sports prospective and on field management strategies” held on 18th November 2016, organized by KMCH College of physiotherapy which has been accredited for 10 credit points by The Tamil Nadu Dr. M.G.R Medical University, Chennai.
- Participated in National Conference on “Nursing challenges in pulmonary critical care” held on 2nd April 2016 at KMCH College of nursing, which has been accredited for 7(Credit Hours).
- Participated in RESCARE-2015, The 9th National Conference of Indian Association Of Respiratory Care (IARC) Reg held at Kovai Medical Centre And Hospital, Coimbatore on 17-18th October 2015.
- Participated the workshop on “Clinical Dry Needling” conducted by Nandha College Of Physiotherapy on 3-5th march 2017, which has been accredited for 24 (Credit Hours).

LANGUAGES KNOWN

English, Malayalam, Tamil, Hindi.

PERSONAL DETAILS

Father's name: Paul C Skaria

Gender: Male

Marital status: Unmarried

Date of birth: 21/7/1995

Nationality: Indian

Religion: Christian

Permanent address: Chuvattukalayil (H), Pampakuda (p.o), Memmury.

Ernakulam (Dist), kerala. pin:686667

DECLARATION

I hereby declare solemnly and sincerely affirm that the above particulars given are true and correct to the best of my knowledge and belief.

Basil Paul

REFERENCES

- **Dr. Edmund D' couto. M.B.B.S,MD (PM&R) D. Phys. Med.,**
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