

# CURRICULUM VITAE

## ACADEMIC QUALIFICATION



### **SIJINA SUNNY**

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### PERSONAL DATA

- Nationality : Indian
- Sex:Female
- Blood Group:A positive
- Date of Birth:10-09-1994
- Religion &Cast: Christian, Pentacost
- Languages Known: English  
Hindi Malayalam

### **Address:**

*Kavmkamelethil House  
Naranganam West P.O.  
Kozhencherry*

- PALS – PAEDIATRIC ADVANCED LIFE SUPPORT

ISSUER – KOKILABEN DHIRUBHAI AMBANI HOSPITAL  
AND MEDICAL RESEARCH CENTRE  
MUMBAI EXPIRATION: NOVEMBER 2019

- NRP – NEONATAL RESUSCITATION  
PROGRAMME

ISSUER – KOKILABEN DHIRUBHAI AMBANI HOSPITAL  
AND MEDICAL RESEARCH CENTRE MUMBAI.  
EXPIRATION: NOVEMBER 2018

## OBJECTIVE

- A dedicated professional with 1.9 years experience in the health care professional as Nurse seeking a good position in an institution to contribute to the total well-being of patients.

## EDUCATIONAL QUALIFICATION

- Bachelor of Nursing:

GOVERNMENT COLLEGE OF NURSING  
ERNAKULAM, KERALA 2012-2016

- 12<sup>th</sup> Grade:

ST THOMAS H S S, KOZHENCHERRY  
KERALA 2010-2012.

- 10<sup>th</sup> Grade

ST MARY'S H S S, KOZHENCHERRY  
KERALA 2010-2012.

## SUMMARY

- A result oriented professional with 1.9 years of experience in pediatrics
- Expert in using the modern electrical equipment in pediatrics.
- Efficient with electronic medical documentation, trained in epic.
- Consistent track record of positive feedback from clinical instructors and preceptors.
- A quick study, adaptable and receptive to new treatment concepts backed by recent evidence.
- Demonstration of leadership through organization of educational events at Government College of Nursing Ernakulam Kerala
- A good team member



## **KEY NURSING SKILLS**

- *Receiving the Patient*
- *Good in team work*
- *Psychological preparation of the patients*
- *Insertion of peripheral Lines Under Aseptic Precautions.*
- *Medication: Oral, Intramuscular, Subcutaneous, Intradermal, Intravenous, Suppositories.*
- *Pediatric Nurse is responsible for ensuring that all patients including critically ill receive optimal care and accomplishment of this goal through adherence of standards of Nursing care of the critically ill and through a commitment to act in accordance with ethical principles.*
- *Encompass the diagnosis and treatment of patient responses to life threatening health problems.*
- *Co-ordinate care delivered by various health care provides.*
- *Use independent, Dependant and interdependent interventions to restore stability, prevent complication and achieve and maintain optimal patient responses.*
- *Provide holistic approach that expresses human warmth and caring.*
- *Maintain competency in critical care nursing through an outgoing education concurrent with an expanding base of experience.*
- *Admission and discharge procedure.*
- *Total patient care includes assessing, planning and implementing medicine administration.*
- *Psychological support to family members.*
- *Carrying out doctor's order.*
- *Giving health talk to patient relatives*
- *Supervision of student nurses*
- *Ensuring the safety of patient*
- *Health talk in the ward*
- *Performing procedures like*
  - *I V Cannulation & Sample collection*
  - *Tube feeding, Peg feeding*
  - *Care of patients with tracheotomy*
  - *Care of patient with central line, picc line, Hickman's*
  - *Catheter, port line*
  - *Care of patient with E.V.D Drain & other drains care of patients undergone neurosurgery,*
  - *Cardiac surgery, general surgery etc. catheterization assisting N G tube insertion assisting in ICD insertion.*
  - *Assisting in lumbar puncture, bone marrow aspiration.*
  - *Assisting in ascitis tapping.*

## ***DUTIES & RESPONSIBILITIES***

- Preparation for receiving clients from different unit routine admission.
- Monitoring vital parameters and clients with respiratory arrest, cardiac arrest. Pulmonary embolism. Hypertensive crisis.
- Nursing care of patients with central and peripheral line (arterial and venous), on ventilator, clients requiring blood transfusion, vulnerable patients.
- Preparing the clients for different surgical procedures shifting from ward to operation theater or from different units.
- Efficient in cardiac pulmonary resuscitation (CPR)
- Evaluating and modifying in the plan of care, based on observable responses from the clients and the attainments of the client goals.
- Monitoring the patient status arterial blood gas analysis.
- Preparation and administration of medicines, injections and intravenous infusion of blood products.
- Preparing and assisting for suturing and suture removal, pleural tapping, ryles tube insertion, wound dressing and catheterization, lumbar puncture.
- Puncture, bone marrow aspiration
- Attending personal hygiene of the clients.

## ***DESCRIPTION ABOUT SPECIALIZED DEPARTMENT***

Present profile in Kokilaben Dhirubhai Ambani Hospital, Mumbai, as an officer nursing joined on 17/1/2017. I have necessary skills in computer technology like MS Office, HIS, Internet, Telenursing etc....

## ***PROCEDURES DONE***

- CPR
- Wound suturing & removal
- Suctioning
- NG Tube insertion
- Foleys catheterization
- Tracheostomy care
- Central & Arterial line care
- Mouth care
- Dressing
- 1V Cannulation
- Colostomy care
- Assisting for administering chemotherapy drugs

## ***PROCEDURE DONE***

- Defibrillation
- Lumbar puncture
- ICD insertion
- Drain removal
- Wound suturing and removal
- ECHO, TMT, USG
- Bone marrow aspiration
- Catheterization
- NG Tube feeding
- Peg feeding
- Blood transfusion

## ***DECLARATION***

I hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief.

Place: Mumbai

Date: 02/10/18

SIJINA SUNNY

## ***REFERENCE***

1. Sr.Biji Markose  
Nursing in charge  
Dept.of pediatrics  
Kokilaben Dhirubhai Ambani Hospital  
9819552004
2. Dr.Suresh G Rao  
Director children heart Centre  
Kokilaben Dhirubhai Ambani Hospital  
91-22-30937295
3. Dr. Santanu Sen  
Consultant Pediatric  
Medicine & Oncology  
Kokilaben Dhirubhai Ambani Hospital, Mumbai
4. Dr. Gursev Sandlas  
Consultant Pediatric Urologist & Robotic Surgeon  
Kokilaben Dhirubhai Ambani Hospital, Mumbai